

My dearest young friends in Jesus:

You are right in the middle of Summer. Summer is a season of growth. All the living creatures are busy working in God's creation. We see trees put on greens. Flowers bloom. Butterflies and bumble bees travel flowers to flowers. So do we the children of God.

I want you to grow not only in stature but also in love of God in Creation. As you spend this season of summer, away from your school, I pray that you would be soaked in God's creation between Sundays.

On Sundays, while your praising God, I would like you to have a fun cooking event with God's Holy Word. Each week you will experience about how important a daily food has been throughout the ages of the lives of God's people. We may learn a bit of iceberg of that love from our weekly fun study with "Delicious Bible Study."

While cooking, you will learn a heart of Jesus, serving and caring. You will serve other grownup fellow men and women with your recipes immediately after each service on Sundays.

Have fun with each cooking event. Experience God while you serve. May God bless you! You will learn how much you grow at the end of the season of growth! Have a great summer!

Peace,

Rev. DaeHwa Park

Pastor

Serving a multi-site of

The United Methodist Church of Savage, Savage, MD

Lanham United Methodist Church, Lanham, MD

Res Dar Kula RK

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Table of Content

1. Apple Salad as Adam's Apple That Indicates Original Sin

Sunday, June 26, 2016 Page 4

2. Animal Cookies as the Passengers on Noah's Ark

Sunday, July 3, 2016 Page 6

3. Apple Sauce as Mortar or Brick without Straws

Sunday, July 10, 2016 Page 8

4. Ice Water as Living Water from the Rock

Sunday, July 17, 2016 Page 10

5. Donuts or Pancakes as Unleaven Breads at Passover

Sunday, July 24, 2016 Page 12

6. Popcorn As Manna in the Wilderness

Sunday, July 31, 2016 Page 14

7. Vanilla Ice Cream as Forgiveness of Sins as White as Snow

Sunday, August 7, 2016 Page 16

8. Shirley Temple as Jesus' First Sign, Turning Water to Wine

Sunday, August 14, 2016 Page 18

9. Grapes as Vine and Branches—Jesus' Relationship with His Disciples

Sunday, August 17 Pages 20

10. Fruit Punch as Fruits of the Spirit

Sunday, August 24, 2014 Page 22

1. Apple Salad as Adam's Apple That Indicates Original Sin

Sunday, June 26, 2016

Dbjectives:

- Children learn about our cultural understanding about "Adam's Apple" as a reminder of the original sin from the days of Adam and Eve in the Garden of Eden.
- Encounter the biblical narrative about the original sin from Genesis 3.
- Help young children learn about lessons from the story while enjoys a cooking event to make Apple Salad.

Menu for the day: Apple Salad

- Text in Context: Genesis 3:1-24
- Read the scripture and let the students talk about what kind of fruit from the tree had God forbidden to eat?

Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?" ² The woman said to the serpent, "We may eat fruit from the trees in the garden, ³ but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die." ⁴ "You will not surely die," the serpent said to the woman. ⁵

"For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." ⁶ When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. ⁷ Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. ⁸ Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. ⁹ But the LORD God called to the man, "Where are you?" ¹⁰ He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid." ¹¹ And he said, "Who told you that you were naked?



Have you eaten from the tree that I commanded you not to eat from?" 12 The man said, "The woman you put here with me-- she gave me some fruit from the tree, and I ate it." 13 Then the LORD God said to the woman, "What is this you have done?" The woman said. "The servent deceived me. and I ate." 14 So the LORD God said to the servent. "Because you have done this. "Cursed are you above all the livestock and all the wild animals! You will crawl on your belly and you will eat dust all the days of your life. ¹⁵ And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel." 16 To the woman he said, "I will greatly increase your pains in childbearing; with pain you will give birth to children. Your desire will be for your husband, and he will rule over you." ¹⁷ To Adam he said. "Because you listened to your wife and ate from the tree about which I commanded you, 'You must not eat of it,' "Cursed is the ground because of you; through painful toil you will eat of it all the days of your life. 18 It will produce thorns and thistles for you, and you will eat the plants of the field. 19 By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return." 20 Adam named his wife Eve, because she would become the mother of all the living. 21 The LORD God made garments of skin for Adam and his wife and clothed them. 22 And the LORD God said. "The man has now become like one of us, knowing good and evil. He must not be allowed to reach out his hand and take also from the tree of life and eat, and live forever." 23 So the LORD God banished him from the Garden of Eden to work the ground from which he had been taken. 24 After he drove the man out, he placed on the east side of the Garden of Eden cherubim and a flaming sword flashing back and forth to guard the way to the tree of life.

Cooking Event: Apple (& Sunflower Seed Salad)*

Prep 25 minutes; Ready in 25 minutes

[Ingredients]

Original recipe makes 24 servings

9 1/2 green apples - washed, cored and cubed

21/3 cup sunflower seeds

43/4 head romaine lettuce - rinsed, dried, and chopped

9 1/2 dill pickles, diced

91/2 tomatoes, diced

21/3 cup ranch-style salad dressing



[Directions]

In a large bowl, mix together the apples, sunflower seeds, lettuce, pickles and tomato. Pour dressing on top, toss and enjoy!

