



# SAABE TIMES

A publication of the San Antonio Association of Building Engineers

April 2012

Mark Your Calendar—

## JOIN US FOR OUR APRIL MEETING!

The next General Membership Meeting of the San Antonio Association of Building Engineers is set for 11:30 a.m. on Wednesday, April 18, at the Embassy Suites Hotel (7750 Briaridge Drive; northeast corner of IH-10 and Loop 410).

The meeting topic is "Air Duct Cleaning 101," and the presenter will be Steve Seymour with Blackmon Mooring ([www.blackmonmooring.com](http://www.blackmonmooring.com)). Blackmon Mooring is also this month's meeting sponsor.

Please RSVP no later than Monday, April 16, at noon.

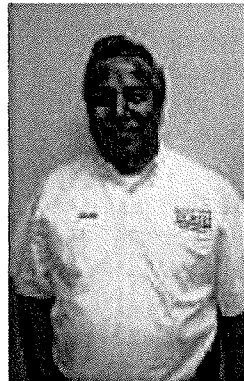
If you must cancel your attendance, please call Melodie Goff at (210) 408-8135 **BY MONDAY, APRIL 16, AT NOON** so we can cancel your meal.

Please make sure to check in at the front desk when you arrive.

**RSVPs are REQUIRED, so we can be sure to have enough meals on hand! ❖**

## Engineer Spotlight

by Jeff Turov



**Juan Estrada**

RL Worth & Associates  
Union Square  
10101 Reunion Place, Suite 170  
San Antonio, TX 78216  
(210) 377-0996  
[juane@rlworth.com](mailto:juane@rlworth.com)

• **How long have you been in the building engineer trade?**

I have been involved in building maintenance for 18 years. For ten of these years, I worked for the Baptist Medical Center, and for the past 8 years, I have worked in a commercial real estate building. I have been a member of SAABE for the past eight years.

• **Which has been more rewarding – hospitals or commercial real estate?**

When I worked in hospitals, I always felt like I was being micro-managed and was constantly under the gun. In commercial real estate, I have found that you are much more responsible for managing your own time and making your own decisions. I like commercial real estate much better.

• **What is your work ethic?**

My work ethic is to be loyal, honest, and hardworking and to continuously hone my skills in all aspects of my job. I never stop learning and am always looking for opportunities to improve myself. My goal is to always keep the customer happy and be as responsive as possible.

• **What makes you angry?**

If I encounter a problem that I can't solve on my own, this makes me angry. To overcome this, I work towards finding the answer on my own. And, if all else fails, I will use a life line and call a friend.

### Many thanks to our Vendor Sponsors!

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#### Journeyman Level

Preferred Landscape and Lighting

(Continued on page 2)

## A Message from the President by Charles Mikolajczyk, Jr., CBE-M

Will XII-XXI-MMXII (12/21/12) be another Y2K? Seems like Socrates and the Mayans thought so. The Doomsday Preppers are busy preparing, vendors are making a killing on MRE's, ammo, bunkers, etc., and the reality shows are eating it up!

Like it or not, there's nothing anyone can do to avoid December 21st, 2012, but it appears some will be prepared. Let us all hope and pray that the consultants don't get on the band wagon like they did with Y2K, because I'll likely go postal if required to fill out another compliance checklist!

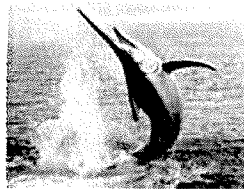
One thing is for certain - if something does occur with the sun, the magnetic poles, EMP, etc., the Preppers will be ahead of everyone in the game!

Preparation is a methodical madness everyone has within them. Be it the wife who takes three suitcases for an overnight trip or the building engineer who has diligently considered various scenarios and has a plan of action for most or all of them.

Remember the eight P's applies to most any project... Proper Prior Planning and Procedure Prevents Pizz Poor Performance!

Till next month/meeting...gone fishing!

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### Engineer Spotlight (continued)

- **Where were you born?**

I was born and raised in San Antonio and graduated from Ashwood High School which was part of the Edgewood School District. I married my high school sweetheart 40 years ago and have two daughters and three grandchildren.

