

FJELLHEIM 6 – 107 Sons of Norway 1045 Ford Street Colorado Springs, CO 80915 719-574-3717 www.sonsofnorwaycs.com facebook.com/sonsofnorwaycs

December 2016

Volume 43, #11

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July)

> **7:00 PM** Viking Hall, 1045 Ford Street, Colorado Springs, CO

SEND ARTICLES TO : Michael Johaneson 1307 Wildwood Ln Castle Rock, 80104 mjohaneson@gmail.com

> Deadline for the January Issue is December 20

Fjellheim Lodge Family Christmas Party

Sunday, December 18, 2016

3pm Social Time & Children making Christmas ornaments 4pm Dinner

\$21.50 Adults \$7 Ages 5-12

Choice of Prime Rib or Chicken, Baked Potatoes - Butter and Sour Cream, Baby Carrots, Tossed Salad, Dinner Rolls, Dessert

Musical Entertainment Sunnyside Up Brass

For Reservations Please Call Karen Ravnaas at (719) 390-0621 By Wednesday, Dec. 14

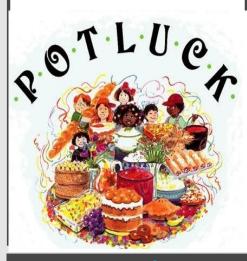
Make checks payable to: Sons of Norway

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2016 desember							
sondag	mandag	tirsdag	onsdag	torsdag	fredag	lordag	
27	28 9:00 am Christmas Decorating Viking Hall	29	30	1	2	3 2:00 pm <mark>Christmas Tea</mark> Viking Hall	
4	5	6 12:30 pm Card Social Viking Hall	7 9:00 am Board Meeting Viking Hall	8	9	10	
11	12	13	14 5:00 pm Book Club 5:30 pm FMC 6:00 pm Pot Luck 7:00 pm Heritage Mtg Viking Hall	15	16	17	
18 3:00 pm Family Christmas Party Viking Hall	19	20	21	22	23	24	
25	26	27	28	29	30	31	

Pot Luck Dinner 6:00 pm Wednesday, Dec 14

Please bring a Dish (with something in it)



Yes, Virginia. There Is A Free Christmas Ornament



Social time for parents/ members/guests will be at 3PM in the Viking Hall.

All children attending the Family Christmas Party are in for a treat. Linda Wennerberg, co-Membership Secretary for the Fjellheim Lodge is providing materials and instructions (along with helpers, Nancy, BJ, and Karen) for each child to make **FREE Christmas ornaments**. Fun starts at 3:00 PM on Sunday, 18 December.



You Are Invited To Fjellheim Lodge's

Scandinavian Christmas Tea

Fjellheim Lodge 1045 Ford St. Colorado Springs, CO Saturday, December 3, 2016 at 2:00 p.m. for

\$16.50 per person

Space is limited. Please RSVP by Wednesday, Nov. 30 Mail to: Kathie Godsill, 4415 Flat Top Place, Colorado Springs, Colorado 80923 Call: 719-266-9592

Make checks payable to: Sons Of Norway.



Still For Sale

Lutefisk (frozen) 2lb \$15.00 Lefse (pack of 6) \$10.00 Lingonberries (jar) \$8.00 Herring (jar) \$6.00



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President's Though Remember the Night

Twas' the night before Christmas, and all through the Lodge, not a creature was stirring, except for Terry mopping the floor and in the kitchen, Ole was washing some Lefse pans. The air fresheners were hung throughout the Lodge with care, in hopes that the Lutefisk would soon be delivered for tomorrow's Festival Dinner.



While some folks slept soundly, snug in their beds, many others had visions of preparing the gravy, carrots, potatoes, meatballs, and lutefisk, dancing in their heads. And Mike wearing his chef's jacket, and Mancy checking her server's list twice, had just settled down for a short fifteen minute break.

