



The mission of **Blooming Abilities** is to equip children with the skills necessary to grow and develop to their fullest potential.

We strive to provide exceptional pediatric occupational therapy services to children and their families in a nurturing, child-friendly environment.

We provide education and support to families to ensure successful carry-over of skills into daily life.

Our desire is to create opportunities for children to master skills, achieve independence, and be successful in all that they want or need to do.

About Us

Blooming Abilities is a private pediatric Occupational Therapy practice providing assessment and intervention to support children in learning and developing skills that are challenging for them.

Intervention for fine motor and printing difficulties is provided in a small group setting to enable children to learn together while improving upon printing skills, pencil grip, dexterity, finger and arm strength, body awareness and core strength.

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Blooming Abilities

Pediatric Occupational Therapy

“Helping children blossom to their full potential”

Printing & Fine Motor Groups



About Handwriting

Despite the growing use of technology, handwriting (or printing) remains an essential life skill and is the main form of assessment for students in the classroom!

Concerns related to handwriting are among the fastest growing areas of referral to Occupational Therapy (OT).

Children who struggle with the quality and/or speed of writing are frequently at a disadvantage in the classroom.

There are many well-documented consequences of poor handwriting in research literature including under-achievement in school, lowered self-esteem and lack of confidence.

Many studies offer strong evidence that structured handwriting instruction leads to improved writing performance, an increase in academic success, and improved self-esteem.

Only a small number of children qualify to receive support from OT in the school system. Without direct intervention, many children continue to struggle.

Blooming Abilities offers intervention and support for children to help them achieve the success their families believe they can!



Printing Groups

The goal of our printing groups is to emphasize success for each child and build a sense of confidence when writing.

Children will be placed into a small group based upon current skill level after an initial screening assessment.

Each group session includes:

- Screening assessment and goal setting with parents
- FREE one-hour parent workshop for effective carry-over of skills
- Eight weeks of engaging small group instruction led by a registered OT who is Level 1 certified with Handwriting Without Tears®
- Weekly take home activity suggestions
- Post-group assessment and summary report of child's progress

Consultation with school team members available upon request.

Did you know?

30-60% of the school day is spent doing handwriting and other fine motor tasks.

Getting Help

If your child ...

... struggles with or avoids printing or drawing

... has delayed and/or weak fine motor skills

... experiences difficulty with coordination or motor planning

... has difficulty holding a pencil correctly

Blooming Abilities can help your child and you!

Example of correct pencil grip—efficient tripod pencil grasp



Examples of inefficient pencil grasps

