



**Hawaii Association for Play Therapy  
Fall Workshop and Membership Meeting  
November 30, 2018 (9:30am-5:00pm)  
1259 A`ala Street, Honolulu, Hawaii  
6 APT approved CEUs included, sponsored by HAPT  
(APT Approved Provider 99-053)**

## **USING THE BUILD-A-HOUSE TECHNIQUE IN THE ASSESSMENT OF THE FAMILY**

**Presented by: Carla Sharp, A.P.R.N. Retired**



### **About the Presenter:**

The Fates called Carla from Hawaii to a U.C.S.F. child psychiatric nursing Master's program with a focus on play therapy in 1972. The Build a House Technique occurred to her one day in 1985 while meeting with a young family of two pre-school aged children whose parents insisted on their sitting still during a family session. Carla became the first RPT-S in the state of Hawaii in 1992. In 1995, with help from Anita Trubitt and several others, she founded H.A.P.T.. Carla is now studying to become a professional astrologer.

### **Learning Objectives:**

1. The attendees will understand the importance of assessing the entire family as part of the play therapy assessment phase.
2. The attendee will understand why family play is more powerful than a verbal interview.
3. The attendee will learn what materials are necessary in order to use the BAH technique.
4. The attendee will learn to use the Build a House Observation Form to structure his/her observations.
5. The attendee will be able to assess overall family functioning using the BAH technique.
6. The attendee will gain insight into how the house itself can be used as a projective technique.