The Community Speaker Series

presented by District 86 and District 181



Kristen Race, Ph.D.

Mindful Parenting

Simple and Powerful Mindfulness Solutions for Raising Creative, Engaged, Happy Kids in Today's Hectic World

February 7 & 8, 2017



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DR. CARRIE THANGAMANI 111 S. LINCOLN STREET WWW.HINSDALEBRACES.COM (630) 323-1201

conveniently located in downtown Hinsdale, within walking distance of Hinsdale Middle School!



Dear Friends and Families of Hinsdale 86 and D181:

Welcome to the 2016-17 Community Speaker Series! Thank you for your support and for your interest in joining the conversations we will have this year:

- How we can support our children's success, without compromising their health or losing the joy of learning, with the encouragement and guidance of Dr. Madeline Levine.
- How mindfulness can help us, and our children, feel happier, healthier, calmer, less anxious, less stressed, and more focused through the humorous and engaging solutions offered by Kristen Race.
- How tech time impacts kids' development and how adults can empower them to navigate the digital world, as presented in the documentary "SCREENAGERS" with filmmaker Dr. Delaney Ruston.

On behalf of the elementary schools of District 181 and the high schools of District 86, we are proud to join in bringing these thought-leaders and groundbreakers to our community.

Over the last four years the Speaker Series events have been held, it is worth looking back on the many critical topics we have addressed together. We have learned how brain science can help us better understand teenage behavior, and how to nurture children who are resilient and self-disciplined. We have recognized the "price of privilege" and discussed how to raise children who are the "opposite of spoiled." We have aspired to change the way we treat our sons and the messages we send them about being a man in today's world. We have supported mental health awareness and confronted real issues in our community. Please join us in thanking the team of people who have created and sustained this deeply meaningful and impactful Speaker Series.

If there is one common message shared in each session we have held in these Speaker Series events, it is that we can help. All of us can help—teachers, school personnel, parents, from preschool through grade 12. As a great school community we have the ability to support the incredible potential of each and every child. Thank you for joining us on the journey to do that work better, together.

Sincerely,



Dr. Don White



Dr. Bruce Law

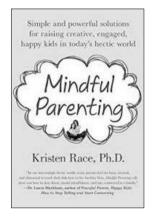
The Community Speaker Series

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Mindful Parenting

Simple and Powerful Mindfulness Solutions for Raising Creative, Engaged, Happy Kids in Today's Hectic World



Tuesday, February 7, 2017 - 7:00pm Wednesday, February 8, 2017 - 9:30am The Community House

With the Support of:

District 181 Foundation The Community House Hinsdale Central PTO Hinsdale South Boosters Burr Ridge Marriott

Kristen Race, Ph.D.



Kristen Race Ph.D. is a parent of two young children, as well as an expert in child, family and school psychology.

Dr. Race is the author of Mindful Parenting, and founder of Mindful Life[™]. All of her programs are rooted in the science of the brain with influences from the fields of mindfulness and positive psychology. Mindful Life programs are designed to improve brain function and brain development in adults and children.

Dr. Race received her Doctorate and Master's degrees from the University of Denver, and her Bachelor's degree from the University of Colorado.

Dr. Race has been featured in The New York Times, NPR, The Washington Post, Chicago Tribune, USA TODAY, CNN, and Real Simple Magazine. She is a regular blogger for The Huffington Post and Psychology Today. She is a TEDx and keynote speaker and has trained over 10,000 leaders in her methods worldwide.



Stress and Learning

Children are experiencing significantly more stress than previous generations. Students are being diagnosed with depression, anxiety, ADHD, eating disorders, cutting, addictions and other self-destructive behaviors at epidemic rates. Cruelty, bullying and violence are on the rise. Science is now documenting the negative impact that stress is having on learning and behavior.

For many, the stress of simply living in our fast-paced, media-saturated, multitasking world can become too much for the brain to process. In addition, many students are overwhelmed by pressure to perform and succeed. And still others are coping with the stress of living in challenging, even traumatic, home environments and life circumstances.