- **Hobbies/what do you enjoy during off-hours?**

I enjoy working in my garden and spending quality time with my wife, children, and grandchildren.

- **What is the most interesting place you have ever traveled to?**

Once a year, my wife and I travel to Guadalajara, Mexico to visit her mother. Although it is an annual trip to the same place, it is always nice to get away to a different place. ❖

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## Why Should You Join SAABE?

If you haven't joined or rejoined SAABE for 2012, below are some compelling reasons to do so.

### Why should Building Engineers join SAABE?

- Regular exposure to the knowledge and experience of other building engineers
- Training from the leaders in almost every product and service industry
- Monthly *SAABE Times* newsletter
- Annual Membership Directory
- Eligibility for SAABE's Certified Building Engineer certification program

And, if you get just one good idea, your dues have been paid for many times over. When your decisions involve big expenditures, you owe it to your employer to take advantage of every decision-making edge you can get.

### Why should Vendors join SAABE?

- Regular exposure of your products and services to building engineers
- Advertising in the *SAABE Times* newsletter which reaches an audience of 500 plus
- Annual membership directory

And, if you get just one good client, your dues may have been paid for many times over.

So, if you haven't already joined/rejoined SAABE for 2012, don't miss out on this opportunity. Go to [www.saabe.org](http://www.saabe.org) to download a membership application, and call Melodie Goff at (210) 408-8135 to pay via credit card, or mail a check to the address listed on the application. ❖



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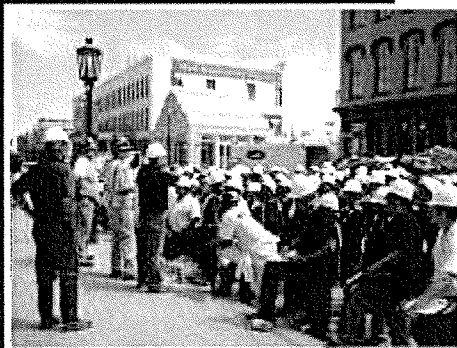
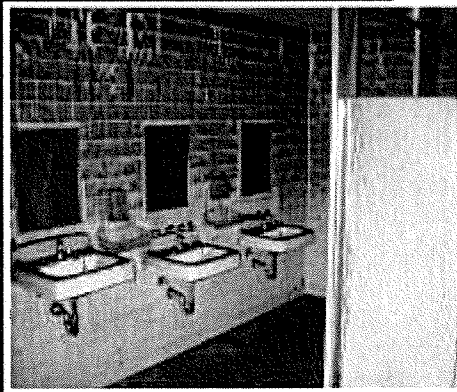
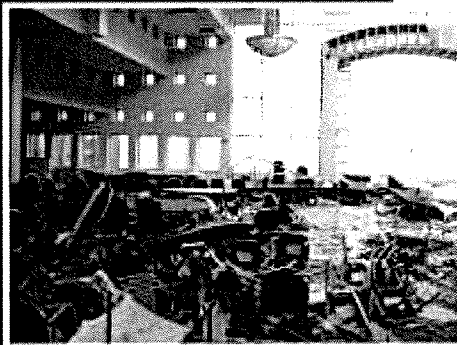
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#### Vanessa Rodriguez

Priority Response Consultant  
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## SAABE April Last Thursday Training Seminar

Save the date for this month's Last Thursday Training Seminar. This month's seminar, "A Walk in the Park," will actually be a hike in Brackenridge Park during which a tree inventory analysis will be done. John Leifester with Preferred Tree Care, who is also this month's seminar sponsor, will lead the hike.

**Where:** San Antonio Zoo (3903 North Saint Mary's)  
(Meet in the parking lot of the zoo.)

**When:** Thursday, April 26, 11:30 am - 1:00 pm  
(Lunch provided by Preferred Tree Care)

Preferred Tree Care is a full service arborist company providing tree pruning, removal and fertilization and emergency on-call services. For more information about Preferred Tree Care, contact John Leifester at (210) 771-7081 or [jleifester@preferredlandscapetx.com](mailto:jleifester@preferredlandscapetx.com). Or, visit their website at [www.preferredlandscapetx.com](http://www.preferredlandscapetx.com).

