



### **Eco Confirmation**

This unique and beautiful outdoor liturgy welcomes those who are affirming or confirming their faith, with a special emphasis on our responsibility as Christians to care for creation. All who are being confirmed, received into the Episcopal Church, or renewing their baptismal vows are welcome. The service will begin at 11 AM on the cliffs above Redondo Beach, just south of Half Moon Bay, and a reception will follow at Holy Family Half Moon Bay.



Congregations intending to sponsor confirmands or reaffirmands for this service should contact Jennifer Snow for details at jennifers@diocal.org.

"We need volunteers to help provide hospitality and welcome, and all are encouraged to join us for the beautiful, worshipful service of Confirmation. Please let Vicar Michael know if you can attend and are willing to help that day!"

### Good Shepherd and Holy Family Newsletter April 2015

## vícar's Notes



### Alleluia. Christ is risen!

Recently, someone mentioned that the energy at church was feeling "up," and I reflected on this observation in light of both congregations - Holy Family & Good Shepherd, and how in many ways it does feel like we are feeling the building of some energy that is exciting to feel.

As we move into the season of resurrection and read about those early encounters with the risen Jesus, I hope

we can share that sense of energy growing in and among us. Can we embrace it and let it embrace us, even as we still have discernment work to do about where the Holy Spirit is guiding us out into widening circles of friendship. Will we encounter joy and wonder in this growing energy that leads us deeper into the mystery and revelation of God's love, holy love that brings renewal and life. Will it take new form in our lives, in the way we live our faith among the people around us - our family and neighbors, our friends and strangers? Is this the power of resurrection at work in our communities, in our lives?

One of my favorite collects of the Prayer Book is offered at the Great Vigil, and also at ordinations, as well as other occasions in the life of the church:

> O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquillity the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord. Amen.

This collect hangs on my mind and heart as I pray about our common life as churches anchored on the Coastside and in Belmont, and I believe in the power of the renewal and reinvigoration promised in its hopes. We are in resurrection time now, a time in which God is inviting us to be made new, to rise up and live, to move closer to the heart of God, the perfect source of all life and love.

Telling the story of the risen Lord and singing our Alleluias!, let us celebrate the new life opening itself within us, opening us up, increasingly emanating from these two communities of the Good Shepherd and the Holy Family.

He is risen indeed. Alleluia!



Blessings, Michael+

# Pílgrímage



### Ultreia et Suseia "Onward and upward!

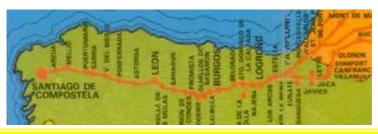
Two Holy Family folks are setting off on the medieval pilgrimage route across Spain to the cathedral of St. James in Santiago de Compostela. Julia sets off on Easter Sunday, April 5th, after a blessing at the Great Vigil. Susan will be making the Camino with her daughter Rebecca, embarking on April 14th. We will give her a pilgrim's blessing, also! Please keep them in your prayers, that Christ will be their companion in the Way, that their feet may not fail them, and that all bed-bugs shall be banished from before their path!

We look forward to hearing pilgrim tales upon their return home.

#### The blessing of a pilgrim:

Holy one, you led your people, night and day, by fire and cloud, so lead Julia, Susan, and their companions, by the light of your love. Go before them to prepare a safe path. Stay beside them to instill purpose and joy in their mission. Follow after them to leave peace in the wake of wherever they have stayed. Give your angels charge over their journeys. At their returning, may all they have seen be engraved on their heart, and their sense of home enlarged forever; through Jesus Christ our Savior and Guide. Amen.

The Camino de Santiago is a series of paths leading along ancient and modern routes across Europe and through Spain to Santiago de Compostela, in Galicia (northwest Spain). The Cathedral began as a small shrine to St. James the Greater, whose body was believed to be discovered there in ninth century, and in the Middle Ages, was one of the most popular pilgrimage routes, behind Jerusalem and Rome. While there have been pilgrims ever since, there has been a period of renewal along the Camino (way/path), and over the past three decades, as many as several hundred thousand pilgrims have made their way to this place where countless have knelt in prayer. The practice of pilgrimage is venerable among many faiths, and the spiritual benefits procured in the practice of pilgrimage are innumerable. Blessings on Susan and Julia in this undertaking.



