

BIOGRAPHICAL SKETCH

NAME Melissa D. Olfert, DrPH, MS, RD		POSITION TITLE	
eRA COMMONS USER NAME (credential, e.g., agency login) MDOLFERT		Assistant Professor of Human Nutrition	
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	MM/YY	FIELD OF STUDY
Walla Walla College, College Place, WA	BS	06/91	Health Science Minor: Psychology
University of Illinois, Chicago	MS	06/93	Exercise Physiology
Loma Linda University, Loma Linda, CA	RD	05/97	Registered Dietitian
Loma Linda University, Loma Linda, CA	DrPH	12/00	Public Health/Specialty in Preventive Care of Chronic Disease

With training in exercise physiology, nutrition, and as a preventive care specialist in chronic disease, I bring diverse experience in working with clinical, industry and entrepreneurial partners in diverse populations. Throughout my career I have cultivated a strong background with expertise in program development, implementation, management and evaluation at a local, county, state and national level. Through my public health influence and private practice I have developed and conducted lifestyle intervention programs to hundreds of individuals with chronic disease (such as metabolic syndrome, obesity, diabetes, cardiovascular disease and cancer) and primary prevention of disease throughout the lifespan from early childhood to geriatric populations in populations in urban and rural settings and those in socioeconomically disadvantaged population. Lifestyle intervention programs that incorporate physical activity, nutrition, tobacco cessation as well as appropriate alcohol use and stress-management (including resiliency training) for at risk for disease populations have been a passionate area for me for the past two decades. For 17 years I was actively involved in the development, measurement and delivery of statewide regional training for the California state funded Sweet Success Gestational Diabetes Program targeting screening, treatment and education for in-patient and out-patient venues especially focusing on non-pharmacological interventions using exercise and nutrition to control glucose levels. Further I have managed a large team of health professionals across the country working with industry and health education to improve patient health outcomes. During this project I oversaw 60 Certified Diabetes Educators around the country with a team of 4 regional managers. Currently with a research focus in prevention of chronic disease through lifestyle intervention approaches, I have worked with a multi-state team targeting children and young adults assessing the environment as it influences and impacts health behaviors. Within the state of West Virginia I have worked across the lifespan in translational research surrounding myself with multi-disciplinary colleagues using intervention research designs in community based participatory research (CBPR) approach specifically targeting groups of multiple generations of underserved, low socioeconomic, rural white. By using a multi-disciplinary approach to answer complex public health issues that continue to move evidence based practice through dissemination and implementation I continue my research agenda.

A. Positions, Teaching Experience and Honors (in chronological order)

1992-1997	<i>Instructor for Health & Disease Courses, Loma Linda University, School of Public Health, Loma Linda, CA; teaching courses in preventive medicine to second year medicine students</i>
1992-1995	<i>Director for Managed Care Services (including Tobacco Cessation Programs), Loma Linda University, Center for Health Promotion, Loma Linda, CA</i>
1992-2000	<i>Director of Clinical Research & Professional Education, Loma Linda University Medical Center, Diabetes Treatment Center, Loma Linda, CA</i>
1993-2009	<i>Adjunct Faculty in California Diabetes and Pregnancy Program, University of California, San Diego, Perinatal Department, San Diego, CA; teaching graduate courses in maternal health</i>
2001-2002	<i>Associate National Project Director of the Diabetes Knowledge Exchange: A Team of 60 Certified Diabetes Educators Empowering Physicians, Quintiles Transnational/Innovex, Health Management Services, Parsippany, NJ</i>
2002-2003	<i>Manager of System Diabetes Inpatient Initiatives & Research, Sharp Health Care System, Diabetes Service Line, San Diego, CA</i>

2004-2009	<i>Adjunct Faculty in Department of Science, Miramar College, San Diego, CA; teaching undergraduate nutrition and health courses</i>
2007-2009	<i>Assistant Professor in Exercise Science, Grossmont College, El Cajon, CA; teaching undergraduate honors courses in nutrition and health</i>
2009-	<i>Assistant Professor (tenure track) in Human Nutrition, West Virginia University, Davis College, Division of Animal and Nutritional Sciences, Morgantown, WV</i>
2011- 2014	<i>Director of the Graduate Dietetic Intern Program; West Virginia University, Davis College, Division of Animal and Nutritional Sciences, Morgantown, WV</i>
2012-	<i>Adjunct Faculty in the School of Public Health, West Virginia University, Morgantown, WV</i>
2012-	<i>Adjunct Faculty Clinical Instructor in the School of Medicine, West Virginia University, Morgantown, WV</i>
2012-	<i>NE Behavioral Health Specialist for C.A.P.E. Project, USDA</i>

