



MARCH 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 4:00 – 4:50 – FS 5:00 – 5:50 – FS	2 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS 11:30 – 12:00 HIGH Style 12:00 – 12:30 LOW Style 12:30 – 12:50 Stroking – HIGH & LOW
3 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS	4	5	6 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – LTS	7 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 –LOW FS	8 4:00 – 4:50 – FS 5:00 – 5:50 – FS	9 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS 11:30 – 12:00 HIGH Style 12:00 – 12:30 LOW Style 12:30 – 12:50 Stroking – HIGH & LOW
10 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS	11	12	13 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – LTS	14 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 –LOW FS	15 4:00 – 4:50 – FS 5:00 – 5:50 – FS	16 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS 11:30 – 12:00 HIGH Style 12:00 – 12:30 LOW Style 12:30 – 12:50 Stroking – HIGH & LOW
17 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS 	18	19	20 4:00 – 5:00 - SA 5:00 – 6:00 – FS 6:00 – 6:50 – LTS	21 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 –LOW FS	NO SKATING	NO SKATING
24 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS	25	26	27 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – LTS	28 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 –LOW FS	NO SKATING	NO SKATING
31 NO SKATING						Revised 1/18/19