# Epíscopalíans @Large on Alcatraz!



UNITED STATES PENITENTIARY ALCATRAZ ISLAND AREA 12 ACRES 12 MILES TO TRANSPORT DOCK ONLY GOVERNMENT BOATS PERMITTED OTHERS MUST KEEP OFF 200 YARDS NO ONE ALLOWED ASHORE WITHOUT A PASS

46 folks from Holy Fami-

ly, Good Shepherd, Resurrection (Pleasant Hill), St. Elizabeth's (South City), St. Andrew's (San Bruno) and friends joined together for the outing to Alcatraz to see the Ai Wei Wei exhibit. Thanks to Peggy for helping organize sign-ups, and thanks to all who joined us, for your participation and the depth of your reflections on all we experienced.

Here are a few reflections and photos from those who made the journey with us:

While looking at the display of lego portraits on the floor of the "new industries building", I noticed what appeared to be a family grouping, of there people with the same last name. Afterwards I read the internet postings about the exhibits and learned that the three were actually a mother and two daughters, from Korea, I believe. Their father had emigrated to Europe to set up a business there, but he did not succeed in bring-ing these family members to his new home. Instead the three were imprisoned.

For me, the "new industry" created by my compassion is to pray for that family, for the release of the mother and two girls; and also to pray for all other innocent victims of political actions. I had been thinking that political prisoners were all people who had willingly chosen their risks. Those people who are swept up unwillingly, as all victims of genocide, fall into special emotional circumstances which can affect their relationship to the goodness of God as they know God. -- Elizabeth

The juxtaposition of the Ai Weiwei's art in such an iconic prison setting was very powerful. It was a major workout for me as a parent to try to explain so much to my kids political persecution, Apartheid, Guantanamo Bay, Indian boarding schools injustices foreign and domestic; historic and current. It was made all the more meaningful that we made the trip as part of a larger pilgrimage with our church community. Many thanks to Rev. Michael for organizing this journey that still fills my mind with images, thoughts, and prayers.

-- Lynette

I was very moved by the exhibit. I wished I had had more time to explore dead mans al-

# Aí Wei Wei Exhibit

ley. Sitting alone in the cells and listening to music or poetrya glimpse into a life here a life there simultaneously made me feel connected and estranged from humanity.



The central quote by the artist in the dragon made with kites:

"we are all potential convicts" triggered for me a strong feeling to counter with We Are All Convicts in how we limit each other and ourselves and how we are all complicitous through inaction when individual or governmental oppression is all around and thru us.

-- Jenny



Fly...fly...as free as a kite... No prison can detain your spirit... it is free -- Les

Once you've tasted freedom, it stays in your heart and no one can take it. Then, you can be more powerful than a whole country. —Ai Weiwei



BLOSSOM made by Ai Wei Wei Alcatraz Prison Island SF

This decrepit ancient toilet in this, my solitary cell of confinement overflows with pure white porcelain, hand made flowers.

Lillys, lotus, chrysanthemums bubble up from this shit bowl, Out and free from my own bowels.

> Imagine beauty, create us anywhere. Conscience overcomes incarceration everywhere. ~Eddie

Sun	Mon	Tue	Wed
			April 1 Holy Wednesday 7:00p 12 Step Eucharist
<b>5</b> 9a Holy Eucharist, HF 11a Holy Eucharist, GS	6 Vicar Michael's Sabbath	<b>7</b> 10a Bible Study, Belmont	8
<b>12</b> <b>VICAR on Vacation</b> 9a Holy Eucharist, HF 11a Holy Eucharist, GS	13 VICAR on Vacation	14 VICAR on Vacation 10a Bible Study, Belmont	15 VICAR on Vacation
<b>19</b> <b>10</b> a Celebration of Shared Minis- try, Holy Family followed by Potluck	20 Vicar Michael's Sabbath	<b>21</b> 10a Bible Study, Belmont 7p HF Bishop's Committee	22
<b>26 Feast of the Good</b> <b>Shepherd</b> 9a Holy Eucharist, HF 11a Holy Eucharist, GS	27 Vicar Michael's Sabbath	28 6:30p GS Bishop's Commit- tee	29