- * Only apple can be served.
- Serve Apple Salad for the worshippers during fellowship hour.

[Cultural Understanding of "Adam's Apple]

There are two main theories as to the origin of the term' "Adam's apple". The "Brewer's Dictionary of Phrase and Fable" and the 1913 edition of Webster's Dictionary point at an ancient belief that a piece of forbidden fruit was embedded in Adam's throat (the first man, according to Abrahamic religions). However, neither the Bible nor other Judeo-Christian writings 5

 $\mathop{ar{ ext{\in}}}$ Original sin may be taken to mean: (1) the sin that Adam committed; $\stackrel{>}{_{\sim}}$ (2) a consequence of this first sin, the hereditary stain with which we are born on account of our origin or descent from Adam. From the earliest times the latter sense of the word was more common, as may be seen by St. Augustine's statement: "the deliberate sin of \gtrless the first man is the cause of original sin" (De nupt. et concup., II, xxvi, 43). It is the hereditary stain that is dealt with here. As to the sin of Adam we have not to examine the circumstances in which it was committed nor make the exegesis of the third chapter of Genesis. (from Catholic Encyclopedia)

mention such a story. In fact, the biblical story does not even specify the type of fruit that Adam ate. Linquist Alexander Gode claimed that the Latin phrase to designate the laryngeal prominence was very probably translated incorrectly from the beginning. The phrase in Latin was "pomum Adami" (literally: 'Adam's apple'). This, in turn, came from the Hebrew "tappuach ha adam" meaning "apple of man". The confusion lies in the fact that in Hebrew language the proper name "Adam" (אדם)literally means "man", while the late Hebrew word used to refer "bump" is very similar to the word used to refer "apple". Proponents of this version contend that the subsequent phrases in Latin and other Romance languages represent a mistranslation from the beginning.

2. Animal Cookies as the Passengers on Noah's Ark

Sunday, July 3, 2016

Dbiectives:

- Children learn about the living creatures saved from Noah's flood.
- Encounter the biblical narrative about God's elect for Noah's Ark from Genesis 6.
- Help young children learn about lessons from the story while enjoys a cooking event to sort Animal Cookies as guided in the story: 7 pairs of the clean animals and 1 pair of the unclean.

$^{\circ}$ Menu for the day: Animal Cookies

- Text in Context: Genesis 6:5-22
- Read the scripture and let the students talk about why God set apart clean and unclean animals in a particular way mentioned in the text.

Genesis G:5 - 22 ⁵ The LORD saw how great man's wickedness on the earth had become, and that every inclination of the thoughts of his heart was only evil all the time. ⁶ The LORD was grieved that he had made man on the earth, and his heart was filled with pain. ⁷ So the LORD said, "I will wipe mankind, whom I have created, from the face of the earthmen and animals, and creatures that move along the ground, and birds of the air-- for I am grieved that I have made them." ⁸ But Noah found favor in the eyes of the LORD. ⁹ This is the account of Noah. Noah was a righteous man, blameless among the people of his time, and he walked with God. ¹⁰ Noah had three sons: Shem, Ham and Japheth. ¹¹ Now the earth was corrupt in God's sight and was full of violence. ¹² God saw how corrupt the earth had become, for all the people on earth had corrupted their ways. ¹³ So God said to Noah, "I am going to put an end to all people, for the earth is filled with violence because of them. I am surely going to destroy both them and the earth. ¹⁴ So make yourself an ark of cypress wood; make rooms in it and coat it with pitch inside and out. ¹⁵ This is how you are to build it: The ark is to be 450 feet long, 75 feet wide and 45 feet high. ¹⁶ Make a roof for it and finish the ark to within I8 inches of the top. Put a door in the side of the ark and make lower, middle and upper decks. ¹⁷ I am going to bring floodwaters on the earth to destroy all life under the heavens, every creature that has the breath of life in it. Everything on earth will perish. ¹⁸ But I will establish my covenant with you, and you will enter the ark-- you and your sons and your wife and your sons' wives with you. ¹⁹ You are to bring into the ark two of all living creatures, male and female, to keep them alive with you. ²⁰ Two

of every kind of bird, of every kind of animal and of every kind of creature that moves along the ground will come to you to be kept alive. ²¹ You are to take every kind of food that is to be eaten and store it away as food for you and for them." ²² Noah did everything just as God commanded him.



Cooking Event: Sorting Animal Cookies

Prep 3 minute; Ready in 3 minutes

With children, sort 7 pairs of animal cookies as clean animals; and a pair of "jelly worm" as unclean animals while talking about the passengers of Noah's Ark. Ask a question about why God commanded Noah to sort them out?