The seminar is open to SAABE Engineers and their assistants only, and there is no cost to attend. There is a limit of 25 attendees.

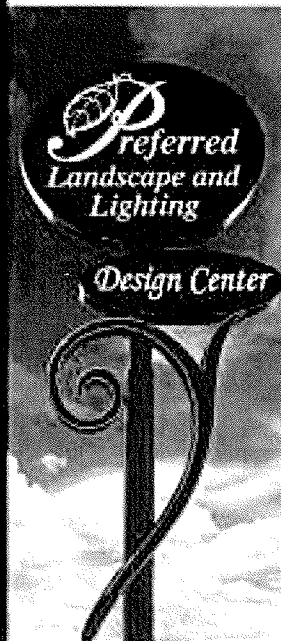
If you are coming, please email [mg.assoc.mgmt@gmail.com](mailto:mg.assoc.mgmt@gmail.com). Please RSVP by Wednesday, April 25 so we know how many lunches to order. If you RSVP and cannot attend, please call Melodie Goff at 408-8135. ♦



### CBE Applications Online

You can download an application for the Certified Building Engineer program on SAABE's web site at [www.saabe.org](http://www.saabe.org).

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## March Lunch Summary

by Louis Vega

The SAABE March lunch program, "CPS Energy Programs and Services for 2012," was provided by Joe Jones with CPS Energy, and, as always, it drew a large crowd.

Joe said that CPS Energy's goal is to conserve 771 megawatts of energy by the year 2020. They are using alternative energy (i.e., wind and solar) and offering rebates and incentives to small and large businesses in order to achieve this goal. Below are some of the items that CPS is offering commercial rebates for:

- New energy efficient HVAC systems
- Complete lighting retrofits
- New construction
- Green shaded trees

Another CPS energy conserving program is the Demand Response program. This program, which is geared towards large commercial properties, reduces KW usage during peak demand days and provides customers with a rebate and energy audits.

For additional information about CPS Energy's programs, rebates and incentives, please contact Joe Jones at (210) 353-4643 or [JHJones@CPSEnergy.com](mailto:JHJones@CPSEnergy.com). ❖

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- § EPP Partners are provided with a catalog for at-a-glance location reference
- § Minimizing of business down time while reducing size of loss.
- § Providing turn-key restoration and reconstruction services
- § Eliminating lengthy bidding process by pre-approval with our partner and the insurance carrier.

#### TIP: Emergency Preparedness Kit

- Pack a Flashlight with back up batteries
- Pack a Transistor Radio with back up batteries
- Pack bottled water
- Pack Cell Phone
- Pack personal hygiene supplies
- Pack a manual can opener
- Pack a first aid kit

**For Any Questions or to Set Up Your Inspection Contact Drew VanWyck at Our Main Office  
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## Energy Star Scores and April Building Tour

by Tom Lasater

The Going Green committee is currently gathering Energy Star scores of buildings in San Antonio to compare against other cities in Texas. We have received responses from Robert Andrews, Sr., John Cauley, Doug Graves, Rex Poppy, Kyle Riggs, Kenny Taylor, and Jock Tilghman. Guess whose building has a high score of 94? If you would like your building's Energy Star score to be included in the published findings, please e-mail it to me at [lasater.tom@att.net](mailto:lasater.tom@att.net). And, if there is enough interest, we will schedule a roundtable discussion between engineers whose buildings have an Energy Star score and those that would like to achieve this.

If you missed our April building tour, it was held at Oak Hills Church where Doyle Jennings is the Plant and Construction Engineer. This building has about 150,000 square feet of space, and about 133,000 square feet of that is air

conditioned. To conserve energy and save money, the building is on CPS Energy's Demand Response program. Through this program, the demand meter from CPS feeds into the building's Automated Logic AC control system. The program changes the temperature settings in the building to reduce demand. This can be done for each thermostat so that critical rooms are kept at a stable temperature while allowing other room temperatures to change without being uncomfortable. As a side note, the Demand Response (DR) program with Open DR and Auto DR may become mandatory as our energy demands outgrow our current energy grid supply.

