



# HAPPY HALLOWEEN!



Hawaii Association For Play Therapy Newsletter  
October 25, 2010

## Message from the President

Dear HAPT Members:

"HAPT has had an exciting year!" (See our Newsletter 3/31/10). As I write this, I am bringing this message to all the therapists and presenters that I meet in Louisville, Kentucky at the 27th Annual International Play Therapy Conference. Here, at the APT conference I tell our story about a "tsunami" that upset our 2010 Conference and I share about our struggles to keep HAPT a strong and viable organization. I listen to others and hear about their problems in maintaining their organization's financial viability. We are not alone. While, tsunamis' are exciting and unique, we have prevailing challenges ahead.

When I introduce myself as a representative of Hawaii, it doesn't seem necessary to promote Hawaii as an ideal setting for our work. Hawaii is everyone's dream. But Hawaii is a reality for us and we strive to bring the best to Hawaii's children. I feel a sense of pride that, in spite of our challenges, we continue to bring high level training and promote our expertise in our field. The positive response to our recent workshop by Jeanne Teleia, is a good example. I have a sense of pride knowing that HAPT is made up of individuals who are willing to volunteer their time, effort and talents. I am confident that this coming year will move us closer to our goals of sound financial health and increased membership, as we continue to bring high-level training to Hawaii.

We have an "exciting" year ahead of us with our 2011 Conference that will bring the esteemed Daniel Sweeney to our islands who is an exciting speaker. As many of you know Daniel Sweeney is the founder and director of the Northwest Center for Play Therapy Studies. He is also a tenured professor of counseling and program director for the counseling program in the Graduate Department of Counseling at George Fox University. Dr. Sweeney is a member of the board of directors and past president of the Association for Play Therapy, a registered play therapist-supervisor. He is a practitioner and has written numerous books. We will have the opportunity to gain new insights on the neurological and

developmental benefits of play therapy for traumatized clients. Stay tuned for more details on his upcoming presentation. We have begun our negotiations with Paris Goodyear-Brown for 2012.

Additionally, we are starting up an informal peer group which meets monthly that provides us, not only a venue for reviewing our cases but also a chance to share our talents and clinical skills at an informal level. Dress rehearsals for a larger venue? So HAPT is quite alive and well and has an exciting future. I will close with a quote by Goethe that was used by Diane Frey in her excellent seminar on Play Therapy Strategies for the Treatment of Anger. "In all situations, it is my response that decides whether a crisis will be escalated or de-escalated and a person humanized or dehumanized. If we treat people as they are, we make them worse. If we treat people as they out to be, we help them become what they are capable of becoming."

Aloha from Louisville, Kentucky,

Roben Marvit



# ALOHA...



Pictured from l. to r.: Linda Rivera, Liz Kong, Nami-Ann Dolan, Gina Eustaquio, Roben Marvit, Kimberly Neal, and Ann Marten.

At the Annual HAPT Membership Meeting, held on September 18, 2010, we said goodbye to the 2009-2010 Board of Directors, and hello to the new 2010-2011 Board. To our outgoing Board, we say Mahalo Nui Loa for your hard work. Special acknowledgment goes out to Liz Kong who not only served as Secretary, but also co-chaired the 2010 Conference. Most members also know that the organization would struggle without the support of Scott O'Neal, Webmaster and jack-of-all-trades. While not officially a Member of the Board, most information passes through his hands as he is the keeper of lists! Scott also co-chaired the 2010 Conference with Liz Kong.

### **2009-2010 Board:**

Nami-Ann Dolan, President  
Linda Rivera, Past-President  
Roben Marvit, President-Elect  
John Mascaro, Treasurer  
Liz Kong, Secretary  
Marilyn Choy-Gibson, Member-at-large

### **2010-2011 Board:**

Roben Marvit, President  
Nami-Ann Dolan, Past-President  
Gina Eustaquio, President-Elect  
Ann Marten, Treasurer  
Kimberly Neal, Secretary  
Marilyn Choy-Gibson, Member-at-large

# YAHOO!

For those of you who were unable to attend the HAPT Annual Membership Meeting this year, a few exciting announcements were made.