Other Experience and Professional Memberships

1992-2009	Founder and Owner, Integrated Health Matters , San Diego, CA
1996-2000	Diabetes Advisory Committee, Loma Linda University Medical Center Diabetes Treatment Center
1998-2001	Preventive Care Specialist, Beaver Medical Group, Obesity and Weight Management Clinic , Redlands, CA
1999-2004	Diabetes Coalition of California, Education Committee, State of California, Department of Health Services
2005-2007	Preventive Care Specialist, Rancho Bernardo Integrative Medicine Center , Poway, CA
1991-present	American College of Sports Medicine (ACSM)
1993-2008	American Association of Diabetes Educators (AADE)
1995-present	American Dietetic Association (ADA) now Academy of Nutrition and Dietetics (AND)
1995-2009	California Dietetic Association (CADA)
1997-2008	San Diego Diabetes Educators (SDDE)
2001-present	Preventive Cardiovascular Nurses Association (PCNA)
2009-present	West Virginia Dietetic Association (WVDA)
2010-present	Society of Nutrition Educator and Behavior (SNEB)
2010-present	American Society of Nutrition (ASN)
2010-present	Diabetes Advisory Committee, Ruby Memorial Hospital Diabetes Education Center, Morgantown, WV

Certifications & Licenses

1990	Physical Fitness Specialist & Group Exercise Leader, Cooper Clinic, Institute for Aerobics Research
1991	Exercise Specialist, American College of Sports Medicine (ACSM)
1997	Registered Dietitian (RD #858809)
1997	Certified Lactation Educator (CLE), University of California, San Diego
1998	Certified Health Education Specialist (CHES)
1998	Certified Diabetes Educator (CDE)
2010	Licensed Dietitian in West Virginia (LD #792)

Honors & Awards

1998-1999	Co-Investigator, Loma Linda University Medical Center IMPact Grant
2008	President’s Achievement Award in Recognition of Outstanding Accomplishments and Contributions (Teaching Award), Miramar College, San Diego, CA
2010-2011	Information Literacy Course Enhancement Grant, West Virginia University
2010	Representative for Great Teacher Seminar, West Virginia University

B. Peer-Reviewed Publications & Abstract Presentations

1. Kattlemann K, Mortinsen K, Phillips B, Greene G, Shelnuitt KP, **Olfert M**, Esters O, Nitzke S, Horacek T, Quick V, Hoerr S, Kidd T, Colby S, Morrell J. Tailoring a Management Access System for Use by Campus Coordinators in 14 States for a Web-Based Nutrition Intervention. *JNEB 2011;43(4Suppl1); S33-34.*
2. **Olfert M**, Glenn M. Integrating Complementary Medicine Approaches in a Rehabilitation Counseling Graduate Program to Serve Rural Appalachia. *American Public Health Association*, Washington DC, October 2011.
3. Thaxton A*, **Olfert M**. Choice Architecture in Appalachian High School Cafeterias, *9th Annual Undergraduate Research Day at the Capitol*, Charleston, WV, January, 2012.