When children are experiencing stress it changes the way their brains function and the areas of the brain responsible for classroom learning becomes significantly impaired in its ability to learn and process information. The Mindful Life Schools method is designed to provide children with strategies for managing stress and their emotions while stimulating areas of the brain related to executive functioning (i.e. attention, memory, problem-solving, forward thinking, impulse control, and decision-making) and empathy.

The Research

Over 30 years of research with adults has shown that mindfulness decreases stress, anxiety, depression, and hostility. It has also been shown to improve immune functioning and executive functioning. The newly emerging discipline of mindfulness in K-12 education is actively investigating whether offering mindfulness to children and adolescence enhances attention, executive function, and learning, and promotes pro-social behavior and general wellbeing. Initial results are encouraging.

Research on Mindfulness programs in Schools has shown:

- Increased self-management skills and feelings of empowerment
- Improvements in concentration, attention, memory, language processing, creativity, and problem-solving
- Improvements in focus and performance
- Increased happiness and peace of mind
- Improvements in work habits, cooperation, attendance and increased GPA
- Improvements in behavior, self-esteem, and relationship quality
- Improvements in ADHD symptoms

What is Mindful Parenting?

- Mindful parenting is not a one-size fits all approach to parenting.
- Mindful parenting is the understanding that each family, child, year, month, and day is going to be different.
- Mindful parenting is not a type of discipline.
- Mindful parenting is a practice that helps us to make the best discipline choices.
- Mindful parenting is not a goal to be achieved. Mindful parenting is an approach to life and to parenting that helps us to live in the moment, create strong relationships with our kids, discipline effectively, and build resilience to modern day stress so that we can enjoy our lives more.
- Mindful parenting is not a touchy-feely fad.
- Mindful Parenting is rooted in brain science and provides easy to implement tools and practices to helps us feel calmer, become more focused and efficient, and be more engaged with the people around us at home, at work, and at school.

Mindful Life Weekly Wellness Schools Program (online)

Our robust curriculum was designed with busy school teachers in mind. This 38 lesson curriculum comes in bite-sized pieces, so it can be easily integrated into a school day, and not feel like one more thing on a teacher's already full plate. Each lesson, delivered digitally to a teacher's inbox, has grade level adaptations, a Cranial Corner that explains the brain science behind each lesson, Home Reinforcement Letters in English and Spanish that connect to that week's lesson, and personal practice suggestions specifically designed to decrease the faculty's stress levels. New this year are an additional 7 lessons, all based around the "Growth Mindset." Faculty receive our curriculum in school year subscriptions, and bulk pricing for schools and districts pricing is available

Mindful Life and your Child:

Life for most kids today presents:

- A schedule that is too busy
- Pressure to perform
- Too much media
- Lack of face to face relationships
- Increasing anxiety & depression
- A brain that is in a constant state of Fight or Flight



The Result:

- Decreased academic performance
- Problems with attention
- Impulsive behaviors
- Increased depression and anxiety
- Sleep difficulties
- Social struggles

Mindfulness helps children develop:

- Increased stimulation in the prefrontal cortex of the brain
- Better focus and concentration
- Compassion
- Increased sense of calm
- An understanding of how their brain works



The Result:

- Increased self-awareness
- Skillful response to difficult emotions
- Increased empathy and understanding of others
- Natural conflict resolution skills
- Happier, healthier kids who are ready to learn

The Community Speaker Series

Serving these schools

HTHS District 86: Hinsdale Central Hinsdale South

Butler District 53 Butler Junior High Brook Forest Elementary

Cass District 63 Cass Junior High Concord Elementary

CCSD 180 Burr Ridge Middle Ann M. Jeans Elementary

CCSD 181

Clarendon Hills Middle Hinsdale Middle Elm Elementary Madison Elementary Oak Elementary Prospect Elementary The Lane Elementary Walker Elementary

Darien District 61 Eisenhower Junior High Lace Elementary Mark Delay Elementary

Gower District 62 Gower Middle Gower West Elementary

Maercker District 60 Westview Hills Middle Holmes Primary Maercker Intermediate The Community Speaker Series promotes districtwide learning about education, child development, wellness, and parenting. It is open and free to all members of the K-12 learning community.