Thu	Fri	Sat
mu	FII	Sat
April 2 Maundy Thursday	April 3 Good Friday	April 4 Holy Saturday
6:30p Agape Meal, HF 7:30 Maundy Thursday Service followed by Altar of Repose	11:30a Stations of the Cross, GS 7:30p Stations of the Cross, HF	9am, Morning Prayer with readings and prayers for Holy Saturday
		7:30pm (HF), The Great Vigil of Easter
<b>9</b> HF Adult Formation resumes in May	<b>10</b> Replica of Vietnam Memorial at Golden Gate Park	<b>11</b> HFEC Bishop's Committee Retreat
16 VICAR on Vacation	17 VICAR on Vacation	<b>18</b> 3-5pm HFCC Art Festival
HF Adult Formation resumes in May		
23	24	25
HF Adult Formation resumes in May		9:30am/10:30am Produce Distribution, HF
		11a Eco Confirmation
30		
HF Adult Formation resumes in May		



APRIL 2015



Sun	Mon	Tue	Wed
<b>3</b> 9a Holy Eucharist, HF 11a Holy Eucharist, GS 3p, Feldman Lecture & book re- lease "Supersurvivors", GS	4 Vicar Michael's Sabbath	<b>5</b> 10a Bible Study, Belmont	6
<b>10 Mother's Day</b> 9a Holy Eucharist, HF 11a Holy Eucharist, GS	11 Vicar Michael's Sabbath	<b>12</b> 10a Bible Study, Belmont 7p HFCC Ad Board Meeting	13
<b>17</b> <b>10</b> a Celebration of Shared Minis- try, Good Shepherd followed by Potluck	18 Vicar Michael's Sabbath	<b>19</b> 10a Bible Study, Belmont 7p HF Bishop's Committee	20
<b>24 PENTECOST</b> 9a Holy Eucharist, HF 11a Holy Eucharist, GS	25 Vicar Michael's Sabbath	26 6:30p GS Bishop's Commit- tee	27
<b>31</b> 9a Holy Eucharist, HF 11a Holy Eucharist, GS			

Thu	Fri	Sat
	1	<b>2</b> 9am, St. Matthew's San Mateo Equipping the Be- loved Community
<b>7</b> 7:30-9p,Discussion Group at the home of Dave and Gloria	8	<b>9</b> 10am Freedom Summit, Levi Stadium
<b>14</b> 7:30-9p,Discussion Group at the home of Dave and Gloria	15	16 12pm HFCC Ad Board Re- treat
<b>21</b> 7:30-9p,Discussion Group at the home of Dave and Gloria	22	23 9:30am/10:30am Produce Distribution, HF Time: TBD Paper Cranes for Peace, GS
<b>28</b> 7:30-9p,Discussion Group at the	28	28
home of Dave and Gloria		



**MAY 2015** 



## Spring Break and Upcoming Events

During April, several of our Adult Formation opportunities are taking a break.

We will continue have to Tuesday morning (10am) Bible study at the home of Jackie . This study is a continued lecture on the New Testament by Bart Earhman, profession of religious studies at UNC-Chapel Hill.

The Monday night Canada Cove group is taking a break now that Lent has concluded and Julia is off on her pilgrimage to Santiago de Compostela. Hopefully a new study will start back up in the coming months. The Wednesday night group at Good Shepherd will be taking a long term break as we re-evaluate meeting time and interest. The Thursday night group at Dave and Gloria's house will resume in May, and will begin reading Interior Castles, a spiritual classic by medieval Spanish mystic, Teresa of Avila. Participants should purchase their own book (if you shop on Amazon, remember to shop through Amazon Smile to help benefit the church).

For more information about Bible study and faith formation, contact Vicar Michael.

The C&C Newsletter will take a break for May. In place of the newsletter, Vicar Michael will send an extended letter. Please submit articles and photos for the June issue by May 20th to newsletter@holyfamilyhmb.org.