- From now on, membership in HAPT will automatically lead to enrollment in HAPT'S Yahoo Discussion Group. It is a wonderful way to stay in touch with colleagues, easily request information on community resources, ask for feedback on difficult cases, or just voice an opinion. Of course it is prudent to maintain client confidentiality, but this group provides an opportunity to quickly reach out to other professionals who can draw on their skills, and knowledge to assist you. If by some chance a member is not interested in participation in the Yahoo Discussion Group, it is always possible to opt out.
- HAPT is also spearheading the forming of a peer supervision group or groups. The details have not been worked out yet so stay tuned. A mini needs assessment will be sent out soon! A list of people interested in being in a group has already been started so please send an email to Marilyn at [swchewie@hawaii.rr.com](mailto:swchewie@hawaii.rr.com) if you want to be included.

## GRATITUDE

Nothing gets done without the help of the membership. Two very special people volunteered to share their talents so that HAPT could offer trainings to both the membership and professionals in the community. Graciously, they donated hours in preparation and presentation. Through their efforts, HAPT was able to share play therapy in the community and to further a sense of connection and pride within the organization.

We are grateful to Carla Sharp, APRN, RPT-S, CST-T, and Jeanne Teleia, MS, MFT, CSAC for their enlightening presentations. Carla offered "Eight Principles of in-Depth Play Therapy: Applying Jungian Concepts to the Child's Work" at HAPT's semi-annual workshop held on May 8<sup>th</sup> at the Dole Cannery. Coordinators of the event were Lyn Lee and Michelle Birdsall. Jeanne presented "Group Play Therapy" on September 18<sup>th</sup> at a lovely venue, Queen Lili'uokalani Children's Center, secured by Shelly Tokunaga-May and her gang. Shelly volunteered to coordinate the training and Annual Membership Meeting.

Without these committed volunteers, we would not have been able to offer these trainings.

We would also like to acknowledge Robin Spencer, who volunteered to be a one person nomination committee. It was no easy task and we are grateful to her for her fortitude. Lastly we would like to acknowledge Sue Bergman for her role as informal HAPT Recruiter. Without her salesmanship, filling positions can be daunting.

## MEET THE MEMBERS. . .

**This month we resume a column initiated by Lyn Lee, former Member-at-Large, to help to connect members to members. Since many just were introduced to Jeanne Teleia at her training, this is an opportunity for the rest of the members to get to know her. Unfortunately, you have missed getting the full impact of her smile and humor, if you did not see her in person.**

Jeanne Teleia, MS, MFT, CSAC operates a private practice in her home office in Kaneohe/Kahalu'u. She is one of the only practitioners on the Windward coast north of Kaneohe town.

After receiving her Master's in Family Studies and working for some years in program development (but always finding kids to play with), she discovered in the late 1990's that play therapy was a clinical field. She actually did her play therapy education and certification before she finished her MFT clinical education in 2000. "I knew if there was a play therapy field, that was for me. Play was one thing I knew I was good at!"

She works with children and families around issues of trauma, child abuse, substance abuse, attachment problems, divorce/separation, ADHD, anxiety and depression, self efficacy and stress and anger management. Jeanne is most interested in attachment and trauma issues since it seems to be a root cause for many social, personal and family problems.

Jeanne uses an integrative approach mainly focused on child directed and centered play therapy, parent training (including many filial play therapy, Parent-Child Relationship Therapy, and PCIT principles and practices), family play therapy and some cognitive behavioral techniques. In addition to the common play therapy approaches she also uses mind-body techniques such as EFT, body sensation, guided visualizations and most recently has received training in Ericksonian hypnosis. "I have been using this technique with adults and am ready to expand its usefulness to children and families. I see as it is extremely gentle and subtle, yet can cause significant shifts by evoking the resources within each person and family."

Jeanne also had seen a need for ADHD/social skills support groups for children, developed a curriculum and ran several groups of 8-10 year olds successfully so far. She is always open to connecting with more children to start another group or one with a different age group.

In addition to the play therapy practice, Jeanne also sees adults, particularly those with abuse and trauma backgrounds and does some couple work. She sees all the work that she does as hopefully improving the lives of children since most of the adults she sees have children and subsequent family or parenting concerns. In fact, Jeanne's goal is to learn more about adult play therapy and how it could be another useful approach to allowing the unconscious to guide the healing work.

Jeanne can provide supervision to those working toward their MFT licensure. You can contact her at [jteleia@gmail.com](mailto:jteleia@gmail.com) or 224-5008.