The intention of the series is to encourage proactive parenting that supports children's and adolescents' social and emotional development as well as their academic achievement.

Through this series, District 86 and District 181 enlist top experts to inform and inspire our community as a means to enrich the school-family partnership that undergirds the education of our students.

Future Speakers



Documentary Film with Filmmaker Delaney Ruston

Screenagers Growing up in the Digital Age

May 2, 2017, 7:00pm - 9:00pm May 3, 2017 9:30am - 11:30am Location: The Community House

What Our Teens Are Telling Us

During the 2014-15 year, Hinsdale Township High School District 86 administered the Comprehensive School Climate Inventory (CSCI) to its students. The CSCI assesses four major areas of school climate: Safety, Relationships, Teaching and Learning, and the External Environment. The complete reports can be found on the school website. Here are some of the results:

Adults in Their World

- 77% of students reported overall positive impressions regarding the social support they receive from adults in the school.
- 72% of students agreed/strongly agreed with the statement, "There are adults in this school that students would trust enough to talk to if they had a problem."
- 86% of students said their school tries to get them involved in school activities.
- 88% of students agreed/strongly agreed with the statement, "Adults in this school have high expectations for students' success."

<u>Conclusions/Questions</u>: This survey data indicates that a nurturing, motivating, personalized environment exists for the vast majority of our students to learn and grow in. Our schools are a place of high expectations. This can be overwhelming for our students at times. While some of our students see school personnel as resources they can rely on in a time of need, are enough of our suffering teens taking the step to reach out to us? While we recognize their developmental need to be independent, how can we assure all students that it is okay to admit feeling overwhelmed and to needing help?

What Our Teens Are Telling Us

Peers in Their World

- The good news is that 76% of the students expressed receiving positive social support from their peers with only 3% sharing a negative perception of peer support.
- Equally positive, 80% of students believe that the students in their schools respect diversity in their peers (gender, race, culture, etc.)
- The concerning news is that when probed about their experiences and witnessing of verbal abuse, harassment and exclusion among the student body, only 33% had positive impressions of the peer culture in their schools.
- 48% of students agreed/strongly agreed with the statement, "There are groups of students in the school who exclude others and make them feel bad for not being a part of the group."
- > 33% of students feel a sense of not belonging in their school.
- School personnel and parents didn't view the teen world as dire as the students themselves did, as shown in the chart below.

SOCIAL SUPPORT: SENSE OF SOCIAL-EMOTIONAL SECURITY

NATING FATTERINS				
PARTICIPANT	NEGATIVE	NEUTRAL	POSITIVE	
Students	15%	52%	33%	
Parents	10%	43%	47%	
Personnel	7%	44%	49%	

RATING PATTERNS

<u>Conclusions/Questions:</u> The teen world is still a place where it is challenging for all individuals to feel emotionally safe and cared for by their peer group. We need to keep addressing this issue in our schools and homes by having open discussions about what is occurring and how our young people can be empowered to advocate for the best emotional environment for all. Furthermore, the number of teens feeling disengaged from school is too high. How can we reach them to instill a sense of hope and purpose in their lives?

What Our Teens Are Telling Us

Sense of Self in Their World

Social Emotional Learning (SEL) Competencies and teaching pro-social behaviors are a focus in District 86. The CSCI survey measured these goals in their Social and Civic Learning dimension. Students, parents, and staff responded to questions that probed the extent to which social and civic knowledge and skills are actively incorporated into school learning and how ethical dispositions are recognized and valued by school personnel. The descriptor of this dimension includes the SEL skills of self-awareness, self-management, social awareness, interpersonal skills, and decision-making and goal setting in academic, civic and social contexts.

