Golden Times

November 2018 Issue XI

Find the

hidden inside this newsletter. When you find the glasses, call the center at 740-852-3001 by Friday, November 16th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the pumpkin was found on page 5.

> Congratulations to Evelyn Sullivan, the lucky winner!

The Center will be closed November 22 and 23 for

Thanksgiving.



2018 Governing

Board Members

Donna Sheridan-President

Jerry Tompkins-Vice President

Shirley Witwer-Secretary

Jean King Eilene Duncan

Sharon Manion

Loretta Anthony

Steve Saltsman

Madison County Senior Citizens Center





Salutations! It is October 22nd as I am writing this and we have a very busy November ahead of us, so get your calendars out, here we go. First up we're hosting our 5th annual Holiday Craft Bazaar on Saturday, November 3rd, 9:00 a.m. to 2:00 p.m., our Veteran's Day program on Friday, November 9th, our annual Thanksgiving Lunch on Wednesday, November 14th. We are also having our annual board member election on November 14th, you can meet the candidates on Wednesday, November 7th at noon. We have 2 seats to fill and we have 3 people running for those seats: Donna Sheridan, Jerry Tompkins and Louise Holbrook, Donna and Jerry are running for re-election. Remember in order to cast your vote at the election, your dues needed to be paid 60 days before the election date. Whew busy month...Remember the center is closed on November 22nd & 23rd for Thanksgiving.

There will be a change in the annual dues going into the New Year. The governing board voted to adjust the dues for married members, so for 2019, single members will continue to pay \$15.00 for the year and married couples will pay \$25.00 for the year. Basically your dues pay for the newsletter printing and mailing, since we don't mail out two newsletters for each person in a household, we are making the adjustment, we hope this will encourage more couples to join, participate and support the center. Remember you are supposed to be a paid member to utilize the center and participate in the activities, except the café, it is open to the public. You thought we were raising the dues, didn't you?

By request we have a scheduled a couple entertainers for some year-end fun. We will have a little magic after our Christmas dinner on December 12th and Elvis will be in the building for our New Year's Eve day party on Monday, December 31st. Mark your calendars, we would like to have a nice audience for both. Also in December, another request, we will be showing a double feature - Mamma Mia and Mamma Mia! Here we go again, on Friday, December 7th, we will be shutting the wall, starting the movie at 12:00, we will have popcorn and other movie theatre snacks, again mark your calendar, bring your comfy chair. December is going to be a lot of fun!!

Our volunteer snow birds are flying the Ohio coop, we would sure appreciate some volunteers to fill in. If you would like to volunteer, please give Janisse a call. Thank you to all the members for the laughter I hear at the center every day and thank you to everyone that helps at the center every day!

And I can't believe I am saying this already, but I am...Blessings to you and your families as we start the holiday season.



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Monday morning sitting and strengthening exercise class. They like to use scarves for upper body exercises. One of our members donated a whole bunch of new scarves for us. Thank you!









The Adult Day Center had 3 birthday celebrations in October! From the top: Marcia, Linda and Dottie all were celebrated with singing and delicious cake for their special days.



Above from right: Judy Paynter, Leora Seaman, Linda Zimmerman, Paul Seaman and their guide in Sedona, Arizona went on a Pink Jeep Tour. Of course they signed up for the most intense course you could do!



Above: We had 2 and a 1/2 sets of twins on our Snooty Fox trip! Front: Eilene Duncan and Arlene Idlewine, back is Connie Lollo and Bonnie Summerford and to their right is Barb Andrix. Below: Left, Dorothy Alt and right, Linda Zimmerman had a great time on the Snooty Fox trip. Lots of great shopping and friendship!





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Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.





High Euchre Score

9-24-18 Burt Scott 73

10-1-18 Tom Rutschilling 82

10-15-18 Helen Stevens 77

High Bridge Score

9-26-18 Bob Majka 6080

10-3-18 Kate Sparks 4350

10-10-18 Jerry Cummins 6710

10-17-18 Kate Sparks 4670

Welcome New Members!

