## Yorktown Freedom Run 8K\*& 5K Fun Run/Walk Memorial Day, May 28, 2018

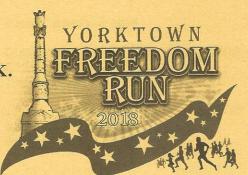
Awards, Medals, and Cash Prizes (see reverse)

Start: 8K, 8:00 AM. Start and finish at York High School. 5K Fun Run start 8:15 a.m. NO official times for 5K.

Race Day Registration in York High School Cafeteria 6:30-7:40 a.m. All pre-registered runners pick up materials at the same time (6:30-7:40 a.m.) Register & pay on-line at RunSignUp.com or by mail, with check.

Cost: \$25 (\$30 if postmarked after May 21st or on Race Day). T-shirts for all 5K & 8K runners. More info and flyers are available at: www.yorktownrotaryclub.org Cutoff for pre-registration is May 21st.

This event is coordinated by the Yorktown Rotary Club.
Race timing is provided by the Peninsula Track Club (PTC).
PTC Coupons are accepted (during pre registration only).
A PTC Grand Prix Event \*Certified Course



Yorktown Rotary Club





All proceeds go to the Yorktown Rotary Foundation for Youth Activities and community services as noted on the back.

Make Checks Payable To: YORKTOWN ROTARY FOUNDATION,

which is a tax-exempt 501(c)3 charitable organization. No transfers or exchanges. Send to: Yorktown Freedom Run, 104 Aquia Turn, Yorktown, VA 23693 Name (First, MI, Last) Street Include Apt. Mailing Address Zip Code City State T-SHIRT SIZE (CIRCLE) Peninsula Sex Age on Phone No XL Track Club Yes No M Area Code S M L Race Day Member 8K

IKNOW THAT RUNNING A ROAD RACE IS A POTENTIALLY HAZARDOUS ACTIVITY. I SHOULD NOT ENTER AND RUN UNLESS I AM MEDICALLY ABLE AND PROPERLY TRAINED. I AGREE TO ABIDE BY ANY DECISION OF A RACE OFFICIAL RELATIVE TO MY ABILITY TO SAFELY COMPLETE THE RUN. I ASSUME ALL RISKS ASSOCIATED WITH RUNNING IN THIS EVENT INCLUDING, BUT NOT LIMITED TO, FALLS, CONTACT WITH OTHER PARTICIPANTS, THE EFFECTS OF WEATHER, INCLUDING THE EFFECTS OF HIGH HEAT, AND HUMIDITY, TRAFFIC CONDITIONS OF THE ROAD, ALL SUCH RISKS BEING KNOWN AND APPRECIATED BY ME. HAVING READ THIS WAIVER AND KNOWING THESE FACTS AND IN CONSIDERATION OF YOUR ACCEPTING MY ENTRY, I, FOR MYSELF AND ANYONE ENTITLED TO ACT ON MY BEHALF, WAIVE AND RELEASE THE PENINSULA TRACK CLUB, ROAD RUNNERS CLUB OF AMERICA, YORK HIGH SCHOOL, NATIONAL PARK SERVICE, YORK COUNTY, YORK COUNTY SCHOOLS, ROTARY CLUB OF YORKTOWN, YORKTOWN ROTARY FOUNDATION, AND ALL OTHER SPONSORS, THEIR REPRESENTATIVES AND SUCCESSORS FROM ALL CLAIMS OR LIABILITIES OF ANY KIND ARISING OUT OF MY PARTICIPATION IN THIS EVENT. I GRANT PERMISSION TO ALL OF THE FOREGOING TO USE ANY PHOTOGRAPHS, MOTION PICTURES, OR ANY OTHER RECORD OF THIS EVENT FOR ANY LEGITIMATE PURPOSE. I ALSO UNDERSTAND THAT IN THE EVENT THAT THIS RACE CANNOT BE HELD DUE TO ACTS OF GOD, SUCH AS WEATHER, A REFUND IS NOT GUARANTEED.

GUARDIAN OR

SIGNATURE

DATE

PARENT SIGNATURE (UNDER 18)

 Directions:

From Interstate 64 West, take Exit 250B (Fort Eustis Blvd./Route 105) eastbound to Yorktown for 3 miles. Take a left on Route 17 North (George Washington Memorial Highway) for 1 mile to York High School on your right.

From Route 64 East, take exit 258B to Route 17 North (George Washington Memorial Highway). Travel approximately 10 miles from the Newport News/York County line to York High School on your right.

From Gloucester/Route 17 North travel 3 miles South of the York River Bridge to York High School on your left.

NOTE:

ALTHOUGH THE RACE WILL BE RUN ON THE BATTLEFIELD TOUR ROADS WHICH ARE DIRECTLY BEHIND YORK HIGH SCHOOL, ALL PARKING WILL BE RESTRICTED TO THE HIGH SCHOOL PARKING LOT. NO PARKING WILL BE ALLOWED ON THE NATIONAL PARK SERVICE/TOUR ROADS.

Course:

The race starts and ends on the Battlefield Tour Roads in the Colonial National Historical Park, which is directly behind York High School. The course map can be seen on our web site: <a href="https://www.yorktownrotaryclub.org">www.yorktownrotaryclub.org</a>. Just click the "Freedom Run" on the left and look for the link to the course map.

Information:

Get updates on the race, course details and additional flyers at: www.yorktownrotaryclub.org

More Flyers

Race Director: Tom Hunter, 651-675-7928 (tom.d.hunter@gmail.com)

Awards:

Medals and Cash Prizes for the 8K (\$100, \$50, \$25) will go to the first three eligible overall male and female runners and the first three male and female masters (40 & over). Winners will receive their prizes at the post-race award ceremony in the York High School Cafeteria.

Special medals for other 8K runners will be given to the top three finishers in the following categories:

Male: 12 & under, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44

45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

Female: 12 & under, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44

45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

## Lots of Refreshments after the Race.

All funds raised by this race will provide scholarships at local High Schools and give support to a wide range of youth activities and community services.

We thank all of our sponsors for their support.

## **Leader Insurance Agency**



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