Hi Parents,

Hope everyone is having a great week!

During last weeks LIT session, the girls became scientists! We started off with an experiment where we explored the acid base reaction between baking soda and vinegar. The girls combined baking soda and vinegar in an empty water bottle and placed a balloon over it. When the two reactants combined, gas was produced and causes the balloon to inflate (check out the pictures below!) Next, we played a teamwork activity. We first split the girls into smaller teams and gave each team a rubber band with strings attached. We then told the girls that they needed to stack the cups in a pyramid with the rubber band and strings without using their hands. It was great to see that so many of the girls used their creativity and teamwork skills to figure out how to stack the cups in a pyramid!

This is also a friendly reminder that we will be holding a LIT session **this friday, October 21st.**

We hope to see everyone soon,

Ladies in Training