



MIAMI NW EXPRESS TRACK CLUB

Presents

6th Annual Jesse Holt Invitational

Saturday, March 5, 2022

City of Miami's Moore Park / Jesse Holt Jr. Track
Orange Bowl Field

765 NW 36th Street, Miami, FL 33127

Order of Events by Group, Age and Time

Group 1: * *Running Schedule After The Meet Starts*

4U / 5 - 6 / 7 - 8 / 9 - 10 **9:00 - 1:00 PM**

Division:	Event:	Timing:
4 U	50	Hand
7 - 8 / 9 - 10	400	Hand
5 - 6	800	Electronic
7 - 8 / 9 - 10	1500	Electronic
4U / 5 - 6 / 7 - 8 / 9 - 10	100	Electronic
7 - 8 / 9 - 10	800	Electronic
5 - 6 / 7 - 8 / 9 - 10	4X100	Electronic
7 - 8 / 9 - 10	200	Electronic
7 - 8 / 9 - 10	4X400	Electronic

Event: LJ *in order by Age Groups: 5 - 6 / 4 U / 7 - 8 / 9 - 10*
Event: SP *in order by Age Groups: 7 - 8 / 9 - 10*

Group 2:

11 - 12 / 13 - 14 / 15 - 16 / 17 - 18 / OPEN - MASTERS 1:00 - 5:00 PM

Event:

3000

80 Hurdles

100 Hurdles

110 Hurdles

400

1500

100

800

4X100

200

4X400

Timing:

Electronic

Electronic

Electronic

Electronic

Hand

Electronic

Electronic

Electronic

Electronic

Electronic

Electronic

Event: LJ: 11 - 12 / 13 - 14 / 15 - 16 / 17 - 18 / OPEN - MASTERS

Event: SP: OPEN - MASTERS / 17 - 18 / 15 - 16 / 13 - 14 / 11 - 12