Mollie Blizzard Paul Rarey

JoAnn Wright

Diane Eichelberger

Barbara Kennedy

Joseph Cahill Diane Crosby

Phil & Lynn Henry

Trish Savage Anna Legg

Melodye Bush

Barbara Cligrow Dave Potocki

WEEKLY SCHEDULE

Monday:

8:30 a.m.-Indoor Walking/Exercise Class

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. - Euchre

Tuesday:

9:00 a.m.- 3 p.m. Quilting Class

10 a.m.-12:00 p.m. - Bowling at Madison Lanes

1:30 p.m.- Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:30 p.m.- Line Dancing NOTE NEW TIME!!

Wednesday:

8:30 a.m. Indoor Walking/Exercise Class

9:00 a.m. - Chair volleyball

10:30 a.m. -Aerobics/Strengthening Class

12:05 p.m. - Bridge

1:15 p.m.- Yoga

2:00 p.m.- Diabetes and Weight Loss Support Group

Thursday:

9:00 a.m.. - Chair volleyball

9:00 a.m.- Fun Bingo November 1st, 15th and 29th

Friday:

8:30 a.m. Indoor Walking/Exercise Class

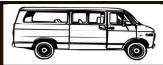
9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes November 2nd and 16th

1:00 p.m.- Free Movie and Popcorn at the senior center. See what is playing on page 4.

Fitness room is open everyday Monday through Friday.

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UPCOMING DAY TRIPS!!



<u>GAMMON HOUSE TOUR</u>-Thursday, November 15th. Trip fee for the van will be \$5. Learn about the historical significance of this Underground Railroad house in Springfield, Ohio. Gammon House doesn't charge admission but accepts donations. Our tour is at 1 p.m. So we will leave the center at 12:15 p.m.

NOVEMBER MYSTERY LUNCH—**Thursday, November 29th.** Van fee is \$5. We will leave the Center at 10:30 a.m.

<u>TUTTLE MALL SHOPPING</u> –Tuesday, December 4th. Trip fee for the van is \$5. We will leave the center at 9:30 a.m. and then leave the mall at 1:00 p.m. Lunch is on your own at the mall. There is a food court and other options around the mall.

<u>DECEMBER MYSTERY LUNCH</u>—Thursday, December 13th. Van fee is \$5. We will leave the center at 10:30 a.m. After lunch we will be making a stop at the Tropical Fruit and Nut store.

<u>VETERAN'S MEMORIAL</u>—*New Date!!* Wednesday, December 19th. Vans will leave the Center at 9:30 a.m. The trip fee is \$5 to ride the van. You will pay your entry fee of \$15 at the door. That is a senior discount. We do have 2 full vans for the first trip already and we will be contacting those people. We will have lunch after our tour at the Spaghetti Warehouse.

JANUARY MYSTERY LUNCH-Thursday, January 10th. Van fee is \$5. We will leave the Center at 10:30 a.m.

MARCY'S CLAYGROUND-Friday, January 25th. Let's get creative! We will leave the Center at 9:30. Fee for this trip is \$5 to ride the van. When we arrive you will purchase a piece of pottery to paint. You will pay the price of the pottery you choose plus 50% for supplies, glazing and firing. So, for example, a \$10 piece would cost you a total of \$15 plus tax. Prices range from \$3-\$50. We will leave our painted pieces there and will pick them up the following Friday. We will grab lunch afterward and try to make it back for the Friday movie at the Center. Please sign up by January 11th if you are interested.

<u>VETERAN'S MEMORIAL</u>-Thursday, January 31st. We will be in contact with those that signed up as interested. Van fee is \$5. You will pay your \$15 senior citizen entry fee at the door. We will leave at 9:30 a.m. Lunch will be on your own at the Spaghetti Warehouse.

****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!

Day Trip Payment and Cancellation Policy

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If you have questions please contact Janisse at 740-852-3001.