When all of a sudden, there was such a ruckus, across the glistening parking lot, came a shining eighteen-wheeler with its back doors flung open, making it visible to all, many boxes and boxes of L-U-T-E-F-I-S-K. Mike sprang to his feet, and away to the phone, he flew like a flash, calling now LOIS!, now BJ!, now Ginny, and Elaine! On Kathie!, on Beverly!, on Sissel and Jerry. Tomorrow morning, as the sun is just rising, it will be time for you all ,....to be in the lodge kitchen by golly.



So up to the Lodge , the guests all arrived, with visions of Lutefisk dancing in their eyes. Virginia was there, checking each one, and so were Karen & Millie, counting every coin.

And then in a twinkling, the salt was being sprinkled, all over the lutefisk, with each pan shaking, like bowls full of jell-o. And with Owen & Phil, then placing each pan in the oven with care. Everyone spoke not a word, but they went straight to their work, filling all of the platters, and with a wink of their eyes, the guests were all served, having smiles and full belly's. Then it was heard, not knowing where





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December Birthdays

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Einar J Wulfsberg Tom W Lysne
Bjorn Gudmestad
Douglas P Haug
Rand L Redfern
Brenda F Dahl
Spencer L Holland
Rosanne M Foresman
Ellen Hardy
Shirley Jean Stilley
Margaret Suntken
Donald C Ankley
Beverly Ann Beasley
Jerry W Maines
John H Peterson
Travis Allgood
Tania Dawn Oldervik
Bjorg Mapstone
Kathlyn J Steinke
Caren A Alvestad
•
Patricia Hauke Staubo
Cheri Ann Hughes



Lefse Makes Us Better

A big Thank You to all hands that made our Lefse year a great one. We have great people that come forward every Monday to make it work. I will have a report at the December meeting as to how much we made, cost and profit. Lois



Card Social

Card Social will be December 6 with a potluck lunch at 12:30 pm at Viking Hall followed by visiting and cards. Questions call Ginny at 495-0253. Everyone is welcome

Viking Sisters

Mark your calendars for Thursday, December 8th, 1 pm for lunch at the Country Buffet, Citadel Crossing. Academy and Galley. Call Ginny Johnson 495-0253



Cookbook

The cookbook preparations are underway. It should be ready for the printer in early 2017. There are several recipes that do not have the names of the people who submitted them. If any of the following are your recipes, please call Ginny at 719-495-0253 : Chocolate Cherry Bars, Spicy Pineapple Zucchini Bars, Taco Enchiladas, 5 Kinds Bean Bake, Pasta Veg Salad, Cranberry Salad



Rosemaling Classes at Viking Hall All skill levels are welcome. The cost for each 4 hour session is \$20.00. Please call Cindv

4 hour session is \$20.00. Please call Cindy Bauer at 633-8260 or Bj Mapstone at 264-0955.

Book Club meets every second Wednesday of the month at 5:00 pm at Viking Hall. Our facilitator is Dot Everett. We are reading books by Sigrid Undset this month. We are taking December off but will start meeting again in January

25th Annual Barnelopet

Leggett Hall at the <u>YMCA SNOW MOUNTAIN RANCH</u> has been reserved for February 25, 2017, check in 9:30 am. Deadline to pre-register is February 18th with: Lois Hodne at 303-795-6695 or Email: <u>hiloie@aol.com</u> For lodging: Snow Mountain Ranch YMCA – (303)443-4743

Thank you, again

Thanks to the membership who agreed that we rent a table and participate in the Family History Fair on Nov. 5. This event was hosted by the Pikes Peak Library District and the Pikes Peak Genealogical Society. We stayed busy talking to people about our Sons of Norway resources, history, activities and upcoming events, namely Lutefisk Dinner and Christmas Tea.

We passed out many event announcements and pamphlets---thanks to Linda Wennerberg and Nancy Allen for ordering extra box of pamphlets and to all members who donated Viking magazines.

Thanks to Lois Halvorson for packing the cooler with lefse, to Hunter Hughes for driving to Viking Hall to transport lefse and to Randy Johnson for providing the lefse sale signs. Thanks to Coltrin children, Austin and Miranda, for dressing in folk costumes and leading the "Shoemaker Dance".