- 65% of students responded that they strongly disagreed/disagreed or were neutral when asked if their school worked with them on ways to control their emotions.
- Half said that in their school they learned ways to resolve conflicts so that everyone can be satisfied with the outcome.
- 61% said that their schools have them discuss issues that help them think about how to be a good person and about what is right and wrong.
- While school personnel strive to intentionally teach these SEL skills, students don't report that the skills of conflict resolution, empathy, reflecting on their learning, and examining ethical implications for their decisions being taught as directly or with as much impact as their teachers and parents think they are, which the chart below demonstrates:

PARTICIPANT	NEGATIVE	NEUTRAL	POSITIVE
Students	13%	48%	39%
Parents	8%	44%	48%
Personnel	3%	34%	63%

TEACHING AND LEARNING: SOCIAL AND CIVIC LEARNING RATING PATTERNS

<u>Conclusions/Questions:</u> The adults in the school setting and parents at home believe that their intentional efforts at teaching life skills and social responsibility are being noticed and internalized by teens; however, the students report less of an impact than the adults projected. Should we give up trying? Of course not! District 86 will redouble its efforts to help all students learn and practice the skills that will support their future academic, interpersonal, and professional success and fulfillment. What will you do?

When Students Need Help

School social workers are the cornerstone of the intervention process. They welcome referrals from teachers, school personnel as well as parents and students. The referrals help them identify students who are struggling socially, emotionally, and/or academically. In a confidential environment, school social workers offer numerous services including:

- ✓ Individual counseling
- ✓ Group counseling based on student needs, such as girls' issues, divorce and separation
- ✓ Crisis intervention
- ✓ Assessment
- ✓ Parent/guardian support
- Referrals to public agencies in the community, which provide financial, legal, and healthcare assistance

Through the above services, Social Workers address and deal with:

- Depression
- Substance Abuse
- Stress
- Attendance problems
- Teacher/student conflict
- Grief and loss
- Behavior management, anger
 issues

- Behavior changes
- Parent Conflict
- Alienation, loneliness
- Drop in grades
- Trauma
- Crisis situations
- Executive functioning
- Bullying, cyber-bullying
- Students new to the country

If you have concerns about your child's well-being, please go to your school's website to locate the phone number for your child's Counseling and Social Work Department. Then place a call to those caring school professionals, who are trained to offer you and your student support.



About Us

The District 181 Foundation is an independent non-profit organization dedicated to inspiring community involvement and support for education through partnerships, programs and events that enhance District 181's achievement of its vision for our community's schools.

Investing in Our Schools

Funding from the Foundation helps to:

Encourage creativity and innovation in the classroom by providing individual teachers with resources to put their ideas for improving student learning into action.

Bring experts to our community to educate and inform on topics and challenges in learning and parenting.

Empower students to make their school, community, environment or the world a better place.

Support district-wide initiatives to enhance the curriculum for all the schools.

Join Us

The District 181 Foundation is composed of community members who enjoy working on projects and issues that foster new ways of learning and improve the educational experience for the children in our community. We are actively engaged with the educators in our District to help fund new and creative learning opportunities. If you would like to learn more about volunteering and getting involved with the Foundation, please contact us by emailing mcooper@d181foundation.org.

Donate Today

Since 1997, the District 181 Foundation has invested nearly \$1,000.000 in our schools. This is only possible because of the generosity of community members like you. Donate online by visiting our website www.d181foundation.org.



The Counseling Center

The Counseling Center at The Community House has served Hinsdale and the surrounding communities by guiding and empowering people to change, heal and grow. We are here to listen and help find solutions to develop your strengths and improve your life through indiviual and group counseling services.

