# DCA Cheer & Choreography Camps for Recreational Cheer Teams 2018 Schedule & Pricing

### Our Mission

Since we opened in February of 2010 our mission has been to help make the sport of cheerleading safer by providing a safe place, amazing coaching staff and the right curriculum to help cheerleaders from recreational cheer, all-star cheer and high school cheer become the best athletes they can be! We provide consistent tumbling and cheer instruction by certified professional coaches using safe equipment in a gym that is designed with the tumbler in mind. We dedicate 100% of our resources towards tumbling, trampoline and cheer and you won't find coaches with more heart that at DCA!

## Our Program

DCA's *cheer camp* is your opportunity to get your team on the same page with skills and drills that will project your team ahead of the competition. Cheer camps are scheduled in increments of 2-3 hours/day for 2-3 days 2 where we will work with your team on stunts, pyramid, jump sequences, etc.

Or, bring in your team for *choreography* where our coaches can help structure your routine including formations, transitions, stunts, jumps, tumbling sequences, pyramid and dance. You get one on one training with your squad and our professional coaches focusing on your squad's unique routine. We can work within the IRCA guidelines when necessary and can incorporate all levels of tumbling, stunts, jumps and ideas you may have. Choreography is a minimum of 6 hours. As to music, you give us your music before choreography so we can create 8 count sheets to your music.

Need assistance with music selection? Call for pricing and details.

#### Summer Schedule

We run our summer cheer camps all summer long (June 4th - August 18th) and find mornings to be the best time to run these camps. We have evening and weekend options as well and if you need a customized schedule to work with your team's schedules and needs, just let us know and we can work something out.

## Fall Schedule

Once we are in our school year schedule (starting August 20th) our flexibility decreases a bit and we can only offer cheer camps and choreography on Saturday and Sundays as our weekdays and nights are full with our tumbling classes. Many coaches like to

bring in their team after a competition and bring the judging score sheets so we can help clean up the routine to maximize points and upgrade where possible. Or bring in your team before a big competition to get them competition-ready!

## Camp Fees

- 4 hour cheer/stunting camp \$40/girl (recommend for K 3 graders)
- 6 hour cheer/stunting camp \$60/girl (recommend for 4th 8th graders)
- 6 hour choreography \$60/girl
- 1.5 hour "clean up camp" \$5/girl (after the team has signed up for a min. of 4 hours of camp/choreography.

## How to Register

Call the office TODAY to talk with our staff and schedule a cheer camp that best fits your needs. Popular weeks/weekends fill fast so the sooner you call, the better choices you will have. We have a lot of experience working with cheer teams and over the years have found that once we book the camp with the head coach, we have you contact your parents explaining cost and dates and then you collect the cash/checks from the individuals and then on the first day of camp, you bring in one big check from you or cash along with your roster. We do not accept individual checks from parents.

# \$5 FALL STUNTING CLEAN UP SPECIAL!!!!

If your recreational team signs up for a stunting or choreography camp, your group can come back in the fall for a "clean up" clinic for only \$5 a girl! These clinics are usually held on Saturday afternoons or Sundays from September - end of November. The Fall Clean Up Clinic is 1.5 hours and includes DCA staff to help with your routine and full floor space for routine work.

These camps really are so helpful and we love working with our community recreational teams to teach proper technique to help make the sport of cheerleading safer so THANK YOU for considering DCA's Cheer & Choreography Camps!

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