4. Horn K, Anesetti-Rothermel A, **Olfert M**, O'hara Thompkins N, Dino G. Sedentary Lifestyle and Teen Smoking: A Case for Multiple Behavior Change Strategies. Society For Research on Nicotine and Tobacco (SRNT) Annual Meeting. POS2-43 March 13-16, 2012
5. Szymona K, Quick V, **Olfert M**, Shelnutt K, Kattelmann KK, Brown-Esters O, Colby SM, Beaudoin C, Lubniewski J, Maia AM, Horacek T, Byrd-Bredbenner, C The University Environment: A Comprehensive Assessment of Health-Related Advertisements on U.S. Post-Secondary Institution Campuses. *Health Education*, 2012, Vol. 112 Iss:6pp 497-512
6. Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Horacek T, Hoerr S, Kidd T, Phillips B, Colby S, Brown-Esters O, Koenings M, Shelnutt K, **Olfert M**, Stabile-Morrell J. Development of a randomized trial guided by the process of PRECEDE-PROCEED for the prevention of excessive weight gain in communities of young adults. *JNEB* 2012;44(4suppl1):S93-4.
7. Horacek T, Szklany K, White A, Walsh J, Erdman M, Byrd-Bredbenner C, Brown-Esters O, Shelnutt KP, Morrell J, Kattelmann K, Koenings M, **Olfert M**. Development and testing of a healthy campus environmental audit and the LEAN Index. *JNEB Suppl.* 2012;43(4suppl1):S22.
8. Parker K, Colby S, Shelnutt K, **Olfert M**, Brown-Esters O. Preferred Strategies in a Social Marketing Campaign. *JNEB* 2012;44(4suppl1):P143.
9. Colby S, Shelnutt K, **Olfert M**. A Social Marketing Campaign to Promote Health on a College Campus. *JNEB* 2012;44(4suppl1):S79-80.
10. Walsh J, White A, Byrd-Bredbenner C, Greene G, Koenings M, Horacek T, Hoerr S, Phillips B, Colby S, Brown-Esters O, Morrell J, Kidd T, **Olfert M**, Shelnutt K, Kattelmann K. Beverage and Food Intake Among Young Adults: Does Being in College Matter? *JNEB* 2012;44(4suppl1):LB
11. Horacek T, Brown-Esters O, Byrd-Bredbenner C, Carey G, Colby S, Greene G, Hoerr S, Kidd T, Koenings M, **Olfert M**, Phillips B, Shelnutt K, White A. Obesity prevention behavior and environment relationships on US post-secondary campuses. *International Congress of Dietetics*. (Proceedings) September 2012. Sydney, Australia.
12. Kattelmann K, White A, Byrd-Bredbenner C, Greene G, Koenig M, Horacek T, Hoerr S, Phillips B, Colby S, Brown-Esters O, Morrell J, Kidd T, **Olfert M**, Shelnutt K. Project YEAH: Development of a Web-Based Intervention Guided by the Precede-Proceed Model for Preventing Excess Weight Gain in Young Adults. *IJBNPA*, Sydney, Australia, September 2012.
13. Horacek T, Brown-Esters O, Byrd-Bredbenner C, Carey G, Colby S, Greene G, Hoerr S, Kattelmann K, Kidd T, Koenings M, **Olfert M**, Phillips B, Shelnutt K, White A. Obesity Prevention Behavior and Environment Relationships on US Post-Secondary Campuses. *JAND Suppl. FNCE* August 2012.
14. Horacek TM, **Olfert M**, Byrd-Bredbenner C, Carey G, Colby S, Greene G, Hoerr S, Kattelman K, Kidd T, Koenings M, Brown-Esters O, Shelnutt K, White A. Environmental supports for physical activity and healthy snacking vary across campuses. *JAND* 2012;112(9suppl3):A-62.
15. **Olfert MD**, Arnold, SJ. Beyond Google: Helping Nutrition Students Achieve Information Literacy. *JAND* 2012;112(9suppl3):A-18.
16. Horacek TM, Erdman MB, Byrd-Bredbenner C, Carey G, Colby SM, Greene GW, Guo W, Kattelmann KK, **Olfert M**, Walsh J, White AB. Assessment of the dining environment on and near the campuses of 15 post-secondary institutions. *Public Health Nutr.* 2013 Jul;16(7):1186-96. doi: 10.1017/S1368980012004454
17. Koenings M, **Olfert M**, Kattleman K, Nitske S. Pseudo-underage Students' Access to Alcohol on Three College Campuses. *Journal of Hunger and Environmental Nutrition.* 2013;8(1);95-105.
18. Horn K, Branstetter S, Zhang J, Jarrett T, Tompkins NO, Anesetti-Rothermel A, **Olfert M**, Richards T, Dino G. *J Adolesc Health.* 2013 Apr 5. doi:pii: S1054-139X(13)00074-8. 10.1016/j.jadohealth.2013.01.019 [http://www.jahonline.org/article/S1054-139X\(13\)00074-8/abstract](http://www.jahonline.org/article/S1054-139X(13)00074-8/abstract)
19. Horacek TM, Erdman MB, Reznar MM, **Olfert M**, Brown-Esters ON, Kattelmann KK, Kidd T, Koenings M, Phillips B, Quick V, Shelnutt KP, White AA. Evaluation of the Food Store Environment on and Near the Campus of 15 Postsecondary Institutions. *Am J Health Promot.* Mar;27(4):e81-90. doi: 10.4278/ajhp.120425-QUAN-220 <http://www.ajhpcontents.com/doi/abs/10.4278/ajhp.120425-QUAN-220?journalCode=hepr>
20. Byr C, White A, Byrd-Bredbenner C, Green G, Koenings M, Horacek T, Hoerr S, Phillips B, Colby S, Brown-Esters O, Stabile Morrell J, Kidd T, **Olfert M**, Shelnutt K, Cuirong R, Kattelmann K. Project YEAH: Effectiveness of a Theory-based, Web-delivered Intervention for Increasing Fruit and Vegetable Intake. *JNEB Suppl*, Aug 2013.
21. Kattelmann K, White A, Byrd-Bredbenner C, Greene G, Horacek T, Kidd T, Phillips B, Colby S, Brown O, Hoerr S, Shelnutt K, **Olfert M**, Koenings M, Stabile Morrell J. Project YEAH: Development of a web-delivered theory-based intervention for preventing excess weight gain in young adults. *International Congress of Nutrition Meeting*, Granada, Spain, September 2013.
22. Morrell J, **Olfert M**, Byrd-Bredbenner C, Quick V, Dent A, Kattleman K, Carey G. Impact of a Tailored, Internet-based Intervention on Metabolic Risk Among College Adults. International Society of Nutrition and Physical Activity (ISBPA) Annual Meeting, Ghent, Belgium May 22-25, 2013.