#### Save the Date - May

**May 2, Equipping the Beloved Community**, St. Matthew's, see article on page 15



May 9 - Freedom Summit, Levi Stadium, see article on page 11

May 23 - Pentecost Community Art Project, watch for more info by email and announcements at church

**May 31 - AIDS/LifeCycle**, Holy Family may offer some hospitality for cyclists as they pass; watch for more information



Let us know your birthday or anniversary (month / day only). In future issues of the newsletter, we will publish the special dates you tell us about. Send the dates and event to:

newsletter@holyfamilyhmb.org.

### A Note from the Editor:

Welcome to the 8th edition of the Crook & Crèche newsletter. C&C is published monthly. Articles and photos received by the 20th of month, will be included in the next monthly issue. The e-mail address is:

### Newsletter@holyfamilyhmb.org

Blessings, vivian

## Freedom Summít

FREEDOM SUMMIT 2015 GET IN THE GAME May 9, 2015, 10am-6pm, Levi Stadium http://www.2015.freedom-summit.org/

Freedom Summit, America's largest community-based anti-human trafficking event is happening on May 9th, 2015 at Levi's Stadium - the new home of the San Francisco 49ers. The event will feature prominent local and national trafficking experts, survivors, Congressional delegates, athletes and musicians.

The Freedom Summit is a biennial conference that serves as a catalytic event to bring San Francisco Bay Area abolitionists, communities and organizations together around the issue of Human Trafficking.

Our goal is to illuminate tangible stories of personal sacrifice and commitment by victims and heroes that will serve to motivate, educate and activate all ages in attendance towards deeper engagement in the abolitionist movement. We believe that raising up an informed "citizen brigade" in the fight against human trafficking will be done largely by connecting the issue to personal realities and spheres of influence—where we shop, eat, do business, and play.

The Freedom Summit is organized by the Bay Area Anti-Trafficking Coalition, a 501(c)(3) non -profit organization. The mission of the Bay Area Anti-Trafficking Coalition is to delete slavery in the SF Bay Area and beyond by equipping individuals, empowering communities, and engaging non-profits to work together in the fight against human trafficking. Register online for \$62.94, or pay at the door for \$73.44 (register at http://www.2015.freedom-summit.org/).

While human trafficking is a 365 day, 24/7 problem, the Bay Area hosting Super Bowl 2016 is the call to action needed for everyone to get in the game to say this won't happen here... NOT IN OUR TOWN!

### **HFCC Open House**

HFCC had a wonderful open house, with several families dropping by and expressing interest in our program. Sue and the teachers

did a wonderful job preparing the center and presenting the Reggio Emilia program to our perspective families. Several indicated intent to join our Center when their children are ready!

Special thanks to members of the church who helped provide scrumptious snacks for the reception: Vivian , Beth , and Peggy. Please continue to keep the Center and all of its families and friends in your prayers, as this is one of our missions as a church! Also, please keep in mind the upcoming art festival, and join us (April 18th, 3-5pm), and consider making a donation to offset the cost of art supplies. You can view the bulletin board in the Common Room at Holy Family, or contact Vicar Michael, to see a list of some of the supplies that can be sponsored, and the range of costs (\$5-\$20).

**Produce Giveaway** April 25th is also our monthly produce distribution. Join us to help serve the families who join us each month for this mission, and stay to enjoy the "Eco-Confirmation"! Set up begins at 9:30am, and distribution begins at 10:30am.

# Cycle of Prayer

### Good Shepherd & Holy Family Cycles of Prayer

Please pray for:

- \* The Rt. Rev. Marc Andrus, Bishop of the Diocese of California
- \* The Rev. Michael Arase-Barham, Vicar of Holy Family and Good Shepherd
- \* The Coastside Jewish Community, their interim clergy, Rabbi Jane Rachel Litman, and their discernment as they continue their search for long-term clergy; and in thanksgiving for their celebration of the Pesach (Passover).



### April 5

In the Good Shepherd Cycle of Prayer, we pray for Mimi $\,$  , Judd $\,$  , Tassie $\,$  , Aly $\,$  , Riley $\,$  , Chuck $\,$  , Fred $\,$  .