Delightful Dining

Sign up early! Sometimes late reservations cannot be accommodated at the restaurants. Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

Monday, November 5, 2018 Werner's BBQ

11396 Allen Road

Jeffersonville, OH 43128

Vans leaving the center at 5 p.m. and arrive at the restaurant at 5:30 p.m.

Monday, December 3, 2018 Matt the Miller's Tavern

6725 Avery-Muirfield Drive Dublin, OH 43016

NOTE!! Vans leave at 4 p.m. Arriving at the restaurant around 5 p.m.

Overnight Trip Information



2019 Tulip Time Festival in Holland, Michigan May 7-9, 2019. This trip is 3 days and 2 nights. It includes The Tulip Time Festival, Fiddle Fire Dinner and Show, Windmill Island, DeZwann Windmill, Parade Klompen Dancing, Arts and

Crafts Fair, Quilt Show, Dazzle Dinner Show. Tour Fare includes, motorcoach transportation, 2 nights lodging, 2 breakfasts and 2 dinners, all shows and admissions, tips for driver, guides and porters, tour manager. Double \$599 pp, Single \$749 pp. A deposit of \$100 per person is due to secure your reservation with the balance due by March 1, 2019. Insurance is available and must be paid for at the time of your deposit. Insurance is \$34 per person/double and \$44 per person/single.



Alaskan Cruise -September 9-18, 2019 Nine nights, 10 day tour & cruise. Includes a night in Seattle before the cruise and a night in Vancouver post cruise, flight from Columbus to Seattle and return from Vancouver, transfers in Seattle & Vancouver, all meals on board the Carnival Legend, cruise highlights include Tracy Arm Fjord, Skagway,

Juneau, Ketchikan, choose your own excursions. <u>Estimated</u> flight, air and cruise \$2725 pp double interior, \$3425 pp double balcony, \$3625 pp single interior. If you are interested, please call the center and we can check to see if there is still room on the trip. **Final payment due by June 1**,

Membership Dues

2019 Membership Dues should be paid by January 31st, 2019. New for 2019 is: Individual dues are \$15 and dues for couples are \$25. You may pay either at our Center office or by mailing it in to: Madison County Senior Citizens Center, P.O. Box 389, London, OH 43140. Cash or check only.

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Board Election

Meet the Candidates will be held on Wednesday, November 7th at noon. Candidates this year are Jerry Tompkins (incumbent), Donna Sheridan (incumbent) and Louise Holbrook.

They will introduce themselves and take questions.

The Board Election will be held on Wednesday, November 14th, 2018. In order to vote, your 2018 dues should have been paid 60 days before the election which would have been September 15th. Call the center office if you are not sure when you paid.

New board terms begin January 2019.

Volunteer for AARP Tax Site in London

AARP in conjunction with the IRS offers free tax services for low income individuals. The site in London on Elm Street has been open for 5 tax seasons. They are in need of a Tax Preparer (Tax Counselor) for the upcoming tax year. No knowledge of the tax code is required. You will attend training for several days in January. The tax season starts the beginning of February and goes through the beginning of April The hours are Monday and Wednesday 9:00 a.m. – 4:00 p.m.

If interested, please contact Brian Welch, 740-206-2468 or bwelch@columbus.rr.com.

In the Kitchen with Joanna

This is the only thing an old boss of mine used to make as his wife usually did all the cooking. It is a wonderful dessert and very unexpected.

Ritzi Mitzi

Part 1– 20 Ritz Crackers rolled and crushed

1/2 C. sugar

1/2 C. crushed walnuts

Combine all Part 1 and mix well.

Part 2-3 egg whites

1/2 C. sugar 1/4 tsp. vanilla

Dash of salt

In a separate bowl combine egg whites, sugar, salt and vanilla. Beat until stiff. Fold contents of Part 1 into Part 2. Pour into a greased pie plate. Bake 1/2 hour at 350 degrees. Cool. Cover with Cool Whip, grate chocolate on top of whipped topping. Cut into pie shaped pieces, Keep refrigerated.

Free Popcorn!