[Ingredients]

• Animal Cookies; Jelly Worm

(Directions)

Sort seven pairs of the same animal from the animal cookies and a pair of jelly worm.

Serve Animal Cookies for the worshippers during fellowship hour.

Serve 8 pairs of animal cookies in a paper cup or small zipper bag for fellowship with the story of the passengers of Noah's Ark.

[God's Faithfulness on Covenant with Noah]

Traditionally, biblical scholars think that God instructed Noah with seven pairs of "Clean" animal for sacrifice after the flood and food for His people, who should not eat the unclean animal. "Unclean" animal would reproduce themselves after the flood. The Noah's Ark story, written in Genesis was collected later under the influence of "the holiness code" in the Jewish religious life. Here we learn about God's preferred and faithful option for His new creation after the flood, by increasing numbers of clean animals.

3. Apple Sauce as Mortar or Brick without Straws

Sunday, July 10, 2016

Dbjectives:

- Children learn about a harsh life under the oppressions—life of slavery, life with illness, life under persecution.
- Encounter the biblical narrative about oppressed life of the Hebrews from Exodus 5.
- Help young children understand that God hears the cries of the needy when they face difficult situations like making bricks with straws in the land of Goshen.

${ ilde{ iny C}}$ Menu for the day: Apple Sauce

- Text in Context: Exodus 5:1-21
- Read the scripture or re-tell the story briefly, so that children understand that The Hebrew had hard-time while living in Egypt,

Exodus 5:1-23 NV Exodus 5:1 Afterward Moses and Aaron went to Pharaoh and said, "This is what the LORD, the God of Israel, says: 'Let my people go, so that they may hold a festival to me in the desert.'" Pharaoh said, "Who is the LORD, that I should obey him and let Israel go? I do not know the LORD and I will not let Israel go." Then they said, "The God of the Hebrews has met with us. Now let us take a three-day journey into the desert to offer sacrifices to the LORD our God, or he may strike us with plagues or with the sword." But the king of Egypt said, "Moses and Aaron, why are you taking the people away from their labor? Get back to your work!" Then Pharaoh said, "Look, the people of the land are now numerous, and you are stopping them from working." That same day Pharaoh gave this order to the slave drivers and foremen in charge of the people:

gather their own straw. ⁸ But require them to make the same number of bricks as before; don't reduce the quota. They are lazy; that is why they are crying out, 'Let us go and sacrifice to our God.' ⁹ Make the work harder for the men so that they keep working and pay no attention to lies." ¹⁰ Then the slave drivers and the foremen went out and said to the people, "This is what Pharaoh says: 'I will not give you any more straw. ¹¹ Go and get your own straw wherever you can find it, but your work will not be reduced at all.' ¹² So the people scattered all over Egypt to gather stubble to use for straw. ¹³ The slave drivers kept pressing them, saying, "Complete the work required of you for each day, just as when you had straw." ¹⁴ The



Israelite foremen appointed by Pharaoh's slave drivers were beaten and were asked, "Why didn't you meet your quota of bricks yesterday or today, as before?" ¹⁵ Then the Israelite foremen went and appealed to Pharaoh: "Why have you treated your servants this way? ¹⁶ Your servants are given no straw, yet we are told, 'Make bricks!' Your servants are being beaten, but the fault is with your own people." ¹⁷ Pharaoh said, "Lazy, that's what you are-- lazy! That is why you keep saying, 'Let us go and sacrifice to the LORD.' ¹⁸ Now get to work. You will not be given any straw, yet you must produce your full quota of bricks." ¹⁹ The Israelite foremen realized they were in trouble when they were told, "You are not to reduce the number of bricks required of you for each day."

²⁰ When they left Pharaoh, they found Moses and Aaron waiting to meet them, ²¹ and they said, "May the LORD look upon you and judge you! You have made us a stench to Pharaoh and his officials and have put a sword in their hand to kill us." 22 Moses returned to the LORD and said, "O Lord, why have you brought trouble upon this people? Is this why you sent me? ²³ Ever since I went to Pharaoh to speak in your name, he has brought trouble upon this people, and you have not rescued your people at all."

Cooking Event: Apple Salad Prep 10 minutes; Cook 20 minutes; Ready in 30 minutes

[Ingredients] Original recipe makes 20 servings

- 20 apples peeled, cored and chopped
- 3-3/4 cups water
- 1-1/4 cups white sugar
- 2-1/2 teaspoons ground cinnamon

[Directions]

In a saucepan, combine apples, water, sugar, and cinnamon. Cover, and cook over medium heat for 15 to 20 minutes, or until apples are soft. Allow to cool, then mash with a fork or potato masher.





Serve Apple Sauce for the worshippers during fellowship hour.