# Looking for Play Therapy Supervisors?

## Looking for Play Therapy Supervisors?

### Hawaii Registered Play Therapy Supervisors

Members who are interested in receiving their credentials in play therapy (i.e., Registered Play Therapist), and/or those seeking counsel regarding those sometimes sticky complex cases, here's your opportunity! Below is an updated list of your friendly neighborhood Registered Play Therapist Supervisors who are extending their offers:

**Carla Sharp, APRN, RPT-S, STA/ISST** - Offers individual supervision by appointment and has held group supervision once a month for 13 years. Currently, group supervision is open to anyone and meets on the first Saturday of each month from 9am to 12pm at her office at 315 Uluniu Street, Kailua, #207.

Attendees bring play therapy material and/or videos of their session for support and feedback. She has also created a Play Therapy Training Package which allows one to purchase 100 hours of training and 35 hours of supervision at a discounted rate. You can email her for more information at [carla@carlsharp.com](mailto:carla@carlsharp.com).

**Teresa Shigemasa LMHC, RPT-S** - Behavioral Health Specialist at Sunset Beach Elementary School on the North Shore. Please contact through email: [tshigema21@yahoo.com](mailto:tshigema21@yahoo.com) Expertise is in the use of Play Therapy to address a host of diagnostic issues within the educational model. Willing to travel to a more central location for interested members.

**Margaret Bubon Smith, MA, MFT, RPT-S** – Currently the Director of Healthy Start at Child and Family Service on Kauai. Experience with foster care, child abuse, and preschool age children. She can be contacted at [mgtbubon@hawaiiantel.net](mailto:mgtbubon@hawaiiantel.net) or via phone: 808-332-5200.

**Anita Trubitt, LCSW, RPT-S** – Private Practice with specialty in divorce/paternity cases where custody and visitation are issues. Supervision or consultation available. Contact through email: [trubitt@hawaii.rr.com](mailto:trubitt@hawaii.rr.com) or by phone: 808-261-2524.

**Laura Williams LCSW, RPT-S** - Works for CFS in Waimea on the Big Island of Hawaii. Contact: 808-895-0989. Expertise is in attachment and children with autism.

**Elizabeth Kong, MA, LSC, LMFT, RPT-S** - Currently works as a School Counselor in East Honolulu. Experience working with children with school related issues, anxiety disorders and selective mutism as well as children with physical challenges and families with substance abuse issues and loss. She can be contacted by email at [Midget95127@yahoo.com](mailto:Midget95127@yahoo.com). Available for individual supervision.

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# More News

**NEWSLETTER CONTRIBUTIONS WELCOMED:** As always, we welcome contributions to the newsletter: review of play therapy literature tips or techniques you have found helpful; resources; upcoming trainings related to play therapy; letters to the editor, etc Please contact the new Member-at-Large [member-at-large@hawaiiplaytherapy.net](mailto:member-at-large@hawaiiplaytherapy.net).

## **REMINDERS:**

If you received this edition of the newsletter by regular mail and prefer to receive it by email, please send your name and email address to [member-at-large@hawaiiplaytherapy.net](mailto:member-at-large@hawaiiplaytherapy.net). To ensure that you receive all HAPT news in a timely manner, please inform us of any name or address changes. Mahalo!

To those of you who received this newsletter via email and do not wish to receive future email from HAPT, please type "Remove Me" in the subject line and return the email. As a reminder, past editions of our newsletters are available for viewing at our website: [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net).

## **CONTACTING HAPT:**

Please visit us on our website at [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net). We can also be reached by writing to P.O. Box 176, Pearl City, HI 96782, or emailing members of the HAPT Board of Directors.

Roben Marvit, Ph.D., MPH, President - [president@hawaiiplaytherapy.net](mailto:president@hawaiiplaytherapy.net)

Gina Eustaquio, President-Elect - [president-elect@hawaiiplaytherapy.net](mailto:president-elect@hawaiiplaytherapy.net)

Nami-Anne Dolan, MEd, NCC, Past-President - [drivera@betterlifebydesign.com](mailto:drivera@betterlifebydesign.com)

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Ann Marten, MSW, LCSW, Treasurer - [treasurer@hawaiiplaytherapy.net](mailto:treasurer@hawaiiplaytherapy.net)

Marilyn Choy-Gibson, MSW, LCSW, Member-At-Large - [member-at-large@hawaiiplaytherapy.net](mailto:member-at-large@hawaiiplaytherapy.net)