23. Koenings M*, Horacek T, Kattelman K, Byrd-Bredbenner C, Gurka M, Philips B, **Olfert M** Vending machines, sugar-sweetened beverage (SSB) use, and weight status of college students. *FASAB J* 2013 27:121.4
24. **Olfert M**, Smith E*, Flanagan S, Colby S, Shanklin K, White A, Mathews D, Yerxa K, Franzen-Castle L, Krehbiel M, Kattelman K, Koens A. iCook: Lessons Learned about Recruiting Youth and Their Primary Adult Food Preparers for a 4-H Cooking Intervention. *FASAB J* 2013 27:1063.18
25. Franzen-Castle L, Krehbiel M, White A, Mathews D, Yerxa K, Colby S, Donaldson A, Kattelman K, Koens A, **Olfert M**, Flanagan S. iCook: Developing a 4-H Curriculum for Youth and Adults. *FASAB J* 2013 27:1067.9
26. Mathews D, Yerxa K, Franzen-Castle L, Krehbiel M, Colby S, Meade R, Kattelman K, Kabala C, **Olfert M**, Kattelman K, White A. iCook: Use of an Online Process Evaluation to Facilitate Quality Control of a 5-State 4-H Program. *FASAB J* 2013 27:367.5
27. Colby S, Shanklin K, **Olfert M**, Flanagan S, White A, Mathews D, Yerxa K, Franzen-Castle L, Krehbiel M, Kattelman K, Koens A. iCook: Technology development for use in a Youth and Adult 5-State 4-H Program. *FASAB J* 2013 27:36.2
28. Koenings M*, Kattelman K, **Olfert M**. The College Alcohol Environment's Effect on Student Alcohol Consumption and Physical Activity. *Medicine Sc and Ex* 2013; 45(Suppl): 1182:127.
29. Horacek TM, White AA, Byrd-Bredbenner C, Reznar MM, **Olfert MD**, Morrell JS, Koenings MM, Brown ON, Shelnut K, Kattelman KK, Greene GW, Colby SE, Thompson-Snyder CA. PACES: a Physical Activity Campus Environmental Supports Audit on University Campuses. *Am J Health Promot* 2014 Mar-Apr;28(4):e104-17. doi: 10.4278/ajhp.121212-QUAN-604.
30. Morrell J, Byrd-Benner C, Quick V, **Olfert M**, Dent A, Carey G. Metabolic Syndrome: Comparison of Prevalence in Young Adults at 3 Land-Grant Universities. *Journal of American College Health*. 841703. 2013
<http://www.tandfonline.com/doi/abs/10.1080/07448481.2013.841703?journalCode=vach20#preview>
31. Koenings MM, Horacek T, Kattelman KK, Byrd-Bredbenner C, Gurka M, **Olfert MD**. (In Review 2013) Vending machines, sugar-sweetened beverage (SSB) use, and weight status of college students. *Journal of the Academy of Nutrition and Dietetics*.
32. Fournier SB, Reger BL, Donley DA, Bonner DE, Warden BE, Gharib W, Failing CF, **Olfert MD**, Fisbee JC, Olfert IM, Chantler PD. Exercise reveals impairments in left ventricular systolic function in patients with metabolic syndrome. *Exp Physiol*, 075796. 2013.
33. Kattelman K, White A, Greene G, Byrd-Bredbenner C, Hoer S, Horacek T, Kidd T, Colby S, Phillips B, Koenings M, Brown O, **Olfert M**, Shelnut K, Morrell J. Development of Young Adults Eating and Active for Health (YEAH) Internet-Based Intervention via a Community-Based Participatory Research Model. *J. Nutr. Education & Behavior*. 2014 doi:10.1016/j.jneb.2013.11.006 [http://www.jneb.org/article/S1499-4046\(13\)00714-8/abstract](http://www.jneb.org/article/S1499-4046(13)00714-8/abstract)