4. Ice Water as Living Water from the Rock

Sunday, July 17, 2016

Dbjectives:

- Children learn about wilderness life of Exodus people without sufficient drinking water.
- Encounter the biblical narrative about grumbling of Exodus people from Exodus 15.
- Help young children understand that God provides his people with anything they need even fresh water in the deserts.
- Text in Context: Exodus 15:22-27

Read the scripture or re-tell the story briefly, so that children understand that the Hebrew experience God in their journey to the Promised Land,

Exodus 15:22-27 22 Then Moses led Israel from the Red Sea and they went into the Desert of Shur. For three days they traveled in the desert without finding water. 23 When they came to Marah, they could not drink its water because it was bitter. (That is why the place is called Marah.) 24 So the people grumbled against Moses, saying, "What are we to drink?" Then Moses cried out to the LORD, and the LORD showed him a piece of wood. He threw it into the water, and the water became sweet. There the LORD made a decree and a law for them, and there he tested them. 26 He said, "If you listen carefully to the voice of the LORD your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the LORD, who heals you." 27 Then they came to Elim, where there were twelve springs and seventy palm trees, and they camped there near the water.

Cooking Event: Offering Ice Water

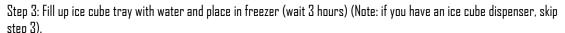
Prep Time: I minute; Cook Time: I minute

[Ingredients] Original recipe makes 24 servings

- 24 taste ice (1 bag of Ice cubes)
- 24 taste water (5 gallons of water)

[Directions]

- Step 1: Take a bottle of water and place on counter.
- Step 2: Get a glass, cup, bowl, Yahtzee Shaker, or any other liquid retaining container and place on counter next to the bottle of $\ensuremath{\mathsf{C}}$



- Step 4: Pour water into container. WARNING: Stand back in case ice explodes.
- Step 5: Wait 1 minute.
- Step 6: Swirl with spoon.
- Step 7: Find a comfortable couch. All done.
- Serve Ice Water for the worshippers during fellowship hour.

[Begin or End with This Prayer]

Living Water

Inspired by Exodus 17: 1-7 (John van de Laar)

In the dry wildernesses of our lives, in the days of heat and thirst, you offer us living water,

Thank you, gracious and generous God.

When we begin to doubt your presence and grumble that your love is unreliable, you offer us living water,

Thank you, gracious and generous God.

When life's regrets and the bad choices we have made leave us feeling excluded and unworthy, you offer us living water,

Thank you, gracious and generous God.

When circumstances, or the inhumanity of others, have left us alone and wounded, you offer us living water,

Thank you, gracious and generous God.

We thank you and praise you, O God, that how ever we may thirst, what ever we may need to satisfy our souls, you offer it freely and abundantly in Christ;

So we drink deep of the living water and, as we draw from your wells, we seek to pass the cup to others who, like us, are thirsty for your grace. Amen.



5. Donuts or Pancakes as Unleaven Breads at Passover

Sunday, July 24, 2016

■ Objectives:

- Children learn about God's rescue of the Hebrews from the hands of Pharaoh with 10 plagues.
- Encounter the biblical narrative about God's mighty act of redemption from Exodus 12.
- Help young children learn about lessons from the story while enjoys a cooking event to make donuts or pancakes.

O Menu for the day: Donuts or Pancakes

- Text in Context: Exodus 12:1-16
- Read the scripture and let the students talk about how the festival of Passover began?

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Exodus 12:1-16 The LORD said to Moses and Aaron in Egypt, ² "This month is to be for you the first month, the first month of your year. ³ Tell the whole community of Israel that on the tenth day of this month each man is to take a lamb for his family, one for each household. ⁴ If any household is too small for a whole lamb, they must share one with their nearest neighbor, having taken into account the number of people there are. You are to determine the amount of lamb needed in accordance with what each person will eat. ⁵ The animals you choose must be yearold males without defect, and you may take them from the sheep or the goats. ⁶ Take care of them until the fourteenth day of the month, when all the people of the community of Israel must



slaughter them at twilight. ⁷ Then they are to take some of the blood and put it on the sides and tops of the doorframes of the houses where they eat the lambs. ⁸ That same night they are to eat the meat roasted over the fire, along with bitter herbs, and bread made without yeast. ⁹ Do not eat the meat raw or cooked in water, but roast it over the fire-head, legs and inner parts. ¹⁰ Do not leave any of it till morning; if some is left till morning, you must burn it. ¹¹ This is how you are to eat it: with your cloak tucked into your belt, your sandals on your feet and your staff in your hand. Eat it in haste; it is the LORD's Passover. ¹² "On that same night I will pass through Egypt and strike down every firstborn-both men and animals-- and I will bring judgment on all the gods of Egypt. I am the LORD. ¹³ The blood will be a sign for you on the houses where you are; and when I see the blood, I will pass over you. No destructive plague will touch you when I strike Egypt. ¹⁴ "This is a day you are to commemorate; for the generations to come you shall celebrate it as a festival to the LORD-- a lasting ordinance. ¹⁵ For seven days you are to eat bread made without yeast. On the first day remove the yeast from your houses, for whoever eats anything with yeast in it from the first day through the seventh must be cut off from Israel. ¹⁶ On the first day hold a sacred assembly, and another one on the seventh day. Do no work at all on these days, except to prepare food for everyone to eat-- that is all you may do.

