You are more than just what you Eat

At Craft Crickets we want to help you understand your food: Where it comes from, How it was sourced, and the Resources needed to produce it.

How fresh are the crickets?

Batch #	1713
Hatch Date:	3/1/2017
Harvest Date:	6/13/2017
Age at Harvest (Wks)	14.9
Process Date	6/15/2017

We all want our food as fresh as possible. We harvest our crickets by freezing them and keep them frozen until we process and package them. Once packaged, the crickets will last for six months when stored in a cool, dry place.

What did the crickets eat?

We like to say that our crickets eat better than we do. Our crickets eat as local and as nutritious a diet as possible.



<u>1%</u> I	Fruit/Vegetable	<u>Feed</u>
1%	Cucumber	Fred Meyers' Organic Cucumber
0%	Carrot	Fred Meyers' Organic Carrot
0%	Potato	Fred Meyers' Organic Russet Potato
0%	Other Fruit	
<u>99%</u> [Dry Feed	
84% l	BarAle	Organic 20% Chick Starter Crumble. Williams, CA
15% l	Payback	Organic Starter Crumble. Sioux Falls, ND
0% 5	Spent Grain	Eugene, OR. Claim 52 Brewery.

How do these crickets compare, really?

Ultimately, we raise and eat crickets because they require **less land, water, and feed** to produce the same amount of protein as alternative sources. The media loves to report this fact, but these news articles often cite lab-produced results.

We thought we'd make it easy and post the actual numbers that pertain to this specific batch.

How many pounds of feed does it take to make one pound of edible food?

Craft Crickets, Batch 1713	2.8
Beef	24
Pork	9
Poultry	4