



Fitness • Dance • Community

Located just past Smart & Final. 999 Andersen Drive, Suite 170. San Rafael, CA

Current Ongoing Class Calendar (March 2018)  
**Always Confirm Classes Online | [BodyVibeStudio.com](http://BodyVibeStudio.com)**  
 (AM classes in red. PM classes in blue)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>7-8am Sunrise Yoga</b> <b>Katie Killebrew</b> <i>Class card or drop-in</i>	<b>8-9am NIA CARDIO DANCE</b> Deborah Walker Drop In: \$13	<i>Available For Your Class Or Program!</i>	<b>8-9am NIA CARDIO DANCE</b> Deborah Walker Drop In: \$13	<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program!!</i>	<i>Available For Your Class Or Program!</i>
<i>Available For Your Class Or Program</i>	<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program</i>	<i>Available For Your Class Or Program!</i>	<b>9-10am NIA CARDIO DANCE</b> Deborah Walker Drop In: \$13	<b>9-10am NIA CARDIO DANCE</b> Deborah Walker Drop In: \$13	<b>9-10am NIA CARDIO DANCE</b> Deborah Walker Drop In: \$13
<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program!</i>	<b>10-11am Shake Your Shakti</b> with Hannah 10am-11am • \$15	<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program!</i>	<b>10:30-11:30am Salsa-Reggaeton</b> Efen Buzzo Drop In: \$15	<b>10:30-11:30am ZUMBA</b> Efen Buzzo Drop In: \$15
<b>12:15-1pm Chair Yoga</b> <b>Yoga For Lunch</b> Katie Killebrew Drop In: \$10	<i>Available For Your Class Or Program!</i>	<b>12:15-1pm Chair Yoga</b> <b>Yoga For Lunch</b> Katie Killebrew Drop In: \$10	<b>4-5:30pm FLEMENCO KIDS</b> Call Andrea at 805-708-2621	<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program!</i>
<b>5:30pm-6:30pm Gentle Candlelight</b> <b>Yin Yoga</b> Katie Killebrew Drop In: \$20	<b>5:30-6:30pm BALLROOM DANCE</b> Andrea Nelson Drop In: \$15	<b>5:30pm-6:30pm Gentle Candlelight</b> <b>Yin Yoga</b> Katie Killebrew Drop In: \$20	<i>Available</i>	<i>Available</i>	<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program!</i>
<b>6:30-7:30pm ZUMBA &amp; CORE</b> Fernanda Cedeño Drop In: \$15	<b>6:30-7:30pm ZUMBA</b> Marion Boumans Drop-In: \$12	<b>6:45-7:45pm ZUMBA</b> Efen Buzzo Drop-In: \$15	<b>6:30-7:30pm ZUMBA</b> Fernanda Cedeño Drop In: \$15	<b>6:45-7:45pm ZUMBA</b> Efen Buzzo Drop-In: \$15	<i>Your Class Or Program!</i>	<i>Your Class Or Program!</i>
<b>7:30-8:30pm</b> Fernanda Dance Troupe	<b>Coming April 3 Ballroom Dance</b> <i>With Frank Flores</i> <b>7:30pm:</b> Beginner West Coast Swing <b>8:30pm:</b> Intermediate Night Club Two Step Call: 415-308-5639	<b>7:45-9:45pm BIODANZA</b> Contact Julie 415-717-3578	<i>Available For Your Class Or Program</i>	<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program!</i>	<i>Available For Your Class Or Program!</i>

**Check it out!**  
**All workshops online!**  
**Hannah Romanowsky, Katie Killebrew & more!**

**Yoga with Katie**  
 View ONLINE

**Shake Your Shakti**  
 With Hannah Romanowsky  
 Wednesday mornings 10-11am

**BIODANZA**  
**Wednesday 7:45pm**  
 Contact Julie  
 415-717-3578

**Frank Flores Ballroom!**  
**Starts April 3**  
**7:30pm** Beg.. West Coast Swing  
**8:30pm** Intern. Night Club 2 Step  
 Call Frank at 415-308-5639

Check online [daily](#) for updates and class details!

**Phone:**  
**415-577-4621**

- No membership fee!
- Come take a class whenever you want!
- Teachers are independent so please pay them directly.

- Drop In fees note
- Class discount cards available from teacher.

- For details, click SCHEDULE tab on website and click on the class!

- Rent us for your class, workshop, special event.

**We are not a membership club!**

**Just come try one of our great classes**

**999 Andersen Drive**  
 across the street from Rafael Lumber!