Cooking Event: Donuts or Pancake
Prep: 5 minutes; Cook 15 minutes; ready in 20 minutes

[Ingredients] Original recipe makes 24 servings

- 4-1/2 cups all-purpose flour
- 3 tablespoons and 1-1/2 teaspoons baking powder
- 1 tablespoon salt
- 3 tablespoons white sugar
- 3-3/4 cups milk
- 3 egg
- 1/2 cup and 1 tablespoon butter, melted



(Directions)

1. In a large bowl, sift together the flour, baking powder, salt and sugar. Make a well in the center and pour in the milk, egg and melted butter; mix until smooth.

2. Heat a lightly oiled griddle or frying pan over medium high heat. Pour or scoop the batter onto the griddle, using approximately 1/4 cup for each pancake. Brown on both sides and serve hot.

Donuts

Due to the time for preparation and cooking, the donuts may serve already made. Ingredients and directions are included on page 24 for your information.

[Further Study]

Passover, or Pesach (from: מְּבֶּטִה Hebrew, Yiddish; Tiberian: [pɛsaħ] Modern Hebrew: [pesax] Pesah,

Pesakh, Yiddish: Peysekh, Paysakh, Paysokh) is an impor-

tant biblically derived Jewish festival. The Jewish peoplecelebrate Passover as a commemoration of their liberation over 3,300 years ago by God from slavery in ancient Egypt that was ruled by the Pharaohs, and their freedom as a nation under the leadership of Moses. It commemorates the story of the Exodus as described in the Hebrew Bible especially in the Book of Exodus, in which the Israelites were freed from slavery in Egypt.



6. Popcorn As Manna in the Wilderness

Sunday, July 31, 2016

Dbjectives:

- Children learn about God who provided bread from heaven for the Hebrews and its contemporary meaning for the children of God of all ages.
- Encounter the biblical narrative about God's blessings on daily bread from Exodus 16.
- Help young children learn about lessons from the story while enjoys a cooking event to make popcorn.

- Text in Context: Exodus 16:1-12
- Read or retell the story about manna in the wilderness while the cooking event?

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Exodus 16:1-12 The whole Israelite community set out from Elim and came to the Desert of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had come out of Egypt. 2 In the desert the whole community grumbled against Moses and Aaron. ³ The Israelites said to them, "If only we had died by the LORD's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death." ⁴ Then the LORD said to Moses. "I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. 5 On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days." ⁶ So Moses and Aaron said to all the Israelites. "In the evening you will know that it was the LORD who brought you out of Egypt, 7 and in the morning you will see the glory of the LORD, because he has heard your grumbling against him. Who are we, that you should grumble against us?" 8 Moses also said, "You will know that it was the LORD when he gives you meat to eat in the

evening and all the bread you want in the morning, because he has heard your grumbling against him. Who are we? You are not grumbling against us, but against the LORD." ⁹ Then Moses told Aaron, "Say to the entire Israelite community, 'Come before the LORD, for he has heard your grumbling." ¹⁰ While Aaron was speaking to the whole Israelite community, they looked toward the desert, and there was the glory of the LORD appearing in the cloud. ¹¹ The LORD said to Moses, ¹² "I have heard the grumbling of the Israelites. Tell them, 'At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the LORD your God.""

Cooking Event: "Movie Star" Popcorn
Prep: 5 Minutes; Cook 5 Minutes; Ready in 10 Minutes

[Ingredients]

Original recipe makes 24 servings

- 3/4 cup and 2 tablespoons and 1 teaspoon peanut oil
- 1/2 cup and 1 tablespoon and 2 teaspoons butter
- 2-1/3 cups and 1 tablespoon unpopped popcorn
- 2-1/2 teaspoons salt

(Directions)

1. Heat the oil in a 2 to 3 quart saucepan or pot with a lid set over medium-high heat. Pour in popcorn kernels and sprinkle enough salt to lightly cover the layer of kernels. Remember, you can always add more salt later. Add the butter to the pot and cover with the lid.



- 2. As soon as the kernels start to pop, shake the pan back and forth across the burner constantly until the popping slows down. As soon as the pops are about 2 seconds apart, remove from the heat and pour into a serving bowl. Taste, and season with additional salt if desired.
- Serve popcorn for the worshippers during fellowship hour.

(Prayers on Bread from Heaven)

Pick one of prayers for your own meditation.



