



12 Fun Ways to Join the WESAK Festival Celebrations

The celebration of the WESAK Festival can be as simple as acknowledging the power of the first full moon in May or honoring the birth, enlightenment, and death of the historic Guatama Buddha.

- View a [beautiful, informative film](#) about the relevance of WESAK
- Watch this [documentary film](#) about the life of the Buddha
- Explore the [Buddha images, quotes, and insights on Pinterest](#) (Check out this one for sure - [10 Interesting Facts about Buddha](#))
- Follow this [colorful, historical graphical history](#) of the Buddha
- Explore the foundation of the [Four Noble Truths](#) in Buddhism
- [Take a photo tour](#) to see how the world celebrates Buddha's birthday
- Explore the [Top 10 Buddha Quotes](#)
- Did you know there's a [Maitreya Loving Kindness Tour](#) which features the exhibition of ancient and sacred relics from the Historical Buddha Shakyamuni and of other great Buddhist masters from India, Tibet & China. Find out when it will visit your area!
- Recite the [Great Invocation](#) (Watch/Listen to the video version recited at 10:30 minutes)
- Learn about the [Eightfold Path](#) practiced by Buddhists (This is a downloadable worksheet for self-study)
- Take time during the three days leading up to the full moon to consciously prepare your mind for focus, clarity, stillness, and receptive compassion ~
- Get into the WESAK mood with an [authentic WESAK song](#), [check out an English version](#) of the WESAK Day Song or listen to [one of the celebratory hymns](#).

