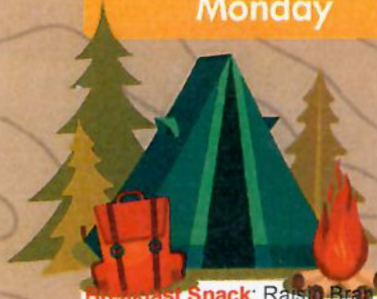


JUNE 2023

Preston Hollow UMC Child Development Center

Monday



Breakfast Snack: Raisin Bran cereal **5**
Lunch: Tomato vegetable soup w/ Ritz crackers, fruit cocktail
Afternoon Snack: Quaker rice cakes

Breakfast Snack: Raisin Bran cereal **12**
Lunch: Macaroni & cheese, garden salad, fruit cocktail
Afternoon Snack: Made Good granola bars

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Breakfast Snack: Raisin Bran cereal **26**
Lunch: No nut butter w/jelly on whole wheat bread, veggie chips, fruit cocktail
Afternoon Snack: NutriGrain bar

Tuesday



Breakfast Snack: Nutri Grain bars **6**
Lunch: Baked chicken nuggets, carrot sticks w/ranch dressing, peaches
Afternoon Snack: Bel Vita snacks

Breakfast Snack: Bagel w/jelly **13**
Lunch: Creamy chicken & rice, broccoli, mandarin oranges
Afternoon Snack: Goldfish crackers

Breakfast Snack: Raisin Bran cereal **20**
Lunch: Cheese & bean burritos w/mild salsa, guacamole, fruit cocktail
Afternoon Snack: Cinnamon pita chips

Breakfast Snack: Fig Newton bars **27**
Lunch: Turkey bologna sliders, cucumber sticks w/ranch dressing, peaches
Afternoon Snack: Quaker rice cakes

Wednesday



Breakfast Snack: Yoplait yogurt w/fruit **7**
Lunch: Turkey hoagies, veggie chips, applesauce
Afternoon Snack: Fig Newton bars

Breakfast Snack: Yoplait yogurt w/fruit **14**
Lunch: Turkey pinwheels, cucumber & tomato salad, peaches
Afternoon Snack: Apple Straws

Breakfast Snack: NutriGrain bars **21**
Lunch: Turkey meatballs w/gravy, wheat bread slice, spinach salad, applesauce
Afternoon Snack: Nature's Bakery blueberry bars

Breakfast Snack: Yoplait yogurt w/fruit **28**
Lunch: Cheese pizza w/spinach salad, applesauce
Afternoon Snack: Raisin bread

Thursday

Breakfast Snack: Cinnamon Pop Tarts **1**
Lunch: Pimiento cheese sliders, vegetables w/ranch dip, apple slices
Afternoon Snack: Veggie Puffs

Breakfast Snack: Hard boiled eggs w/string cheese **8**
Lunch: Lentil Sloppy Joes, spinach salad, apple slices
Afternoon Snack: Graham crackers

Breakfast Snack: Waffles **15**
Lunch: No nut butter w/jelly on whole wheat bread, veggie chips, apple slices
Afternoon Snack: NutriGrain bars

Breakfast Snack: Yoplait yogurt w/fruit **22**
Lunch: Chicken noodle soup w/crackers, veggie chips, apple slices
Afternoon Snack: Cheez Its

Breakfast Snack: Cinnamon Pop Tarts **29**
Lunch: Chicken taquitos w/guacamole, apple slices
Afternoon Snack: Baked tortilla chips w/mild salsa

Friday

Breakfast Snack: Cheerios cereal **2**
Lunch: Fish tacos w/coleslaw, mild salsa, orange wedges
Afternoon Snack: Popsicles

Breakfast Snack: Cheerios cereal **9**
Lunch: Fish sticks w/ketchup, wheat bread slice, veggie chips, orange wedges
Afternoon Snack: Popsicles

Breakfast Snack: Cheerios cereal **16**
Lunch: Tuna noodle salad w/crackers, broccoli florets, orange wedges
Afternoon Snack: Popsicles

Breakfast Snack: Cheerios cereal **23**
Lunch: Fish filet w/tarter sauce, coleslaw, orange wedges
Afternoon Snack: Popsicles

Breakfast Snack: Cheerios cereal **30**
Lunch: Fish w/ketchup, veggie chips, orange wedges
Afternoon Snack: Popsicles