Lord, we pray you to rain down on us the Bread of Heaven, Your spiritual manna, divine good to nourish and sustain us, so that we may eat the angels' food and be filled with Your life. Amen. (see Psalm 78:23-24: Arcana Coelestia 8464)

Lord, You are the Bread of Life. Help me come to You so that I shall never hunger, and help Me believe in You so that I shall never thirst. Teach me to labor not for the food that perishes, but for the food that endures to everlasting life, that I may come to dwell in Your house forever. Amen. (see John 6:27,35)

Lord, we know that You will never fail us, and that when You feed Your people there is always more than enough, an abundance and fullness. Help us to feel Your loving presence, to hear Your teachings, and to live as You wish us to so that we may be filled with Your goodness and find our eternal home with You. Amen.

7. Vanilla Ice Cream as Forgiveness of Sins as White as Snow

Sunday, August 7, 2016

Objectives:

- Children learn about God's desire to forgive the sins of the Israelites in the days of the Prophet Isaiah.
- Encounter the prophetic message about the forgiveness of sin from Isaiah 1.
- Help young children learn about lessons from the story while enjoys a cooking event to serve vanilla ice cream.
- 🖔 Menu for the day: Vanilla Ice Cream
- Text in Context: Isaiah 1:1-18
- Read the scripture and let the students talk about what kind of people God would like to have?

Isaiah 1:1-18 The vision concerning Judah and Jerusalem that Isaiah son of Amoz saw during the reigns of Uzziah, Jotham, Ahaz and Hezekiah, kings of Judah. ² Hear, O heavens! Listen, O earth! For the LORD has spoken: "I reared children and brought them up, but they have rebelled against me. ³ The ox knows his master, the donkey his owner's manger, but Israel does not know, my people do not understand." ⁴ Ah, sinful nation, a people loaded with guilt, a brood of evildoers, children given to corruption! They have forsaken the LORD; they have spurned the Holy One of Israel and turned their backs on him. ⁵ Why should you be beaten anymore? Why do you persist in rebellion? Your whole head is injured, your whole heart afflicted. ⁶ From the sole of your foot to the top of your head there is no soundness-- only wounds and welts and open sores, not cleansed or bandaged or soothed with oil. ⁷ Your country is desolate, your cities burned with fire; your fields are being stripped by foreigners right before you, laid waste as when overthrown by strangers. ⁸ The Daughter of Zion is left like a shelter in a vineyard, like a hut in a field of melons, like a city under siege. ⁹ Unless the LORD Almighty had left us some survivors, we would have become like Sodom, we would have been like Gomorrah. ¹⁰ Hear the word of the LORD, you rulers of Sodom; listen to the law of our God, you people of Gomorrah! ¹¹ "The multitude of your sacrifices-- what are they to me?" says the LORD. "I have more than enough of burnt offerings, of rams and the fat of fattened animals; I have no pleasure in the blood of bulls and lambs and goats. ¹² When you come

to appear before me, who has asked this of you, this trampling of my courts? ¹³ Stop bringing meaningless offerings! Your incense is detestable to me. New Moons, Sabbaths and convocations—I cannot bear your evil assemblies. ¹⁴ Your New Moon festivals and your appointed feasts my soul hates. They have become a burden to me; I am weary of bearing them. ¹⁵ When you spread out your hands in prayer, I will hide my eyes from you; even if you offer many prayers, I will not listen. Your hands are full of blood; ¹⁶ wash and make yourselves clean. Take your evil deeds out



of my sight! Stop doing wrong, ¹⁷ learn to do right! Seek justice, encourage the oppressed. Defend the cause of the fatherless, plead the case of the widow. ¹⁸ "Come now, let us reason together," says the LORD. "Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.

Cooking Event: Vanilla Ice Cream

Prep Time: 5 minute; Cook Time: at least 3 Hours*

[Ingredients] Original recipe makes 24 servings

- 6 cups heavy whipping cream
- 6 cups half-and-half cream
- 2-1/4 cups white sugar
- 3 tablespoons vanilla extract

[Directions]

1. In a large bowl, combine the heavy cream and the half and half. Gradually whisk in the sugar until blended.

- 2. Whisk in the vanilla. Refrigerate, covered, until very cold, at least 3 hours or as long as 3 days.
- 3. Whisk the mixture to blend and pour into the canister of an ice cream maker. Freeze according to the manufacturer's directions. Eat at once or transfer to a covered container and freeze up to 8 hours.

*Due to cooking hour, the students may use already made (purchased) item.

Serve Vinilla Ice Cream for the worshippers during fellowship hour.

[Prayer of Repentance]

Have mercy on me, God, in your goodness in your abundant compassion blot out my offense.

Wash away all my quilt; from my sin cleanse me.

For I know my offense; my sin is always before me.

Against you alone have I sinned; I have done such evil in your sight that you are just in your sentence, blameless when you condemn.

True, I was born quilty, a sinner, even as my mother conceived me.

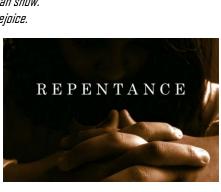
Still, you insist on sincerity of heart; in my inmost being teach me wisdom.

Cleanse me with hyssop, that I may be pure; wash me, make me whiter than snow.

Let me hear sounds of joy and gladness; let the bones you have crushed rejoice.

