



## Personal Power for Leaders

### **About:**

Real leaders dare to show themselves. They lead from their personal strength and know exactly where their strengths and weaknesses lie. Does your staff know where their personal strength lies as leaders? Do you want them to discover how they can strengthen their effectiveness and how they can show themselves even more in their work and in their personal life? Then this training Personal Power for Leaders is the training you need.

Thanks to the unique design, there is a lot of attention for personal dilemmas and individual learning needs. Participants therefore experience Personal Power for Leaders as 'life-changing'. This training helps leaders take the next step in their personal and professional development.

### **Results:**

- Participants know what their power is as a leader and they know how to apply this power effectively
- Self-insight and reflection gets a huge boost
- Participants have gained insight into the phenomenon 'personal power'
- Participants developed their own personal strategy to further develop their power

### **Approach:**

An intensive training program with a unique approach:

2 senior top trainers on a maximum of 10 participants

A valuable personal report with the Lumina Spark® method

100% individual attention in your personal workshop

In no other training participants get so much personal attention for learning goals. Our trainers and the other participants support that with a lot of direct feedback. There is room for improvisation in this training and we expect an active attitude from every participant. The trainers use intervention methods, theories and work forms that fit learner's questions.

The personal Lumina Spark® report gives learners an in-depth self-insight and is discussed extensively in this training. It helps break through old patterns, develop a more powerful leadership style and fill in the role as a leader with more energy and greater effectiveness.