

Are We There Yet?

Conversations to Help Navigate Parenting

Designed for: Parents starting out on their parenting journey and for anyone encountering bumps in the road and blind curves along the way

- We will explore a variety of parenting topics, through activities that foster greater self-awareness, with new ways to manage child-rearing challenges.
- Parents will create their own unique parenting map - a long-term plan that will bring more ease, calm, and pleasure to family life.

Dates: Tuesdays - September 26, October 3, 10 & 17, 2017

Location: Sinsheimer School

Time: 6:00 to 8:00p.m.

Cost: \$15.00

Participants receive the parenting journal:

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Michele Gordon Johnson, Parent Educator & Coach

Michele has taught Early Childhood & Family Studies courses at the college-level for more than 22 years. Prior to teaching the adult learner, Michele was an infant-toddler and preschool teacher. Additionally, Michele is an experienced Parent Educator, certified in variety of parenting programs. For over a decade Michele has facilitated parenting groups and provided individual parent coaching, more recently using the parenting journal/coaching tool that she authored:

Are We There Yet? Conversations to Help Navigate Parenting.