OUR THERAPISTS CAN HELP WITH:

- Anxiety & Depression
- Grief & Loss
- Relationships
- Behavioral Issues
- Addiction Issues
- Life Transitions
- Parenting
- Self-Injury



Call today to speak with a counselor about how we can help you. 630-323-7500 ext. 239

SUPPORTING MINDFUL PARENTING IN OUR COMMUNITY WWW.THECOMMUNITYHOUSE.org



Looking for the latest news on construction plans and progress for the new Hinsdale Middle School?



Sign up for the D181 e-newsletter by sending an email to bmcguiggan@d181.org and visit the District website to access photos, reports, timeline updates, budget documents, and much more!



www.d181.org > Our District > HMS Construction



UPCOMING MEETINGS AND CONVERSATIONS EVENTS

February 15, 2017 9AM Business Meeting 10AM Conversations: SCHOOL SECURITY 101

March 22, 2017 9AM Business Meeting 10AM Conversations: UNDERSTANDING IDENTITY ISSUES

> All meetings and Conversations take place in the HC Community Room.

JOIN US!

HINSDALE SOUTH

PARENT ORGANIZATIONS



CASINO NIGHT February 25, 2017 @ Ashton Place

HSAC GOLF OUTING June 23, 2017 @ Village Greens

POST PROM COMMITTE



classic kids

Book your shoot by May 30th and receive \$50 off your session fee.



HINSDALE 28 E. Hinsdale Ave. 630.323.7223 www.classickids.com



2017-18 Preschool Registration is Open: Welcome Families!

State Certified Teachers • High Quality Curriculum • Competitive Tuition Low Student-Teacher Ratios • 5-Day Per Week Program • Located at Oak School

AM Session: 8:45-11:15am • PM Session: 12:25-2:55pm

To be enrolled in D181 Preschool for the 2017-18 school year, children must be three years old by September 1, 2017, toilet-trained, and reside within District boundaries. Registration is accepted on a first-come, first-serve basis. Space is limited. Registration can be completed at Oak School during school hours; a list of required documents is posted on the District website.



Community Consolidated School District 181 630.861.4302 • www.d181.org > Schools > Preschool

Parent Network

www.hcpto.org/parent-network

Welcome to the Parent Network. Our focus is to provide information that helps us become better supports for our children and maximize their educational experience in high school.

Wednesday

February 22 Writing the Timed Essay

Discover the generic and **test-specific strategies** used both before and during essay-writing situations to minimize **test anxiety** and maximize overall performance on standardized tests. The timed essay has become increasingly emphasized on standardized tests (including the **ACT and SAT**, both of which continue to tweak their essay prompts). Speaker Rob Vogt holds a Master of Professional Writing (University of Southern California) and studied writing under a Pulitzer Prize winner and two directors Harvard. For all parents, students (all levels) welcome.

> Wednesday March 15

More info coming. Please check our web page at www.hcpto.org/parent-network

РТО

Thursday, **April 6**

Financially: Your Child with a Disability



Physical Sciences Institute (PSI), Westmont

Move through life with confidence, balance and strength.

Physical Therapy:

Expert Orthopedic Manual Physical Therapy Specialty in cases that failed traditional therapy

Wellness Group Classes:

360° CoreMondays 6pmIyengar YogaTuesdays 5:30pmPilates / Total ControlWednesdays 6:30pmFeldenkraisThursdays 5:30pm

All Wellness Classes offer breath work & taught by expert instructors

780 Burr Oak Drive Westmont, IL 60559

e: info@psipt.com p: 630.850.7901 f: 630.850.7903 w: psipt.com



Strategic Plan

Did you know that District 181 has an approved multi-year Strategic Plan that directs every aspect of our schools and operations?

Strategic Plan Goal Areas

Academic Success

Maximize the academic and social-emotional growth of each student

Organizational Excellence

Attract, develop, and retain high quality staff

Culture of Community

Engage all stakeholders through transparent, respectful communication and collaboration

Operational Integrity

Ensure fiscal stability and appropriate resources for programming and facilities

Our Vision

To be a community school district where students develop the skills they need to change the world and the confidence they need to do it.