In the Holy Family Cycle of Prayer, we pray for Vivian , Allison . Lynette , Paul , Jake , Natalie , Elizabeth

### April 12

In the Good Shepherd Cycle of Prayer, we pray for  ${\sf Dot}\,$  , Wing, Geoff  $\,$  , Philip , Linda , Bruce , Rhonda

In the Holy Family Cycle of Prayer, we pray for Marylin , Anne, Leslie , Wayne

### April 19

- In the Good Shepherd Cycle of Prayer, we pray for Barbara , Jean , Michael , Betty , Nancy , Jeanette , Robert
- In the Holy Family Cycle of Prayer, we pray for Chris , Michael , Eddie , Les , Deb , Jen , Jessie

### April 26

- In the Good Shepherd Cycle of Prayer, we pray for  $\mathsf{Don}$  ,  $\mathsf{Karen}$  ,  $\mathsf{Allison}$  ,  $\mathsf{Margo}$  ,  $\mathsf{Jane}$  ,  $\mathsf{Phylis}$
- In the Holy Family Cycle of Prayer, we pray for Paul , Leea , Charline , Carolyn , Ellen , Kristen

# Reflection Tree



The Reflection Tree is blooming! On Ash Wednesday, we met a stark, leafless tree. Through Lent, we "leafed" the tree with reflections on the questions from the Baptismal examination. During Eastertide, we will reflect on the Beatitudes as found in Matthew, consider how a life of Resurrection can be embodied here at Holy Family and Good Shepherd. The responsive reading of the Beatitudes we are using is adapted from Common Worship, a liturgical resource of the Church of England:

### Easter Reflection on the Beatitudes

Let us hear our Lord's blessing on those who follow him. Blessed are the poor in spirit. for theirs is the reign of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek. for they shall inherit the earth. Blessed are those who hunger and thirst after righteousness, for they shall be satisfied. Blessed are the merciful for they shall obtain mercy. Blessed are the pure in heart. for they shall see God. Blessed are the peacemakers. for they shall be called children of God. Blessed are those who suffer persecution for righteousness' sake, for theirs is the reign of heaven.

May the Holy Spirit grant us courage, wisdom, and diverse gifts to keep this way of truth and life. Amen.

Come join us through the season of Resurrection as the Reflection Tree continues to blossom, and the Beatitudes flower in our hearts!



# Happenings - Past and Future

#### HFCC is Planning for the Future

Members of the HFCC board met with Davey Gerhardt, Director of Development for the Diocese of California. Davey is consulting with the HFCC Board on ways to build up funds for the present and future needs of the Center. Meeting with Mr. Gerhardt and Director Sue, Board Chair Beth, Center Treasurer Chris, and Vicar Michael. Thanks, Davey, for your time and creative energy!



#### Maundy Thursday

Reflections on the Watch

The Watch, or the vigil of Maundy Thursday, is a night-long vigil in remembrance of Jesus' time of prayer in the Garden of Gethsemane (on the Mount of Olives). After Jesus' last meal with his friends, he went and prayed, and bid the disciples to keep awake and watch with him in prayer.

Here are some reflections from those who have kept the Watch in past years:

- The quiet time spent reading & reflecting is enriching spiritually & emotionally. It allows one to focus on God & what his love truly means & what his sacrifice gives us. There used to be a donkey in the pasture next door & I recall the braying of the donkey at midnight. And also the the light of the full moon shining thru the skylights. Talk about the Magi following the star, so was I.
- I find it a very stimulating time for me because I take the opportunity to read the prayers out of the Prayer Book and reflect on what they say. Some of those prayers I have heard since I was a child and others are new to me but both can be very meaningful. --- Dave
- Every year, my Lenten practice is to listen intentionally for what God wants me to learn and practice this year. When I keep the Vigil, I often bring specific music or readings that will help me stay focused on this intention. Sometimes, I just sit in silent meditation the entire time to see what comes. Often, I know what God's message is for me, and I listen for how I can identify and overcome barriers with respect to my own feelings and engage more fully in what God is asking or challenging me to do. I have had some very powerful experiences of "Aha" moments and deepening awarenesses. At other times, I have chosen not to focus on my own journey at all during the Vigil, but to enter as fully as possible into Jesus' feelings and experiences as he traveled the journey during Holy Week. One year, I had a very powerful awareness of Mary's experience as she prepared to let go of the child she loved, and I have had equally powerful awarenesses of others who traveled the Holy Week journey with Jesus. Last vear. during Michael's first year with us, I had very powerful memories of all of those who have been part of the Holy Family community, and the walls seemed to come alive with their presence in the room. I reflected on community, both within our own congregation, and the community of all who have gone before us in Christ's fellowship throughout the ages.