Turn away your face from my sins; blot out all my guilt. (From Psalm 51)





8. Shirley Temple as Jesus' First Sign, Turning Water to Wine

Sunday, August 14, 2016

Dbjectives:

- Children learn about the beginning of Jesus' Ministry as the work of transformation of lives of His followers.
- Encounter the gospel lesson on "transforming act of Jesus" from John 2.
- Help young children learn about lessons from the story while enjoys a cooking event to make Apple Salad.

Menu for the day: Shirley Temple

- Text in Context: John 2:1-11
- Read the scripture and let the students talk about the meaning of Jesus' first miracle that turns water to wine.

John 2:1-11 On the third day a wedding took place at Cana in Galilee. Jesus' mother was there, ² and Jesus and his disciples had also been invited to the wedding. 3 When the wine was gone, Jesus' mother said to him, "They have no more wine." 4 "Dear woman, why do you involve me?" Jesus replied. "My time has not yet come." 5 His mother said to the servants, "Do whatever he tells you." 6 Nearby stood six stone water jars, the kind used by the Jews for ceremonial washing, each holding from twenty to thirty gallons. ⁷ Jesus said to the servants, "Fill the jars with water"; so they filled them to the brim. 8 Then he told them, "Now draw some out and take it to the master of the banquet." They did so,



⁹ and the master of the banquet tasted the water that had been turned into wine. He did not realize where it had come from, though the servants who had drawn the water knew. Then he called the bridegroom aside ¹⁰ and said, "Everyone brings out the choice wine first and then the cheaper wine after the guests have had too much to drink; but you have saved the best till now." ¹¹ This, the first of his miraculous signs, Jesus performed at Cana in Galilee. He thus revealed his olory, and his disciples out their faith in him.

Cooking Event: Shirley Temple

Prep I minute; Ready in I Minute

(Ingredients)

- 6-3/4 cups lemon-lime flavored carbonated beverage
- 2-1/4 cups grenadine syrup
- 24 maraschino cherry
- Ice cubes

(Directions)

In a highball glass, over ice, combine lemon-lime soda and grenadine. Stir well and garnish with a maraschino cherry.

Serve a glass of Shirley Temple for the worshippers during fellowship hour.





(Our Friend, Shirley Temple)

Shirley Temple Black (née Temple: April 23, 1928 – February 10, 2014) was an American film and television actress, singer, dancer and public servant, most famous as a child star in the 1930s. As an adult, she entered politics and became a diplomat, serving as United States Ambassador to Ghana and later to Czechoslovakia, and as Chief of Protocol of the United States.



9. Grapes as Vine and Branches—Jesus' Relationship with His Disciples

Sunday, August 21, 2016

Objectives:

- Children learn about what kind of relationship Jesus would like to have with his followers.
- Encounter the gospel lesson on Christian living from John 15.
- Help young children learn about lessons from the story while enjoys a cooking event to serve grapes.
- Text in Context: John 15:1-10
- Read the scripture and let the students talk about the meaning of relationship as vine and branches.

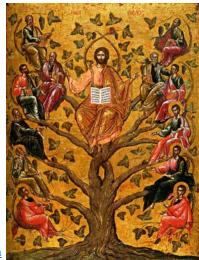
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John 15:1-10 "I am the true vine, and my Father is the gardener. 2 He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. 3 You are already clean because of the word I have spoken to you. 4 Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. 5 "I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing. 6 If anyone does not remain in me, he

is like a branch that is thrown away and withers;

such branches are picked up, thrown into the fire and burned. ⁷ If you remain in me and my words remain in you, ask whatever you wish, and it will be given you. ⁸ This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples. ⁹ "As the Father has loved me, so have I loved you. Now remain in my love. ¹⁰ If you obey my commands, you will remain in my love, just as I have obeyed my Father's commands and remain in his love.



Cooking Event: (Frost) Grapes

Prep Time: 5 minute; Cook Time: 1 minute; Ready in at least 1 Hour*

[Ingredients] Original recipe makes 24 servings

- 6 pounds red seedless grapes
- 3 (3 ounce) packages cherry flavored Jell-OR mix

(Directions)

Pluck grapes from their stems and rinse in a colander. Pour the gelatin mix onto a plate. Place grapes on the plate one handful at a time and roll around until coated. Transfer to a pretty dish and refrigerate for I hour to allow the gelatin to set.

*Due to cooking hour, the students may serve only grapes as shown in let of the picture.





[Comments on True Vine and Its Branches from Matthew Henry]

"Jesus Christ is the Vine, the true Vine. The union of the human and Divine natures, and the fullness of the Spirit that is in him, resemble the root of the vine made fruitful by the moisture from a rich soil. Believers are branches of this Vine. The root is unseen, and our life is hid with Christ; the root bears the tree, diffuses sap to it, and in Christ are all supports and supplies. The branches of the vine are many, yet, meeting in the root, are all but one vine; thus all true Christians, though in place and opinion distant from each other, meet in Christ. Believers, like the branches of the vine, are weak, and unable

to stand but as they are borne up."

