

DRY AGED ALBERTA BEEF

Prices in effect until Dec 31/2023

Premium Beef Oven Roasts

-  Sirloin Tip Roast..... \$ 9.34/lb. (\$20.59/kg)
-  Inside Round Roast..... \$ 9.34/lb. (\$20.59/kg)
-  Outside Round Roast.. \$ 8.79/lb. (\$19.37/kg)
-  Eye of Round Roast.... \$10.44/lb. (\$23.01/kg)
-  Bnls Cross Rib Roast... \$ 9.89/lb. (\$21.80/kg)
-  Boneless Blade Roast... \$ 9.34/lb. (\$20.59/kg)
-  B&R Prime Rib Roast. \$21.99/lb. (\$48.48/kg)

Speciality Beef Cuts



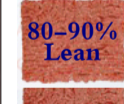
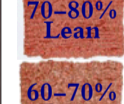


-  Beef Braising Rib 2" ... \$ 10.99/lb. (\$24.20/kg)
-  Beef Maui Rib 1/4" \$ 12.08/lb. (\$26.43/kg)
-  Beef Finger (Back) Rib. \$ 9.99/lb. (\$21.99/kg)
-  Texas Style Long Rib . \$10.99/lb. (\$24.22/kg)
-  Lean Stir Fry Strips..... \$10.99/lb. (\$24.22/kg)
-  Lean Stewing Beef..... \$ 9.35/lb. (\$20.62/kg)

Beef Primal Cuts




-  Whole Bnls Cross Rib \$ 9.12/lb. (\$20.11/kg)
-  Whole Boneless Blade \$ 8.79/lb. (\$19.37/kg)
-  Beef Butt Tenderloin... \$27.47/lb. (\$60.56/kg)
-  Top Sirloin Butt..... \$ 10.99/lb. (\$24.22/kg)
-  Whole Striploin (uncut) \$18.49/lb. (\$40.76/kg)
-  Whole Ribeye (uncut).. \$19.99/lb. (\$44.07/kg)

FROZEN GROUND MEATS

Ground Beef (1 lb packs)

-  **90% Lean** Extra Lean Ground Beef. \$ 6.99/lb. (\$15.41/kg)
-  **80-90% Lean** Lean Ground Beef..... \$ 6.49/lb. (\$14.31/kg)
-  **70-80% Lean** Medium Ground Beef... \$ 5.99/lb. (\$13.21/kg)
-  **60-70% Lean** Regular Ground Beef.... \$5.49/lb. (\$12.11/kg)
-  Lean Beef (4 or 6 oz) Patties. \$7.49/lb. (\$16.52/kg)
-  **Ground Lamb (Medium)** \$15.39/lb. (\$33.92/kg)

Ground Pork (1 lb packs)

-  **80-90% Lean** Lean Ground Pork..... \$ 5.99/lb. (\$13.21/kg)
-  **70-75% Lean** Regular Ground Pork.... \$ 4.99/lb. (\$11.00/kg)
-  Lean Pork (4 or 6 oz) Patties. \$ 5.99/lb. (\$13.21/kg)






Ground Poultry (1 lb packs)

-  Lean Ground Chicken. \$ 10.44/lb. (\$23.01/kg)
-  Lean Ground Turkey..... \$ 9.49/lb. (\$20.92/kg)

Premium Beef Grilling Steaks

-  T-Bone Steak..... \$15.49/lb. (\$34.15/kg)
-  Strip Loin Steak..... \$20.34/lb. (\$44.84/kg)
-  Ribeye Steak..... \$21.99/lb. (\$48.48/kg)
-  Tenderloin Steak..... \$27.49/lb. (\$60.60/kg)
-  Top Sirloin Butt Steak \$13.96/lb. (\$30.78/kg)
-  Prime Rib Steak..... \$19.46/lb. (\$42.90/kg)


Premium Beef Marinating Steaks

-  Tenderized Minute Stk. \$ 9.99/lb. (\$21.99/kg)
-  Flank Steak..... \$ 9.89/lb. (\$21.80/kg)
-  Inside Round Steak.... \$ 9.89/lb. (\$21.80/kg)
-  Beef Skirt Steak..... \$ 16.47/lb. (\$36.30/kg)
-  Beef Hanging Tender.. \$ 8.79/lb. (\$19.37/kg)

Premium Beef Simmering Steaks

-  Bnls Cross Rib Steak.... \$ 9.89/lb. (\$21.80/kg)
-  Bnls Blade Steak..... \$ 9.89/lb. (\$21.80/kg)
-  Bone In Blade Steak.... \$ 8.79/lb. (\$19.37/kg)

Various Beef Cuts

-  Whole Beef Brisket..... \$ 6.49/lb. (\$13.21/kg)
-  Beef Brisket Point..... \$ 8.99/lb. (\$19.82/kg)
-  Bone In Beef Shank.... \$ 5.49/lb. (\$12.10/kg)
-  Boneless Beef Shank... \$ 7.69/lb. (\$16.95/kg)
-  Whole Beef Flank..... \$ 5.49/lb. (\$12.10/kg)

Beef Bones (5-10 lb bags)

-  Mixed Beef Bones (Cut) \$ 2.20/lb. (\$4.84/kg)
-  Shank Bones (Whole)... \$ 2.75/lb. (\$6.06/kg)
-  Neck Bones (Meaty).... \$ 2.80/lb. (\$6.06/kg)
-  Knuckle Bones (Cut)... \$ 2.20/lb. (\$4.84/kg)
-  Marrow Bones (Cut 2") \$ 4.39/lb. (\$9.67/kg)
-  Smoked Shank Bones.. \$ 3.49/lb. (\$7.69/kg)

Beef Offal Cuts

-  Beef Tongue..... \$ 9.89/lb. (\$21.80/kg)
-  Beef Oxtail (Cut)..... \$ 9.89/lb. (\$21.80/kg)
-  Beef Liver (Whole)..... \$ 3.49/lb. (\$7.69/kg)
-  Beef Liver (Sliced)..... \$ 5.49/lb. (\$12.10/kg)
-  Beef Heart..... \$ 4.39/lb. (\$9.68/kg)
-  Ground Offal (Pet Food)... \$ 2.60/lb. (\$5.73/kg)