Friday Cinema



November 2 No movie-Set up for Holiday Craft Bazaar

November 9 Let There Be Light Kevin Sorbo, Sam Jenkins PG-13-2017 Faith Drama

November 16 The Spy Who Dumped Me Mila Kunis, Kate McKinnon R-2018 Comedy

November 23 No Movie

November 30 The Man Who Invented Christmas Christopher Plummer, Dan Stevens PG-2017 Drama

Movies subject to change due to availability

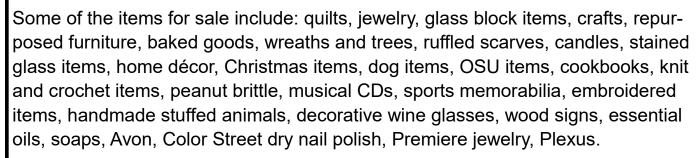
5th Annual Holiday Craft Bazaar Free Raffle Prizes!!

Saturday, November 3rd, 2018

9:00 a.m. to 2:00 p.m.

Senior Café open offering Breakfast and Lunch items.

Free admission! Start your Christmas shopping early!



Come early for best selection!!

Greetings from the Adult Day Center!

We are so thankful for all the generous donations we have received towards Bingo prizes.

We celebrated birthdays of our volunteer, Janet, members Marcia, Dottie and Linda. We love birthday celebrations! Many thanks to Linda Zimmerman for delicious treats she made for us for snacks. We really want to "welcome back Rheta". It is so nice to have her back!

Please remember to come visit and "spend" at our table on November 3rd at the Craft Show. Proceeds to benefit our Day Center members. Thank you for your support in advance!

Have a wonderful Fall and Happy Thanksgiving!

Day Center Staff-Beth and Jeanna

Rays of Hope For Seasons of Life Support Group Tuesdays at 1:30 p.m. at the Senior Center

Having an attitude of gratitude in our life will bring peace and hope for our tomorrows. At this time we are working through the many ways we experience grief, it is not just the death of a loved one, but the loss of what was normal and now has become our new normal. That does not mean we are always comfortable about this season, but together we learn to deal.

Questions: Contact Donna Wharton at: dmwharton342@yahoo.com or 740-490-5936.

Ms. Wharton is a Faith Based Care Counselor.

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Veteran's Day Program at the Senior Center

Friday, November 9, 2018

Noon

Come out and honor our Veterans with us!



New Year's Eve Party at the Center with special

guest "Elvis Presley"!

Members only!

Monday, December 31 11:30 a.m.

Lunch provided
Please bring a dessert, appetizer or snack to share.

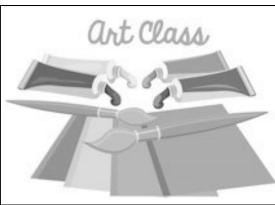


Lottery tree!

Tickets available at the Center front office through noon December 7th.



1 for \$1 or 5 for \$5. When we draw a name on December 7th that person will win all the lottery tickets on the tree. The possibilities are endless of what you could win! You are also guaranteed to win at least \$50 cash!



Special demonstrations for the Friday morning art classes at 9:30 a.m. We will be doing some original art as Christmas cards and watercolors and possibly acrylic. Afterwards we will do small paintings as Christmas presents to be mailed out as 5 x 7 or 8 x 10. We will show you how to set up your own personal production line for creating art.

В	Judy Hastings	114	Bill Link	134	Carolyn Garver	142	Deb Weisman 74
0	Karen King	141	Larry Threlkeld	123	Barb Florence	93	Jane Hackworth 74
W	Carl King	158	Paul Hackworth	150	Ann Pickens	96	a a
L	Barb Gordin	115	Barb Cooper	84	Ray Sheridan	161	at st s
I	JR Venrick	156	John Conn	141	Cecil Herman	101	N/SI
N	Barb Andrix	98	Gene Noble	112	Jim Harden	127	
G	Duane Glass	182	Linda Ridolfo	161			

Food Drive

October 9 through November 16

Donations of non perishable food items such as soup, dry pasta, baby food, canned fruit and vegetables are appreciated. Please make sure food items are not expired. Also tissues and toilet paper will be accepted as well. Thank you in advance for your generosity!

