



Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities
Educational Equity For All

November 2018

California Department of Education News



Expanded suspension ban gets approval from California Legislature
By David Washurn, EdSource
The bill passed Friday would expand the current ban, which covers grades K-3, to grades K-8. However, Gov. Jerry

Brown, who several years ago vetoed a similar bill, has yet to signal support. <https://goo.gl/SCGvXz>



Taking Halloween by the Horns

Tips for parents whose children aren't the happiest trick-or-treaters

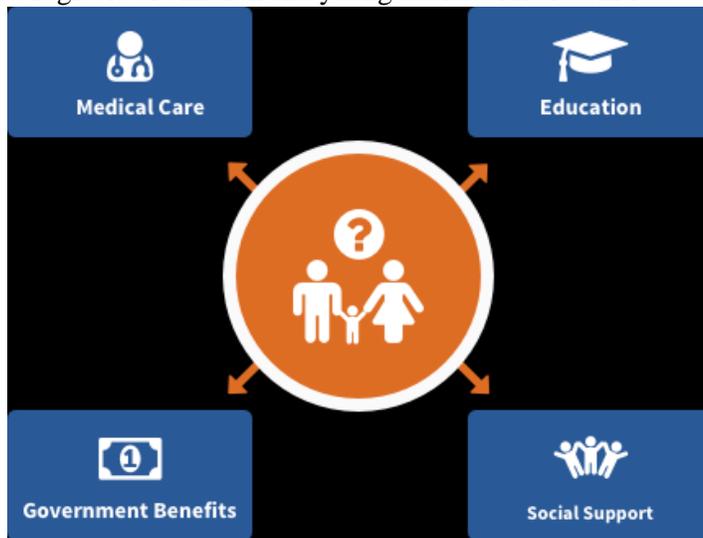
The Costume, The Routine, The Consequences, The Fears

Most of all, remember what the holiday is all about. Halloween is supposed to be fun, but fun isn't mandatory. Parents want the best for their children, and for their children to be seen as capable and engaged in the eyes of their peers. But it is the comfort and joy of kids that should come first. If this isn't the year for your child to break out of her shell or for him to be able to handle extended activities with peers, there is always next year.

<https://childmind.org/article/taking-halloween-by-the-horns/>



Find resources and easy-to-read information for parents and caregivers of children and young adults with disabilities.



Exceptional Lives is a not-for-profit organization that helps people with disabilities. Our goal is to show you how to find and apply for benefits and services to get you or your child the support they need.

<https://goo.gl/yXRGHg>



"Programs must meet the needs of the parents they serve rather than demand that the parents meet the needs of the program... A match between parent needs and involvement opportunities increases the possibility that the parent will become actively involved in the program."

Elizabeth Landerholm and Jo Ann Karr,
"Designing Parent Involvement Program
Activities to Deal with Parents' Needs"



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Feature Idea of Month



How to Hold An **AUTISTIC CHILD Accountable!**

FREE Downloadable
Accountability Checklist

Her Autism

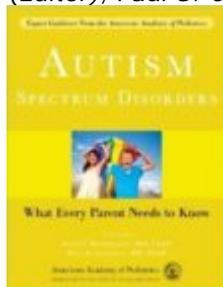
Autism and
Accountability: How to
Know When to Hold an
Autistic Child
Accountable

Get our FREE
Accountability
Checklist!

<https://herautism.com/her-relationships/autism-and-accountability/>

Autism Spectrum Disorders: What Every Parent Needs to Know

Author: American Academy of Pediatrics, Alan I. Rosenblatt (Editor), Paul S. Carbone (Editor)



From autism and Asperger's syndrome through pervasive developmental disorders, this authoritative reference from the leading publisher in pediatric health care examines how autism

spectrum disorders (ASDs) are defined and diagnosed and reviews the most current behavioral and developmental therapy treatments available. Through this evidence-based guide, which reflects the new diagnostic thinking from the American Psychiatric Association, parents and caregivers will learn about the symptoms and the incidence of ASDs, screening tools, the roles of complementary and alternative medicine, and what to expect as these children grow into adolescence and beyond.

Porchlight Autism Education Series



Porchlight's mission is to help families affected by developmental disabilities through short, simple, and understandable learning modules. Their strategies are designed to be used easily and immediately by parents and all those involved in the care and treatment of those with developmental disabilities. Their modules include: Understanding Autism, Caregiver Toolkit, Daily Routines, Self Help, Social Skills, Functional Communication, Safety Skills, and Behaviors

<https://www.porchlighteducation.org/>

WEBSITES AND RESOURCES

<https://www.5minutesformom.com/category/special-needs/>
<http://complexchild.org/>
<http://www.specialfamilysupport.com/>

Helping Your Child With Autism Through Puberty



A Guide for
Parents of
Adolescents with
Autism Spectrum
Disorder

During puberty, teens experience changes in their bodies, become more focused on who is and isn't "cool," and start to experience sexual and romantic urges.

These changes can be tough for anyone. But for kids on the autism spectrum and their families, this time can be particularly challenging.

We hope you find our advice post a useful addition to the Autism Speaks ATN/AIR-P Puberty and Adolescence Resource: A Guide for Parents, available for free download from the Autism Speaks website.

<https://www.autismspeaks.org/tool-kit/atnair-p-puberty-and-adolescence-resource>



20 Things Every Parent of Kids with Special Needs Should Hear

1. You are not alone.
2. You too deserve to be cared for.
3. You aren't perfect—and that's ok!
4. You are a superhero.
5. Therapy is play.
6. Play is therapy.
7. Make time to enjoy your kids
8. You will be obligated to make heart wrenching decisions.
9. You won't always get it right.
10. Forgive yourself.
11. Being a parent is hard. Being a parent to a child with extra needs is extra hard.
12. Parenting a child with extra needs is like a marathon.
13. Don't lose yourself.
14. Keep your sense of humor.
15. Celebrate the little things!
16. Don't let typical parents get you down.
17. Don't compare.
18. You don't have to be "THAT" parent.
19. Make time for your marriage.
20. Trust your instincts.

<https://www.abilities.com/community/parents-20things.html>