34. Koenings M*, Kattelman K, **Olfert M**. The College Alcohol Environment's Effect on Student Alcohol Consumption and Physical Activity. *Medicine Sc and Ex* 2013; 45(Suppl):1182:127.
35. Byer C, White A, Byrd-Bredbenner C, Green G, Koenings M, Horacek T, Hoerr S, Phillips B, Colby S, Brown-Esters O, Stabile Morrell J, Kidd T, **Olfert M**, Shelnut K, Cuirong R, Kattelman K. Project YEAH: Effectiveness of a Theory-based, Web-delivered Intervention for Increasing Fruit and Vegetable Intake. *JNEB 2013:45(4Suppl1):P172*.
36. Kabala C, Koens AR, Meandering JR, White AA, Mathews DR, **Olfert MD**, Smith E, Gebremariam Y, Colby SE, Sparks A, Franzen-Castle L, Hall J, Kattelman KK. iCook 4-H: Assessment of Physical Activity in 9-10 year old Children Participating in a Family-Centered Pilot Intervention. *JNEB 2013:45(4Suppl1):P171*.
37. Buttarazzi S, Mathews D, Aguirre T, Franzen-Castle L, Shanklin K, Colby S, Kabala C, Kattelman K, Smith E, **Olfert M**, Yerxa K, White A. Cook 4-H: Piloting a Childhood Obesity Prevention Program – Anthropometrics and Dietary Intake of Children 9-10 years old. *JNEB 2013:45(4Suppl1):LB*
38. White A, Colby S, Franzen-Castle L, Kattelman K, **Olfert M**. iCook: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention. *JNEB 2013:45(4Suppl1):UP53*.
39. Walsh JR, Byrd-Bedbenner C, Stabile Morrell J, Colby S, Brown-Esters ON, Greene G, Hoerr S, Horacek T, Kattelman K, Kidd T, Koenings M, Phillips B, Shelnut K, **Olfert M**, White A. Examining the differences in anthropometric measures and dietary intake of young adults attending college or job training programs *JNEB 2013:45(4Suppl1):P145*.
40. Donaldson A, Colby S, Franzen-Castle L, Kattelman K, Olfert M, White A. Building cooking confidence as a foundation for a healthy diet. *Southern Obesity Summit*. Nashville, TN Nov 18, 2013.
41. McPartland S, Melanson K, Greene G, Blissmer B, White A, **Olfert MD**, Byrd-Bredbenner C, Stabile Morrell J, Kattelman K. Stress, Diet, and Lifestyle in College Students: Analysis of the YEAH Study. *Obesity Society*, Nov, 2013.
42. Barr M*, Clark L, Chertok I, **Olfert MD**. Identifying Barriers of Women in Appalachia with Gestational or Existing Diabetes during Pregnancy. *URDC*, Charleston, WV January 30, 2014.
43. Kabala C, Kattelman K, Meandering J, Mathews D, **Olfert MD**, Colby S, Franzen-Castle L, White A. iCook-4H: Measuring Sedentary Activity in 9-10 year old Children. *FASEB J* 2014 28:LB460
44. **Olfert M D**, White J, Wells A, Franzen-Castle L, Colby S, Kattelman K, Matthews D, White A. iCook4H: Dyad Model (youth/adult pair) used in recruiting for a multistate study, *FASEB J* 2014 28:A262.5

