



August 2018

Dance Centre Studios
Cross Country Plaza
Columbus, GA
706-563-7700

<http://dancecentreballroom.com>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>For God so loved the world that He gave His only begotten Son, that whosoever believes in Him shall not perish, but have eternal life. John 3:16</i>			1 8:30 PM Bronze Swing	2 	3 8:30 PM Variety Workshop	4 Smiling covers a multitude of mistakes on the dance floor.
5 <i>“Everything got started in God and finds its purpose in God.” Colossians 1:16b</i>	6 8:30 PM New Student Workshop	7 	8 8:30 PM Bronze Hustle	9	10 8:30 PM Variety Workshop	11 The waltz teaches poise, control, balance and grace.
12	13 8:30 PM New Student Workshop	14 Dancing combines rhythmic, musical, emotional, and cognitive brain functions enhancing the brain’s alertness.	15 8:30 PM Bronze Waltz	16 	17 8:30 PM Variety Workshop	18 As a social activity, ballroom dance builds social confidence; and therefore, a better outlook on life.
19 <i>“God has planted eternity in the human heart.” Ecclesiastes 3:11</i>	20 8:30 PM New Student Workshop	21	22 8:30 PM Bronze Jitterbug	23 Nothing would be done at all if we waited until we could do it so well that no one could find fault with it. Cardinal Newman	24 8:30 PM Variety Workshop	25 
26 	27 8:30 PM New Student Workshop	28 Both partners should maintain firm wrist, elbow, & shoulder tension for sideways, forwards, and backwards movement.	29 8:30 PM Bronze Foxtrot	30 	31 8:30 PM Variety Workshop	Dancing improves posture, stamina, and ease of movement.