Our Mission

To provide a premier educational experience that teaches students to be critical thinkers and enables them to achieve their full potential – academically, socially, and emotionally.

www.d181.org > Board of Education > Strategic Plan



Strategic Plan = Strategic Direction

Throughout the 2015-16 school year, Community Consolidated School District 181 was involved in a comprehensive strategic planning process. In partnership with the firm ECRA Group, Inc., an established leader in educational assessment, research, and analytics, we engaged parents, students, staff, and community members to:

- Align stakeholder expectations and District efforts
- Create clarity and focus around a shared direction for our future
- Inform the budgeting process and provide for efficient spending

Our work began with research - we asked stakeholders' thoughts on community values, strengths and challenges, significant issues they would like the District to address, and their vision for the future of our schools. Using that data and in partnership with ECRA, we developed a new Mission, Vision, and long-term goals, approved by the Board of Education in February 2016. Superintendent Dr. Don White, the administration, and a team of staff then developed an implementation plan. Now, in 2016-17, we have begun to put the initial tactics in action.

The Strategic Plan is a living document, interwoven in our daily operations and referenced regularly as we make decisions and set priorities. The Strategic Plan and related Key Performance Indicators are maintained through a public, online dashboard accessible to the community, designed so that you can easily follow our progress in achieving each action step. With this degree of transparency, you will be able to feel more confident in the District's direction, see your tax dollars at work, and stay informed as we put the plan in motion.

We invite you to visit our website to explore the public, online Strategic Plan dashboard and learn more about this work!

www.d181.org > Board of Education > Strategic Plan



Weddings & Gal

The Community House provides the perfect setting for your wedding or gala! Kettering Hall is designed to host an elegant reception. The well-appointed room comfortably seats 220.

Also, consider The Community House for your other SPECIAL OCCASIONS, BUSINESS MEETINGS AND PRESENTATIONS.

Call today! (630) 323-7500

or view details and photos of how our guests have transformed our spaces to create memorable events at www.thecommunityhouse.org.

THE COMMUNITY HOUSE | 415 West Eighth Street, Hinsdale, IL 60521 (630) 323-7500 | www.thecommunityhouse.org Read & Write Reviews



The Parent List is a resource where parents can anonymously read and write recommendations

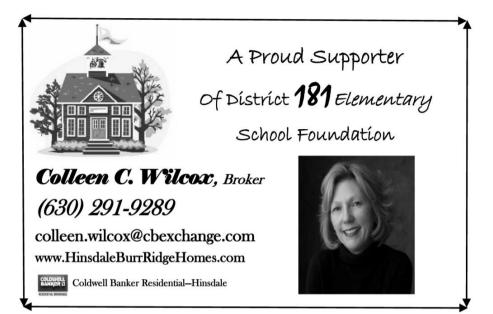
on health services that have been successfully used to manage their child's dyslexia, autism spectrum, ADD/ADHD, stress, eating disorder, substance abuse, anxiety, depression, insomnia, migraines, cancer, grief and more. Reviews are sourced from the district 86 and 181 parent community, by parents for parents. Recommended providers include doctors, therapists, support groups, in-patient and out-patient programs, tutors, nutritionists and holistic medical approaches.

Go to: www.hcpto.org/parent-network-resources For more information: parentlist@hcpto.org

PTO

In no way does the Hinsdale Central PTO, Hinsdale Central High School staff, school districts 86 or 181 endorse or recommend any providers reviewed on The Parent List. The list is a subjective forum set up by the Hinsdale Central PTO for your convenience. Parents and guardians are solely responsible for deciding to use any of the providers on The Parent List in any capacity, and the Hinsdale Central PTO and district 86 and 181 disclaim all liability for any damages injuries, losses, expenses, or claims of any kind arising out of the provision of services by anyone or any agency appearing on The Parent List.

