

Catch The Rain

Choreographed by Peter Metelnick & Alison Biggs

Description: 64 count, 4 wall, beginner/intermediate line dance

Music: Sunshine In The Rain by BWO (Bodies Without Organs)

Start dancing on lyrics

RIGHT KICK BALL CHANGE, RIGHT & LEFT HEEL SWITCHES, RIGHT FORWARD ROCK & RECOVER, ½ RIGHT SHUFFLE

- 1&2 Kick right forward, step right together, step left together
- 3&4& Touch right heel forward, step right together, touch left heel forward, step left together
- 5-6 Rock right forward, recover on left
- 7&8 Turning ½ right step right forward, step left together, step right forward (6:00)

LEFT FORWARD, ¼ RIGHT PIVOT TURN, LEFT CROSS SHUFFLE, RIGHT SIDE ROCK & RECOVER, RIGHT SAILOR STEP

- 1-2 Step left forward, pivot ¼ right
- 3&4 Cross left over right, step right side, cross left over right
- 5-6 Rock right side, recover on left
- 7&8 Cross right behind left, step left side, step right side (9:00)

LEFT TOES BACK, ½ LEFT UNWIND, RIGHT FORWARD, ¼ LEFT PIVOT TURN, RIGHT JAZZ BOX

- 1-2 Touch left toes back, unwind ½ left step on left foot
- 3-4 Step right forward, pivot ¼ left
- 5-8 Cross right over left, step left back, step right side, step left forward (12:00)

¼ LEFT TURNING BOX WITH CLAPS (SEE NOTE BELOW)

- 1 Step right side
- &2 Hold & clap, twice
- 3 Turning ¼ left step left side
- 4& Hold & clap
- 5 Turning ¼ left step right side
- &6 Hold & clap, twice
- 7 Turning ¼ left step left side
- &8 Hold & clap, twice (3:00)

You will dance the above steps when facing front or back walls. On side walls either execute the box with toe struts, step touches or step holds. When teaching the dance it's easier to work in the claps when you play the music and if you get it wrong the claps are in the music to help you. The claps come on the 'a 2' counts 1st time through on the '4 &' 2nd time through, on the 'a 6' 3rd time through and on the '&8' last time through

RIGHT CROSS ROCK & RECOVER, RIGHT SIDE SHUFFLE, WEAVE LEFT 4

- 1-2 Cross rock right over left, recover on left
- 3&4 Step right side, step left together, step right side
- 5-8 Cross left over right, step right side, cross left behind right, step right side

LEFT CROSS ROCK & RECOVER, LEFT SIDE SHUFFLE, RIGHT CROSS, ½ RIGHT PIVOT TURN LEFT CROSS

- 1-2 Cross rock left over right, recover on right
- 3&4 Step left side, step right together, step left side
- 5-6 Cross right over left, turning ¼ right step left back
- 7-8 Turning ¼ right step right side, cross left over right (9:00)

RIGHT & LEFT STEP TOUCHES, RIGHT SIDE SHUFFLE, LEFT BACK ROCK & RECOVER

- 1-4 Step right side, touch left together, step left side, touch right together
- 5&6 Step right side, step left together, step right side
- 7-8 Rock left back, recover on right

LEFT SIDE SHUFFLE, RIGHT BACK ROCK & RECOVER, RIGHT FORWARD, ½ LEFT PIVOT TURN,

WALK FORWARD RIGHT & LEFT (OR LEFT FULL TURN FORWARD)

- 1&2 Step left side, step right together, step left side
- 3-4 Rock right back, recover on left
- 5-6 Step right forward, pivot ½ left (3:00)
- 7-8 Step right forward, step left forward

Alternative steps: full turn left over counts 63 & 64

REPEAT