November Birthdays

Patron	Birthday	Patron	Birthday
Holbrook, Louise	11-01	Robinson, Nancy	11-17
Wharton, Donna	11-01	Richmond, Linda	11-17
Hillard, Robert	11-02	Nelson, Cheryl	11-17
Russell, Brenda	11-03	Studebaker, Helen	11-18
Fischer, Delores	11-03	Carter, James D.	11-18
Henry, Wanda	11-03	Ditalia, Carol	11-18
Stringer, Anita	11-04	Deck, Barbara	11-18
Stonerock, Paul	11-04	Guinther, Claudia	11-19
Kraft, Florin	11-04	Burdett, Diane	11-19
Hackworth, Jane	11-05	Cronenwett, Mary Jane	11-20
Ramey, Donna	11-06	Hackworth, Paul	11-21
Evans, Trudy	11-06	Butterfield, Lewis	11-23
Davis, Stephen	11-08	Litchfield, Shirley	11-23
Miller, Cora	11-09	Horne, Karen	11-24
Clifton, Mary Jane	11-09	Hysell, Donald	11-24
Stewart, Marilyn	11-09	Baker, Marcia	11-24
Swackhammer, Jay	11-09	Siders, Dale	11-24
Vance, Dale	11-10	McCarty, Terry	11-26
Duncan, Linda	11-11	Wells, Betty	11-28
Evans, Roger	11-11	Cummins, Jerry	11-28
Adams, Roger	11-11	Ballard, Fred	11-29
Boyd, Bob	11-13	Simmers, Dolly	11-29
Kelley, Patricia	11-14	Mowery, Pauline	11-29
Smith, Barbara	11-15	France, Kassie	11-29
Maddux, Paul	11-15	Ridolfo, Linda	11-30
Croghan, Harry	11-16	Rees, Elinda	11-30
Griffith, Gladys	11-17	Rogers, Carol	11-30
Knox, Kenneth	11-17		

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Thanksgiving Jokes!

Pat: What's the difference between a pirate and a cranberry farmer?

Jerry: I don't know. What?

Pat: A pirate buries his treasure, but a cranberry farmer treasures his berries.

Pat: Can a turkey jump higher than the Empire State Building?

Jerry: Yes, of course! A building can't jump at all.

A man buys a parrot only to have it constantly insult him. He tries everything to make the parrot stop, but nothing works. Frustrated, the man puts the parrot in the freezer. After a few minutes the insults stop. The man thinks he might have killed the parrot, so he opens the freezer and takes the parrot out. The parrot is shivering. It stammers, "S-s-sorry for being r-r-rude. Please f-f-forgive me." Then, after a moment the parrot softly asks, "W-w-what exactly d-d-did the turkey do?"





Membership Individual \$15 Family \$25 Sponsor \$50+ Individual Lifetime \$250 Registration Form on Website E-mail FMCPT@columbus.rr.com

Support:

The Madison County Park District

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Veteran's Benefits

Timothy R. Stonecipher, Attorney

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P.O. Box 389 280 West High Street London, OH 43140

Phone: 740-852-3001 Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at Madison County Senior Citizens Center



November 2018

Misty Bradley, Executive Director Ramalingam Selvarajah, M.D., Medical Director Janisse Williams, Activity Coordinator/Marketing Marilyn Lowery, Front Office/ Substitute Driver Ruth Kennedy, Staff Nurse/Wellness Coordinator Beth Dillion, Daycare Aide Jeanna Bernard, Daycare Aide Bonnie Radcliff, Daycare Aide/Substitute Sandy Darlington, Daycare Aide/Substitute Jackie Cain, Homemaker Joanna Sadler, Chef Steven Wehrs, Cook **Brenda Castle, Transportation Coordinator** Carolyn Wilson, Driver Wayne Bricker, Substitute Driver **Betty Lawrence, Substitute Driver**

Dated Material

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.