Thanks to all who shared information at our table, especially Pat and Gerald Rowe, Kathie Godsil, Steve Hermanson, Marilyn Keck, Eunice Bluhm. Other members sighted included Ginny Johnson, Dave, Lisa, Timothy and Ethan Coltrin. Busy day. Lots to see. Tusen takk ! Eunice





Sunshíne – December 2016

Happy Birthday to everyone born in the month of December. Also, Happy Anniversary to those who celebrate this special event this month. And a very Merry Christmas to everyone!

Ken Halvorson had exploratory surgery to stop his nose bleeds and he is doing much better even though he tires easily. Keep him in your thoughts and prayers.

Paul and Ruth Wiig: Ole reports that Paul had a respiratory illness that cut his hunting trip short and Ruth has mononucleosis and is trying to rest and recuperate. So, if you missed them at the Lutefisk Dinner, that's why. We wish them both a speedy recovery.

December's thought: Yule, is when the dark half of the year relinquishes to the light half. Starting the next morning at sunrise, the sun climbs just a little higher and stays a little longer in the sky each day. Known as Solstice Night, or the longest night of the year, much celebration was to be had as the ancestors awaited the rebirth of the Oak King, the Sun King, the Giver of Life that warmed the frozen Earth and made her to bear forth from seeds protected through the fall and winter in her womb. Bonfires were lit in the fields, and crops and trees were "wassailed" with toasts of spiced cider." - Yule Lore

And a Christmas thought: "Happy, happy Christmas, that can win us back to the delusions of our childhood days, recall to the old man the pleasures of his youth, and transport the traveler back to his own fireside and quiet home!" - Charles Dickens

Fraternally, Karen Ravnaas – 390-0621

I was going to write something expressing my gratitude to the people who helped prepare and serve all the food at the Lutefisk Dinner and cleaned up afterward but Steve did such a fine job, little else should be said. From this point forward, we will think of lutefisk when someone starts with, "Twas the night before Christmas." A gift that lasts forever.

Some fifty people worked at this lutefisk and meatball dinner. Every one of them was essential to make it a success. To each of you volunteers, Mange Takk. Many Thanks.

We served over 300 people so we took in about \$6000.00 at the reservation table. The sales of baked goods, other foods and the butikk articles were over \$3000.00. Of note was \$910.00 in lefse sales and \$420.00 for lutefisk. The food expenses were over \$3000.00 including \$1400.00 for lutefisk and shipping. The final profit should be near \$5500.00 with more as we sell the remaining lingonberries, herring and lutefisk.

We had a good event, got several new people involved and made some money. Not so bad then. That is pretty high praise at Fjellheim . Mike

MEMBERSHIP WORKSHOP 2017 District Six, Zone 8 January 28, 2017 9:00 coffee/social 9:30-2:00 workshop Trollheim Lodge, 6610 W 14th Ave Lakewood, CO 80214 All Colorado Lodge members are invited to the workshop. This is a great time to share ideas, meet in groups of similar offices, as we increase our learning. We will review the Sons of Norway website, generate ideas, share information including Barnelopet, the Scandinavian Festival and possible Krestevne! Lunch will be served. Sharing of ideas help make our Zone 8 Lodges the best in the West! Bev Moe bevm259@comcast.net

What to Expect

I had an interview this morning with a writer from the Viking magazine. She asked me what our members should expect from a FBC (Financial Benefits Counselor).

I do not know about other FBCs but my expectations for myself are relatively simple:

Honesty/Trust – Members should know they can share their financial information with the FBC without fear it with will be shared with others. The members should expect the FBC to give honest advice about the best program for them. For example, someone may want to consolidate several old annuities into one new one but when reviewing the policies you see better interest rates and no withdrawal penalties. The FBC will advise reconsideration and probably lose a nice sale but the client is better off.



