




Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069
Hours 9:00am to 4:00pm

COME JOIN US!!!
Lunch Served
Monday Thru Friday
11:00am TO 12:30Pm



May 2024

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|--|--------------------------------------|--|--|--|--|
| Gift shop open Daily | | | 1 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/ Games 12:30 | 2 Cards 12.30 Craft and Coloring 12:30 | 3 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games12:30 | 4 |
| 5  <small>shutterstock - 149227811</small> | 6 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/ Games 12:30 | 7 Crochet Friendship Group 12:30 | 8 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/ Games 12:30 | 9 Craft and Coloring 12:30 | 10 Chair Yoga 9:00 9:45 Mat Yoga 9:45- 10:30 Cards/Games 12:30 | 11 |
| 12 Gift shop open Daily. | 13 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards? Games 12:30 | 14 Crochet Friendship Group 12:30 | 15 Chair Yoga 9:00 9:45 Mat Yoga 9:45- 10:30 Cards/ Games 12:30 Bingo 12:30 | 16 Craft and Coloring 12:30 Foster Grandparents Luncheon 12:00 | 17 Chair Yoga 9:00 9:45 Mat Yoga 9:45- 10:30 Cards/Games 12:30 Bake Sale 10:30 | 18  <small>shutterstock - 149227811</small> |
| 19 | 20 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30 | 21 Crochet Friendship Group 12:30 | 22 Chair Yoga 9:00 9:45 Mat Yoga 9:45- 10:30 Cards/Board Games 12:30 | 23 Craft and Coloring 12:30 | 24 Chair Yoga 9:00 9:45 Mat Yoga 9:45- 10:30 Cards/Games 12:30 | 25 |
| 26 Volunteer Opportunities Available | 27 Site Closed  | 28 Crochet Friendship Group 12:30 | 29 Chair Yoga 9:00 9:45 Mat Yoga 9:45- 10:30 Cards/Games 12:30 | 30 Craft and Coloring 12:30 | 31 Birthday Luncheon and Raffle 11:30 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30 | Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304 |