I never know for certain what will surface during this time, but I always know it will be powerful and lasting. I urge anyone who wants to deepen their faith experience to sign up for an hour and help us keep watch with Christ. You will come away feeling enriched and inspired!

--- Beth

## In the Communities

### Palm Sunday

The reaction to this year's Palm Sunday service was universal! "That was the best Palm Sunday service we've ever had! Can we do it the same way again next year?" What was it that made it so special???

Although our annual tradition is to walk the journey to the cross with Jesus on Palm Sunday, the service format this year brought the familiar story to life in a way that transformed it into a personal and reflective experience for each of us. The Passion story was broken into segments which were read throughout the service by various people in story format, using the modern translation of the Bible called The Message. Each segment of the story was followed by a reenactment of that part of Jesus' journey toward the cross.

As we read of the woman who anointed Jesus with precious perfume, Michael offered prayers and anointing with oil for those in need of physical and emotional healing and those who wished to affirm their desire to accompany Jesus along the journey. As we read about Jesus' last meal with his disciples, we participated in our own meal with him, using sacraments from the reserve. Solemn hymns and anthems brought new awareness of Jesus' anguish and the failure of the Disciples to understand the magnitude of what was taking place. As the story of his crucifixion came to a close, we held silent vigil, followed by a meditative clarinet solo of "Were You There When They Crucified My Lord?" We ended the service with the words of this beloved hymn:

My song is love unknown, my Savior's love to me, love to the loveless shown that they might lovely be. O who am I, that for my sake my Lord should take frail flesh, and die?

I cannot think of a better way to enter into this holiest of times in a spirit of deep reflection, prayer and new spiritual growth.



Palms framing the entrance to Good Shepherd.

-- Beth

### Equipping the Beloved Community

Saturday, May 2, 10 a.m. to 5 p.m.



Caroline McCall teaching Congregational Leadership and Change skills (for clergy and laity), Jennifer Kitt and Laurel Johnston teaching Stewardship... what more do your leaders need? Whatever it is, you'll probably find at at <u>St. Matthew's</u>, San Mateo on Saturday May 2, when the Peninsula Deanery will be your hosts for a special equipping event entitled "What we need is HERE." Enjoy worship, companionship, and workshops to enhance everyone's ministry skills. Author, pastor, and social entrepreneur <u>Tim Soerens</u>, and 22nd District Assembly Member Kevin Multin will lead a dialogue about living faithfully and

justly in the San Francisco Bay Area during the midday plenary session, and training will be offered in Godly Play, Outreach, the Ecology of Bread, Liturgical Practices, and more.

Sign up with Vicar Michael, or online at <u>www.diocal.org/etbc</u>.

## Mahalo's

Over the last month, there were lots of activities at both congregations. Many thanks to coordinators and volunteers!

- Peggy for helping coordinate Alcatraz sign ups
- Nina , Deb , Juliet , and Bruce for music and choral preparation during Lent and in advance of Easter.
- Beth, Vivian, and Peggy for helping with the reception for the HFCC Open House
- Jan , Chuck , Fred , Monica , Linda , Mike , Janine , for help with the Good Shepherd Workday
- Julia for leading the Canada Cove adult formation series and four wonderful sermons!
- The Altar Guild, who work tirelessly, especially around Holy Week and Easter!
- Dave and Allan for all their behind the scenes work on buildings and grounds at Holy Family!

## May 23rd - Paper Crane Making Party - a community art project Good Shepherd, *time - TBD*

Can we make 1000 paper cranes for peace? Learn to make and help prepare 1000 paper cranes; & enjoy fellowship with Good Shepherd & Holy Family, and our neighbors.

