

Unfoldings

An eLetter from Ralph and Jennifer Ennis



SINCERE HEARTS

Our hearts are extremely important in our spiritual journeys across all issues of life. The condition of our hearts will foretell our behaviors. Sooner or later whatever is brewing in our hearts may bubble out onto the lives of others.

... let us draw near to God with a sincere heart ... Hebrews 10:22 (NIV)

Keep thy heart with all diligence; for out of it are the issues of life. Proverbs 4:23 (KJV)

A sincere heart requires courage to look within and see our insincerity—our motives that are less than love. A sincere heart is full of love received from the Father. An insincere heart is full of the pride, greed, lust, insecurity, manipulations that dominate our lives and the world around us—even the political landscape of our day.

Consider the above image. What would it look like to have a sincere heart today? Feel like?

As we seek God for the courage to address our hearts, we often avoid receiving His loving, pruning touch. We want our hearts to be free of the burdens that insincerity harbors without the necessary hard look within. Might we fear condemnation and thus fail to receive His loving mercy?

As life unfolds for you today, how might the above passages encourage you to sincerely walk with God? What issues of life and interpersonal relationships are being impacted by the sincerity of your heart today?

Consider sharing this passage and image with someone you love and care for. How might you both encourage the other to examine your hearts with love and truth?