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(Food for thought: Gospel: Matthew 28: 16-20)

## "Creator, Saviour & Sanctifier"

In the aftershock of Easter, the Apostles remembered Jesus' promise of Pentecost. Jesus had said very clearly that He would send "His Spirit" to comfort, teach and strengthen them. They began to understand that it would be the abiding presence of "His Spirit" in them that would guarantee the continuity of His redemptive Life and teaching for future generations.

On this feast of the Holy Trinity, it is good for us to recall how central the sign of the cross is to our life of faith. We learned the words and the actions as infants. We struggled to pronounce "Father, Son and Holy Spirit" while our hands traced the cross from forehead to heart, from left shoulder to right shoulder. The sign of the cross marks us publicly as Christians and Catholics. It gives testimony to our gratitude and pride for the gift of faith that makes us members of the Body of Christ. It is our simple but powerful way to profess our faith in the mystery of the Holy Trinity. And it is a critical reminder to us all of our call to proclaim the Gospel to all nations.

We believe that our good and gracious God continues to reveal Himself to us out of love: as Creator, Savior and Sanctifier. He fills out our understanding of His greatness by speaking to us through the power and majesty of creation, through the life, death and resurrection of His Word-Made-Flesh, Jesus Christ, and He continues to reveal Himself to us by the indwelling of the Spirit, which enables us

to live our faith with courage, wisdom, reverence, and abiding trust. We are indeed privileged to believe that our God is with us always. He is our shield in danger, our powerful ally in times of crisis and challenge, our source of hope in moments of despair, and our promise of final victory.



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