45. Baker K*, **Olfert M**. Incorporating Nutrition Education through applied, hands-on Culinary Elective in Medical School Training. *FASEB J 2014 28:C79*
46. Famodu O*, Bryner R, Montgomery-Downs H, **Olfert M**. Effects of Extended Sleep on Female Athlete's Performance and Nutrition. *FASEB J 2014 28:C199*
47. Popelka J*, Quick V, Murray P, **Olfert M**. The Use of Technology in Eating Disorder Treatment Programs. *FASEB J 2014 28:C81*
48. Miller A, Franzen-Castle L, White A, Mathews D, Colby S, Meade R, Kattelmann K, Kabala C, **Olfert M**, White J. Characteristics and Kitchen Proficiency of Adults at Intervention Baseline: iCook 4-H. *JNEB 2014:46(4Suppl1)*:
49. Franzen-Castle L, Krehbiel M, White A, Mathews D, Colby S, Donaldson A, Kattelmann K, Koens A, **Olfert M**, Flanagan S. Assessing the Effectiveness of an Intervention Curriculum for Adults and Youth. *JNEB 2014:46(4Suppl1)*:
50. White A, Colby S, Franzen-Castle L, Kattelmann K, **Olfert M**. iCook: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention. *JNEB 2014:46(4Suppl1)*:
51. Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Nitzke S, Horacek T, Hoerr S, Kidd T, Colby S, **Olfert M**, Brown O, Shelnut K, Phillips B, Morrell J. Development of a randomized trial guided by the process of PRECEDE-PROCEED for the prevention of excessive weight gain in communities of young adults. *JNEB 2014:46(4Suppl1)*:
52. White A, Colby S, Franzen-Castle L, Kattelmann K, **Olfert M**. Anthropometrics and Dietary Intake of Children at Intervention Baseline: iCook 4-H. *JNEB 2014:46(4Suppl1)*:
53. Mathews D, Yerxa K, Franzen-Castle L, Krehbiel M, Aguirre T, Colby S, Meade R, Kattelmann K, Kabala C, **Olfert M**, Wells A, White A. Fidelity of Implementation of a 4-H Program to Promote Culinary Skills and Family Meals of Obesity Prevention: iCook 4-H. *JNEB 2014:46(4Suppl1)*:
54. Colby S, Meade R, Donaldson A, Franzen-Castle L, Plaggemeyer A, Kattelmann K, Merfeld C, Mathews D, Smith E, **Olfert M**, White A. Child Food Intake and Habits at Intervention Baseline: iCook 4-H. *JNEB 2014:46(4Suppl1)*:
55. **Olfert M**, Lilly C, White J, Flanagan S, Meade R, Franzen-Castle L, Krehbiel M, Kattelmann K, Wilson-Sweebe K, Mathews D, White A. Health Disparities including and Not Including Race Correlate to Quality of Life: iCook 4-H. *JNEB 2014:46(4Suppl1):LB*
56. Smith E*, Root A, Flanagan S, Colby S, Meade R, Franzen-Castle L, Aguirre T, Kattelmann K, Kabala C, White A, Mathews D, **Olfert M**. Assessing Blood Pressure and Quality of Life in 9-10 year old Children: iCook 4-H. *JNEB 2014:46(4Suppl1)*:
57. White J*, Wells A, Colby S, Donaldson A, Franzen-Castle L, Miller A, Kattelmann K, Merfeld C, Mathews D, White A, **Olfert M**. Collecting Highlights from Leaders about a Cooking and Physical Activity Program for Family Dyads: iCook 4-H. *JNEB 2014:46(4Suppl1)*:
58. Merfeld C, Kattelmann K, Meendering J, Mathews D, **Olfert M**, White J, Colby S, Meade R, Franzen-Castle L, Aguirre T, White A. iCook 4-H: Report of the correlation between quality of life measures and physical activity in 9-10 year old children. *JNEB 2014:46(4Suppl1)*:
59. Bates J, White A, Mathews D, Colby S, Franzen-Castle L, Kattelmann K, **Olfert M**. Coming Together: Family Relationships and Healthy Food Preparation. *JNEB 2014:46(4Suppl1)*:
60. Ackermann S*, Brown C, **Olfert M**. Choice Architecture for Promoting Healthy Eating Environments: Café NudgeSAT Project. *JNEB 2014 46(4Suppl1)*:
61. Meade R, Colby S, Donaldson A, Franzen-Castle L, Plaggemeyer A, Kattelmann k, Kabala C. Mathews D, White J, **Olfert M**, White A. Influencers of Family Meal Experience: iCook 4-H. *JNEB 2014:46(4Suppl1)*:
62. Donaldson A, Colby S, Franzen-Castle L, Kattelmann K, Merfeld C, **Olfert M**, Plaggemeyer A, White A, White J, Yerxa K. Cooking Behavior and Self-Efficacy of 9-10 Year Old Youth. *JAND 2014:114(9suppl3):A- FNCE Atlanta GA, Oct 20, 2014 (accepted)*
63. Matthews M, Horacek TM, **Olfert MD**, Koenings MM, Shelnut KP, Stocker C, Golem D, Kattelmann K, Colby S, Franzen-Castle L, Brown ON, Morrell, JS Development, Implementation and Validation of the Healthy Density Vending Machine Audit Tool (HDVMAT). *JAND 2014:114(9suppl3):A- FNCE Atlanta GA, 2014 (accepted)*
64. Koenings MM, Kattelmann KK, **Olfert MD**, Nitzke SA. College Alcohol Environment, Student Alcohol Self-Efficacy and Alcohol Consumption Patterns. *JAND 2014:114(9suppl3):A- FNCE Atlanta GA, 2014 (accepted)*
65. Tench T, Byrd-Bredbenner C, Colby S, Greene G, Koenings M, Hoerr S, Horacek, Kattelmann K, Kidd T, Morrell J, **Olfert M**, Phillips B, Shelnut K, White A, Brown O. Racial Differences in Anthropometric Measures and Dietary Intake of College Students. *JAND 2014:114(9suppl3):A- FNCE Atlanta GA, 2014 (accepted)*
66. Kattelmann K, Byrd-Bredbenner C, White A, Greene G, Hoerr S, Kidd T, Colby S, Horacek T, Phillips B, Koenings M, Brown O, **Olfert M**, Shelnut K, Morrell J. The effects of Young Adults Eating and Active for Health (YEAH): a theory-based web-delivered intervention. *J. Nutr. Education & Behavior*. 2014 (in press)