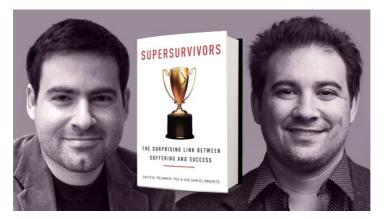
We have tentatively scheduled a special Pentecost activity that will be a lot of fun: a community art project! This will be a great opportunity to bring friends and neighbors. Watch your email and Sunday announcements for finalized plans. If you are interested in helping organize this activity, please contact Vicar Michael!



### Book Launch

SUPERSURVIVORS: The Surprising Link Between Suffering & Success May 3, 3:00pm at Good Shepherd, Belmont

David B. Feldman, PhD, and his co-author, Lee Daniel Kravetz, authors of *SUPERSURVI-VORS: The Surprising Link Between Suffering & Success*, will celebrate the release of the paper-back edition at Good Shepherd on May 3rd at 3pm. Members of both Holy Family and Good Shepherd are invited to come, meet the authors, and learn more about their work.



From their website, a description of the book:

A New York businesswoman struck by cancer changes her life and becomes an international rock star. A man loses his eyesight and attempts to become the first blind person to row a boat across the Atlantic Ocean ....and succeeds. A young basketball player, mangled in a horrible car wreck, rebuilds his body becomes one of Hollywood's most successful stuntmen.

Five billion people worldwide will survive a trauma in their lives. Most experience inner growth even as their outer lives return to normal. But sometimes, survivors do more than bounce back. Sometimes they bounce forward.

SUPERSURVIVORS: The Surprising Link Between Suffering & Success explores extraordinary accomplishments in the wake of catastrophic trauma to help us understand how ordinary people can achieve extraordinary things. Supersurvivors offers a bold new vision for understanding and harnessing resilience through the lens of positive psychology. Beginning where resilience ends, Supersurvivors examines the stories and science behind the surprising number of cases in which survivors don't just grow; they revolutionize their lives. Having survived, these extraordinary individuals radically deviate from their previous life paths. In so doing, they transform the meaning of their personal tragedies by making them the basis for dramatic and long-term life change, often discovering hidden parts of themselves and contributing to the world in ways they never thought possible.

SUPERSURVIVORS: The Surprising Link Between Suffering & Success by David B. Feldman, PhD, and Lee Daniel Kravetz, published by HarperCollins/Harper Wave in July 2014. Copies of the book will be available purchase that day, and are available in hardback, paperback, and electronic format.

## HFCC Art Fair



#### A SILENT AUCTION OF REMARKABLE ART MADE BY OUR TALENTED CHILDREN

- · Fun for kids including bouncy house
- K&L Wine Merchants will be pouring
- Tasty appetizers and soft drinks available
- Credit card payments accepted
- All proceeds go directly to our preschool program

#### 1590 CABRILLO HWY, HALF MOON BAY, CA

# March Happenings

From a fabulous feast of corned beef to preparing the building and grounds for Holy Week, March was a busy month full of activities and events at Good Shepherd and Holy Family.

### St. Patrick's Day Corned Beef Dinner









### Good Shepherd's Work Day







### **Worship Schedule**

Holy Eucharist: Sundays Holy Family 9 a.m. Good Shepherd 11 a.m. Check the schedule for our monthly Celebration of Shared Ministry - one service at 10am

#### **Clergy and Staff:**

The Rt. Rev. Marc H. Andrus, Eighth Bishop of the Diocese of California The Rev. Michael P. Arase-Barham, Vicar

#### Good Shepherd Bishop's Committee:

Mike (2015), Senior Warden Linda (2015), Junior Warden Nancy (2016) Bruce (2016) Jan (2017) Martha (2017) Chuck (2017) Cleark: Jesus Treasurer - Aly

### Holy Family Bishop's Committee:

Deb (2016), Senior Warden Marilyn (2016), Junior Warden Dave (2015) Chris (2015) Ken (2016) Victoria (2015) Clerk: Dave HFEC Treasurer: Les HFCC Ad Board Treasurer: Chris



**Good Shepherd** 1300 Fifth Ave Belmont, CA 94002



Holy Family 1590 South Cabrillo Hwy Half Moon Bay, CA 94019