John 15:5

I am the vine; you are the branches.
If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.

10. Fruit Punch as Fruits of the Spirit

Sunday, August 28, 2016

Dbjectives:

- Children learn about Christian life that bear 9 fruits of the Spirit.
- Encounter the biblical teaching on Christian behaviors from Paul's Letter to Galatians 5.
- Help young children learn about lessons from the story while enjoys a cooking event to make Fruit Punch.

🖔 Menu for the day: Fruit Punch

- Text in Context: Galatians 5:16-26
- Read the scripture and let the students talk about what kind of fruit from the tree had God forbidden to eat?

Galatians 5:16 - 26 ¹⁶ So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. ¹⁷ For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want. ¹⁸ But if you are led by the Spirit, you are not under law. ¹⁹ The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. ²⁵ Since we live by the Spirit, let us keep in step with the Spirit. ²⁶ Let us not become conceited, provoking and envying each other.





Cooking Event: Fruit Punch

Prep 5 minutes; Ready in 15 Minutes

[Ingredients]

Original recipe makes 60 servings

- 1 (64 fluid ounce) bottle fruit punch, chilled
- 1 (64 fluid ounce) bottle unsweetened pineapple juice, chilled
- 1 (2 liter) bottle ginger ale, chilled

[Directions]

In a punch bowl, mix together fruit punch, pineapple juice and ginger ale. Add scoops of sherbet into the punch. Wait for the sherbet to begin melting, approximately 10 minutes, stir gently, and serve.

Serve Fruit Punch for the worshippers during fellowship hour.

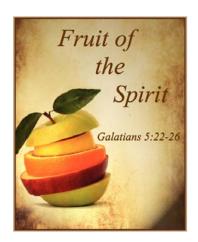


[Daily Meditation]

Fruit of the Spirit - Visible Growth in Jesus Christ "Fruit of the Spirit" is a biblical term that sums up the nine visible attributes of a true Christian life. Using the King James Version of Galatians 5:22-23, these attributes are: love, joy, peace, longsuffering, gentleness, goodness, faith, meekness and self-control. We learn from scripture that these are not individual "fruits" from which we pick and choose. Rather, the fruit of the Spirit is one ninefold "fruit" that characterizes all who truly walk in the Holy Spirit. Collectively, these are the fruits that all Christians should be producing in their new lives with Jesus Christ. - See more at: http://www.allaboutgod.com/fruit-of-the-spirit.htm.

Special Thanks to

"The family members who host "Delicious Bible Study"



Donut—Alternative Recipe (from page 13)

(Ingredients) Original recipe makes 18 donuts

- 2 (.25 ounce) envelopes active dry yeast
- 11/2 cups lukewarm milk
- 1 teaspoon salt
- 1/3 cup shortening
- I quart vegetable oil for frying
- 2 cups confectioners' sugar
- 4 tablespoons hot water or as needed

- 1/4 cup warm water (105 to 115 degrees)
- 1/2 cup white sugar
- 2 eggs
- 5 cups all-purpose flour
- 1/3 cup butter
- 11/2 teaspoons vanilla

[Directions]

- 1. Sprinkle the yeast over the warm water, and let stand for 5 minutes, or until foamy.
- 2. In a large bowl, mix together the yeast mixture, milk, sugar, salt, eggs, shortening, and 2 cups of the flour. Mix for a few minutes at low speed, or stirring with a wooden spoon. Beat in remaining flour 1/2 cup at a time, until the dough no longer sticks to the bowl. Knead for about 5 minutes, or until smooth and elastic. Place the dough into a greased bowl, and cover. Set in a warm place to rise until double. Dough is ready if you touch it, and the indention remains.
- 3. Turn the dough out onto a floured surface, and gently roll out to 1/2 inch thickness. Cut with a floured doughnut cutter. Let doughnuts sit out to rise again until double. Cover loosely with a cloth.
- 4. Melt butter in a saucepan over medium heat. Stir in confectioners' sugar and vanilla until smooth. Remove from heat, and stir in hot water one tablespoon at a time until the icing is somewhat thin, but not watery. Set aside.
- 5. Heat oil in a deep-fryer or large heavy skillet to 350 degrees F (175 degrees C). Slide doughnuts into the hot oil using a wide spatula. Turn doughnuts over as they rise to the surface. Fry doughnuts on each side until golden brown. Remove from hot oil, to drain on a wire rack. Dip doughnuts into the glaze while still hot, and set onto wire racks to drain off excess. Keep a cookie sheet or tray under racks for easier clean up.



The United Methodist Church of Savage 9050 Baltimore Street, Savage, MD 20763 Tel: (301) 725-7630

Lanham United Methodist Church 5512 Whitfield Chapel Road, Lanham, MD 20706 Tel: (301) 577-1500