Go to: www.hcpto.org > Resources > Parent Network Resources







Thursday, March 9

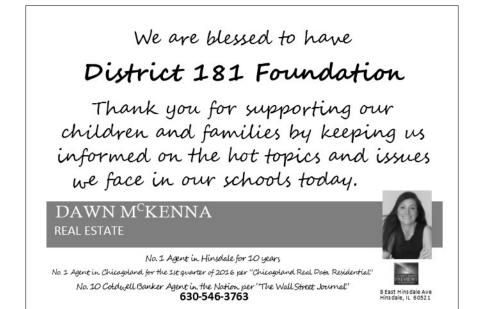
6:00 p.m. - 8:30 p.m.

Prospect School, Clarendon Hills

A District 181 Family Education Series Event Hosted in Partnership with the D181 Foundation

All community members are invited to this one-stop-shop to meet with exhibitors one-on-one and learn about local and regional overnight camps, sports camps, fine arts programs, science and educational camps, recreation activities, and more. New exhibitors are added every year. Children are welcome!

> Community Consolidated School District 181 630.861.4302 • On Twitter @CCSD181 www.d181.org > Parents > Family Education Events



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Social-Emotional resources for D181 parents are available online!

www.d181.org > Parents > SELAS

Blogs • Books • Online Resources • Research



Community Consolidated School District 181



Tell me and I forget, teach me and I may remember, involve me and I learn.

- Benjamin Franklin

Sotheby's



Simply Put...

Thank You to All the Teachers, Administrators, and Volunteers in the Hinsdale School District For Their Dedication and Their Leadership Through Example.

630.738.0077 ginny@ginnyhomes.com

Village



Community Consolidated School District 181

Kindergarten & New Student Registration

February 22-23 9am-3pm at the Child's Neighborhood Elementary School

Wednesday, February 22 5:30-7:30pm at Prospect School

Parents are required to bring several documents to registration. Please visit our website for a complete list.

www.d181.org > Parents > Registration 630.861.4900 • On Twitter @CCSD181



Think Spring...

ENRICHMENT	ARTS	ATHLETICS			
S.T.E.M. Classes	Preschool Mixed Media	Boys & Girls Lacrosse			
Coding Club	Painting & Drawing	T-Ball League			
Breakfast with the Bunny	Comic Book Illustration	Preschool Tennis			
Spring Break Camp	Spring Break Arts Camp	President's Day Ski Trip			
thecommunityhouse.org					

THE COMMUNITY HOUSE 415 West Eighth Street, Hinsdale, IL



HINSDAMILTON March 10,11, 17&18

Tickets \$100 includes appetizers, drinks, show

The Communit House

> Purchase tickets online or in person at The Community House 415 W. Eighth Street Hinsdale, IL 60521 www.thecommunityhouse.org

District 181 Foundation

Grants for Students

If you're a District 181 student and have an idea for making your school, community, state, country or the world a better place, the District 181 Foundation would like to help.

KIDS Grants provide up to \$150 to help get your idea started.

Apply Anytime!

Just go to <u>www.d181foundation.org</u> to download an application and guidelines. Funds are awarded within two weeks of receiving the application.

Make a Difference Now!

Any questions? Please contact us at KIDSGrant@d181foundation.org



KIDS Grants Sponsor

Notes





1200 Burr Ridge Parkway Burr Ridge, Illinois 60527 630.986.4100 www.marriott.com/chisw







SUPPORT

We are proud to support the District 181 Foundation. Thank you for inspiring community involvement for the education of our youth.



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HINSDALE'S COMMUNITY BANK

25 E. First St. | Hinsdale, IL 60521 630-323-4404 | www.hinsdalebank.com



WE'RE PROUD TO BRING IT HOME. As a company made in this area, for this area, Wintrust and its family of true community banks is dedicated to the unique neighborhoods each serves. For 25 years, we've been banks that invest in, give back to, and get to really know our communities and the people living in them. When you bank with a Wintrust Community Bank, you can be confident your money is