Vol 5: Issue 4



RecoveryWerks!

Changing the world through recovery one **under**served community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.

Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

An end of year donation to RecoveryWerks! is tax deductible and has a huge impact in bringing recovery to teens andfamilies in our community. Please click on or enter the link below to give today. Thank you!

Welcome Nick!

My name is Nicholas James Bowne. I'm 23 years old and I am a person in long term recovery from substance use disorder. My sobriety date is June 2nd 2015, I got sober when I was 16 years old.



APRIL 2022

I started using drugs at the age of 13. My life changed completely that day, before I wanted to play sports. I always cared about my family and nurturing my relationships. However, that day I smoked weed my interests automatically changed. Undoubtedly, I was interested in doing drugs as much as I could.

The lines between true and false blurred. Drugs seemed to be the only normal thing. I had a friend that was taken to rehab and when he returned he was alive, confident, and had a true sparkle in his eye. I wanted what he had so I weighed out my options. I was honest with myself and knew what drugs could give me- a miserable existence. However, I did not know what sobriety could give me, so I took a chance. I made the decision to not do drugs the next day, but instead attend the alternative peer group meeting at Rise Recovery. They made me feel loved and also validated the ideas that I had. It felt so real because it was. Shortly after I got a sponsor and commenced to get started on the twelve steps and a way of life that is vastly more enjoyable than I ever dreamed of.

Today I have become a person that I never dreamed I could become. I have gotten to access all the dreams I didn't even know I had. I can go anywhere and do anything all thanks to peer recovery support and the twelve steps. Currently, I am a peer recovery support specialist at RecoveryWerks!, giving back what was so freely given to me.



For tools and resources on raising awareness and educating decision makers visit: **nwpttc.org**

#ProofIsInTheNumbers #AlcoholAwarenessMonth



RecoveryWerks! Page 2 of 2

Meeting Schedule

Teens (up to 18): Monday & Wednesday 7-8pm in person only @ 790 Landa Street, New Braunfels Thursday 7-8pm in person only @ 1781E Ammann Rd, Bulverde

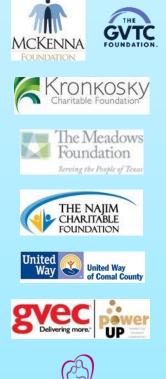
Young Adults (18+): Monday & Wednesday 7-8pm in person only @ 790 Landa Street, New Braunfels Thursday 7-8pm in person only @ 1781E Ammann Rd, Bulverde

Family Members (18+): Monday & Wednesday

7-8pm in person* @ 790 Landa Street, New Braunfels *Call for Zoom option

Thursday 7-8pm in person only @ 1747 E Ammann Rd, Bulverde New Gens (Family members between 9-17) *Must have a family member participating in the program Monday 7-8pm in person only @ 790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.



Baptist Health Foundation

Get your Individual Tickets or be a Table Sponsor! Visit <u>Recoverywerks.org/event</u> for more information







To get tickets, visit: www.recoverywerks.org/events.html

(830) 310-2456 or (830) 310-2585

Presenting Sponsor:

Recovery Champion Sponsors:



Thank you to our Table Sponsors! Recovery Advocates: The Powers Family The Daxon Family **Recovery Affiliates:** Jefferson Bank Ŷ FIRST FOOTING NB HOUSING SCHRIVER **The Dupnick Family Stay Connected!** Scan Here for Like RecoveryWerks! on Facebook and Instagram Easy Giving For more resources visit www.recoverywerks.org 790 Landa Street, New Braunfels, TX 78130

Rolling Forward in Recovery with Brandon Novak

Date and time Fri, May 20, 2022 11:30 AM – 1:00 PM CDT

Location McKenna 801 West San Antonio Street New Braunfels, TX 78130

