

Mannion Middle School 2019-2020

DANCE COURSE EXPECTATIONS

Instructor: Lana Carey

Room: Cafeteria

Email: frebelm@nv.ccsd.net

Website: www.foothilldance.net

I. Course Scope

This one-year course is designed to introduce students to basic movement, technique, and dance styles. This course will allow students to develop an appreciation of dance as an art form. Students will increase their flexibility through daily warm-up and stretching activities. They will learn a variety of styles ranging from country line dance to hip-hop. Students will learn about the history of dance and related vocabulary associated with dance. Students' knowledge of the fundamentals of dance will be enhanced through artistic, affective, cognitive, and psychomotor activities. This is an elective course for students in grades 6-8. This course may be repeated.

II. Course Outline

- A. The following dance forms will be covered in this course:
 - 1. Ballet
 - 2. Jazz
 - 3. Pom
 - 4. Hip Hop
 - 5. Contemporary

III. Course Outcomes/Goals

- 1. To develop an appreciation for dance as an art form.
- 2. To develop knowledge of the fundamentals of dance.
- 3. To develop the principles of elementary choreography.
- 4. To develop an understanding of a variety of dance forms.
- 5. To appreciate and recognize the diversity of dance.
- 6. To improve conditioning in strength, flexibility, endurance, and control.
- 7. To develop a repertoire of dance techniques.
- 8. To experience dance as a performing art.

IV. Grading Policy

A. School-wide grading scale

89.5-100	A
79.5-89.4	B
69.5-79.4	C
59.5-69.4	D
59.4 & below	F

B. Grading Procedures

1. Students are evaluated on a 10-point daily system, 5 points for participation, 5 points for dress.
2. Quarter grades will be given on a cumulative score from daily points, tests, quizzes, assignments, notebook checks, projects, and performances.
3. Semester grades will be calculated using 40% from each quarter and the final exam will be weighted at 20%.

C. Make-up Procedures

1. When you are absent it is your responsibility to ask for any handouts given out during your absence.
2. Students will be given three days to print out a one page report on any form of dance, famous dancer, well-known choreographer, or dance company, to receive their 10 daily points.

D. Performance Grading

1. Students in dance will also be graded on all performances. There will be informal class performances, as well as formal evening performances.
2. You will be given at least two weeks prior notice for any mandatory performance. You will be given at least one week prior notice for any optional performance.
3. Students **must** attend all evening performances.

***Please see Performance Dates on Website**

4. If for some reason a student is unable to perform, the student must notify the instructor **AT LEAST one month** in advance. The student will then be responsible for completing a written research paper in lieu of the performance grade. The number of pages, topic, etc., will be discussed when the student notifies the instructor.
5. Students are responsible for all costuming for all performances. We will try to make it as easy as possible,

although there will be some cost involved. We will inform you of any costuming needs as soon as possible.

V. Class Dress Out Uniform

The uniform for dance class will include:

- a Mannion Dance T-shirt
- Black Leggings (Purchased on own)
- Tan jazz shoes, any brand (Purchased on own)
- **Dance 4 Less 2700 E. Patrick Lane #20 702-262-7946**
- **Discountdance.com**

VI. Performance Uniform Fee

The yearly uniform fee is \$350 for Mannion Dance. Please pay with cash or check made out to "Mannion Middle School". Please take payment to the school banker in the front office. DUE OCTOBER 1st.

- Uniform top and Uniform leggings
- Jersey
- Warmup jacket or hoodie
- Bow
- Poms
- Sideline shoes
- Bag
- Class T shirt
- Tank Top

VI. Lockers

Every student must have a locker in the Locker Room. Lockers will be assigned the first week of school.

VII. Behavior Expectations/Citizenship

- There is a zero tolerance policy for non dresses in dance. They simply do not happen. If a student does not dress out for dance class, they will be sent to the dean's office. Continuous non dressers will be removed from the dance program.
- All students are required to participate daily. If a student fails to show effort, they will be removed from the dance program.
- Please see attached Citizenship Log example for Citizenship grade rubric.

I am really looking forward to a FABULOUS year!!! If you ever have any questions, PLEASE feel free to email me at frebelm@nv.ccsd.net

-Coach Carey

Pease detach this page and turn into Coach Carey during the first week of school.

Class Check List:

___ Dance T shirt

___ Dance Locker

___ Plain Black Leggings

___ Tan Jazz Shoes

___ \$350 team fee (please pay banker by October 1st)

By signing below, I understand the course expectations for this class. I also understand that money will not be refunded for any reason.

Print Parent Name

Parent Signature

Parent Phone #

Parent Email

Print Student Name

Student Signature