

# **Postural Development in Young Child and Adolescent: Strategies to Enhance Outcomes**

**Length:** 1 Hour

## **Description:**

When posture develops abnormally, and certain developmental milestones are either delayed or not met at all, it can affect numerous abilities. Recognition of the sequellae of abnormal postural development and other developmental milestones is crucial. Understanding appropriate interventions in the provision of assistive technology can help a child and caregivers to achieve an improved quality of life, improved function, and hopefully diminish additional issues later on.

Participants will learn about the development of posture for both normally abled and disabled persons, and about the importance of postural control in the daily lives and functional activities of those persons. Participants will learn about achieving key developmental milestones, and the various and inter-related impacts associated with not achieving those milestones in the normal time frame. Participants will learn how facilitating or enabling a client with physical disabilities to receive appropriate postural support through assistive technology to control posture against the force of gravity can be an important contributor to overall well-being, function within the individual's environment, physiological function, and long term optimal management of medical conditions.

**Instructional Level:** Intermediate

**Credits:** 1.0 CCU / 0.1 CEU

**TPTA approval pending**

**TOTA approval pending**

## **Presenter:**

### **Curt Prewitt MS, PT, ATP**

Curt Prewitt is Director of Education for Ki Mobility. He graduated from the University of Northern Colorado with a Bachelor of Science degree in Exercise and Fitness Kinesiology in 1992, and then earned his Master of Science degree in Physical Therapy from the University of Colorado in 1995. He practiced as a physical therapist in a number of settings for a few years, most prominently in long term care, where he gained experience with seating and wheeled mobility.

He transitioned from a practicing therapist to a manufacturer's representative, selling PT, OT and general rehab products, eventually moving into sales management and focusing on complex rehab technology. He has previously also served as a product trainer and product specialist, teaching product features and clinical application, as well as coordinating continuing education presentations, both accredited and non-accredited.