Computer Competency -We have good software and we should be able to set a laptop computer the member's dining room table and show multiple illustrations of the short-term and long-term impact of the client's potential purchase. The client should be able to see and study all the facts to make the best decision. For example, do you want a split annuity, how about annuity versus life insurance or combinations of term and whole life policies? Is a chronic illness rider worth the cost?

Once the decision is made, we can write the policy online. If the client wants paper, we can print anything the computer gives us.

- Access Being available in evenings and on weekends is part of an FBC's commitment. We get access to members' information and space in lodge newsletters and time at lodge meetings. We see our clients at meetings and lodge activities. To be easily available to members seems like a fair exchange.
- Help Lodges FBCs should know something about the structure and culture of the Sons of Norway and help lodge leaders. We should help with membership promotion. We see the cultural programs in each lodge so we should share program ideas with other lodges. If we can, we should help lodges with activities. I am helping cook lutefisk in four lodges this year. I do not recommend this to other FBCs but it is something I can do so I will.

To be an FBC is a privilege. We have a pool of potential clients handed to us and numerous opportunities to visit with them. You have a right to expect a little extra effort from us. Hopefully I can give it to you.

Mike Johaneson, FBC 720 971 0130 mjohaneson@gmail.com

FJELLHEIM - 2016 OFFICERS

Board of Directors					
President	Steve Hermanson	520-0303			
Counselor	ubetcha@reagan.co Michael Johaneson				
Secretary	Sara Berge	495-2134			
Asst. Secretary	Virginia Nelson	650-7029			
Treasurer/Finance Chain		495-0253			
Assistant Treasurer Membership Secretary	Larry Moe Nancy Allen	310-2466			
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Due ano an Dimestory					
<u>Program Directors</u> Social Coordinator	Kathie Godsil	266-9592			
Cultural Coordinator	Marjorie Erickson	597-2196			
Hostesses	Doris Lake	596-8600			
	Darlene Aaland Carol Eacker	550-1288 633-5193			
Sunshine	Karen Ravnaas	390-0621			
Sports	Kerry Hefta	266-9429			
Foundation	Caren Alvestad	648-2320			
Cultural Skills Book Club	Bjørg Mapstone Dot Everett	264-0955 330-1206			
DOOK CIUD	Dot Everett	550-1200			
Support Officers		(22			
Greeters	Lois Halvorson	632-6003 576-1396			
Marshalls	Owen Bergland Dorothy Hanson	599-8546			
	LaRue Hanson	599-8546			
	Ole Bakken	632-3892			
Editor	Michael Johaneson Tania Oldervik				
Photographer Web Page & Facebook	Randy Johnson	310-3586 260-7028			
Musician	Sonja Gund	473-9588			
Publicity	Eunice Bluhm	495-2029			
Historian	Virginia Nelson	650-7029			
Librarian Viking Sisters	Sonja Gund Ginny Johnson	473-9588 495-0253			
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Committees/Special A Auditors	<u>ctivities</u> Dean Tollefson	473-1110			
Auditors	Ole Bakken	632-3892			
	Millie Sullivan	597-0381			
Tubfrim	Tania Oldervik	310-3586			
Volunteer Hours Financial Benefits	Cathe Berg-Maines Michael Johaneson	282-0908 720 971-0130			
Fjellheim Managemen					
Directors	Karen Ravnaas Paul Wiig	390-0621 596-6159			
	Bjorg Mapstone	254-0955			
	Jerry Maines	282-0908			
Trustees	Owen Bergland Rodger Erickson	576-1396 597-2196			
Trustees	Jerry Johnson	495-0253			
	Terry Mapstone	264-0955			
Coloredo Zono 8 Dino	- 4				
Colorado Zone 8 Direc		20-746-9755			
	bevm259@comca				
District 6 President Mar	y Beth Ingvoldstad	707-987-2404			
Ividi	mbingvoldst@aol	l.com			
ALL PHONE NUMB	ERS HAVE 719 PR	REFIX			
UNLESS OTHERWI	SE IS NOTED				

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