


ST. CHARLES AREA AGENCY ON AGING • APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatball Hoagie w/Creole Sauce on Hoagie Bun Southern Green Beans Chuckwagon Corn Pineapple Tidbits 2	Hamburger on a Bun Lettuce/Tomato/Pickle Mayonnaise/Mustard Baked Beans Orange Juice Chocolate Milk 3	White Beans & Sausage over Rice Mustard Greens Mixed Fruit Cornbread Strawberry Gelatin 4	Bourbon Chicken Salad Sandwich on Whole Wheat Bread Lettuce & Tomato Potato Salad Fresh Orange 5	Baked Bone-In Chicken w/Gravy Mashed Potatoes Carrots Whole Wheat Bread Variety Moon Pie 6
Sliced Roasted Turkey w/Gravy Mashed Potatoes Southern Green Beans Whole Wheat Roll Peaches Margarine 9	Chicken & Sausage Jambalaya Green Peas Normandy Blend Vegt Whole Wheat Bread Raisins 10	Red Beans & Sausage w/Brown Rice Steamed Spinach Fresh Fruit Cornbread LD Oatmeal Cookie 11	SPRING SPECIAL Roast Pork w/Gravy Cabbage Candied Sweet Potatoes White Dinner Roll Coconut Bar 12	BREAKFAST SPECIAL Sliced Ham or Breakfast Sausage Grits / Biscuit Peaches Orange Juice LD Fig Bar 13
Meatballs w/Country Gravy Smothered Potatoes Mixed Vegetables Whole Wheat Bread Fresh Fruit 16	Turkey & Cheese Sandwich on a Bun Lettuce/Tomato/Pickle Mayonnaise/Mustard Marin Zucchini Salad Peach Cobbler 17	Chicken & Sausage Gumbo w/Rice Okra & Tomatoes Potato Salad Whole Wheat Crackers Cake / Ice Cream Cup 18	Hamburger on a Bun Lettuce/Tomato/Onion Mayonnaise/Mustard Baked Beans Mandarin Oranges 19	Ham & Lima Beans w/Rice Mustard Greens Pickled Beets Cornbread Fresh Fruit 20
Smothered Chicken Carrots Mashed Potatoes Whole Wheat Bread Oatmeal Raisin Cookie 23	Sausage & Pinto Beans w/Rice Steamed Spinach Coleslaw Cornbread Apple Juice 24	Tuna Salad Sandwich on Whole Wheat Bread Lettuce/Tomato/Pickle Pickled Beets Fresh Orange 25	Spaghetti w/Meat Sauce Green Beans w/Peppers Tossed Salad w/Dressing White Dinner Roll Apple Cobbler 26	Ham & Turkey Chef Salad over Green Garden Salad w/Salad Dressing Saltine Crackers Fresh Orange Almond Cookie 27
Meatball Hoagie w/Creole Sauce on Hoagie Bun Southern Green Beans Chuckwagon Corn Pineapple Tidbits 30	All Meals are Served With 1/2 Pint of 2% Milk.	 SUNDAY, APRIL 1		Your Contributions are Greatly Appreciated. Please Help Your Council on Aging Help Others.