C. Research Support

Ongoing Research Support

- USDA - Hatch Olfert (PI) 11/1/2011-10/30/2015
 Determinants of Health Behavior change in Young West Virginian Adults to Prevent Chronic Disease Through Development of a Randomized Trial Using Web-Based Lifestyle Intervention
 The goal of this study is to use the Community Based Participatory Research (CBPR) model to expand the scope of understanding weight gain related issues in the quality of life, health, behavioral, environmental and educational needs identified in college students and to extend this understanding of economically-disadvantaged young adults.
 Role: PI
- USDA - Hatch/Multi-state NC1193 Olfert (PI) 1/1/2012-12/30/2016
 Assessing and Addressing Individual and Environmental Factors that Influence Eating Behavior of Young Adults'
 The goal of this study is to use the Community Based Participatory Research (CBPR) model to expand the scope of understanding assessing individual and environmental factors that affect weight gain related issues in the quality of life and health in college students and to extend this understanding to design affective obesity/overweight intervention programs for young adults.
 Role: Project PI for West Virginia Initiatives
- USDA – AFRI Childhood Obesity White (PI) 1/1/2012-12/30/2016
 iCook: A 4-H Program to Promote Culinary Skills and Family Meals for Obesity Prevention
 The goal of this study is to use the Community Based Participatory Research (CBPR) model to expand the scope of understanding assessing individual and environmental factors that affect weight gain related issues in the quality of life and health in college students and to extend this understanding to design affective obesity/overweight intervention programs for young adults.
 Role: Project PI for West Virginia Initiatives
- USDA – Behavioral Health Initiative Olfert (PI) 3/1/2014-2/30/2016
 NE Behavioral Health Specialist for the CAPE Project (Community Assessment and Education to Promote Behavioral Health Planning and Evaluation)
 Role: PI – NE Regional Specialist
- USDA – AFRI Childhood Obesity Colby (PI) 8/1/2014-12/30/2016
 Get Fruved: A Peer-led, Train-the-Trainer Social Marketing Intervention to Increase Fruit and Vegetable Intake and Prevent Childhood Obesity
 Role: Project PI for West Virginia Initiatives