If you would like your building to be considered for one of our building tours and/or if you would like your building's Energy Star score to be included in our report for San Antonio, please contact me at (210) 501-3434 or at [lasater.tom@att.net](mailto:lasater.tom@att.net). ♦

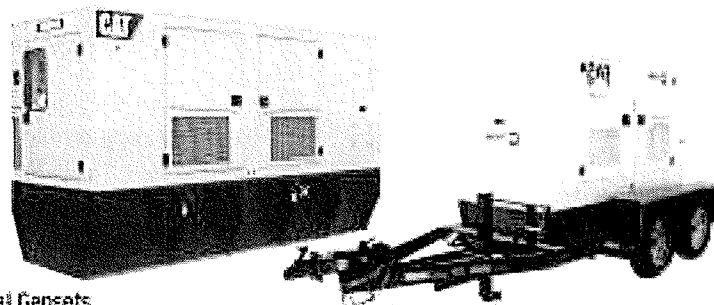


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### Making the Transition from Staff to Supervisor

- Sponsored by Career Track/Fred Pryor Seminars
- May 1, Norris Conference Center, San Antonio
- Cost: \$149
- For more information, visit [http://www.careertrack.com/et\\_seminarExpressLane.asp?SN=4580087&ssd=20120501](http://www.careertrack.com/et_seminarExpressLane.asp?SN=4580087&ssd=20120501)

### Basic Electricity for the Non Electrician

- Sponsored by American Trainco
- May 13-14, TBD, Austin
- Cost: \$990 for both days or \$495 for each day
- For more information, visit <http://www.americantrainco.com/courses/basic%20electricity/schdtlBE.aspx?SID=38226> ♦

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## Vendor Rep Report by Randy Cummings

It's hard to believe we are already in April! I hope everyone has been enjoying this spring weather while you can. The 100 degree days of summer are right around the corner.

Time is flying by so fast it seems many have forgotten to renew their SAABE memberships for this year. If you haven't already done so, make sure you get a check in the mail so you don't lose out on the great networking and educational opportunities that SAABE provides.

Speaking of educational opportunities, there are a couple of openings later this year for presenters at our monthly meetings. The cost is still only \$200; just remember, no sales pitches. Shoot me an email at rcummings@gerloffinc.com, or call me at (210) 394-6233, and I will get you scheduled.

Thanks, and remember to RSVP for the April 18 luncheon! ❖

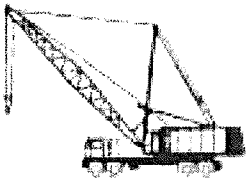
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## SAABE 2012 Membership Directory Updates

Please make sure to update the information for the following individuals in your SAABE 2012 Membership Directory.

<p><b>David Harding</b> Pavecon, LTD 18680 Marbach Lane SA, TX 78266 • (210) 798-1111 Cell: (210) 669-3639 Fax: (210) 798-1112 davidh@pavecon.com www.pavecon.com</p>	<p><u>Add to 2012 Membership Directory:</u> <b>Eddie Juarez</b> Servpro of Northeast San Antonio 109 Commercial Place Schertz, TX 78154 • (210) 835-8409 Fax: (210) 566-4669 eddiejuarez_nesa@hotmail.com</p>	<p><u>Add to 2012 Membership Directory:</u> <b>Nancy Kreft</b> Servpro of Northeast San Antonio 109 Commercial Place Schertz, TX 78154 • (210) 213-8585 Fax: (210) 566-4669 servpro_desa@hotmail.com</p>
<p><u>Add to 2012 Membership Directory:</u> <b>Clay Williams</b> Servpro of Northeast San Antonio 109 Commercial Place Schertz, TX 78154 • (210) 563-6165 Fax: (210) 566-4669 clay_servpro@hotmail.com</p>	<p><u>Remove from 2012 Membership Directory:</u> <b>Jesi Rozell</b> Servpro of Northeast San Antonio 109 Commercial Place Schertz, TX 78154 • (210) 653-4651 jesi_servpronesa@hotmail.com ❖</p>	



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**SAABE Dues Now Due**

If you haven't already joined or rejoined SAABE for 2012, please visit [www.saabe.org](http://www.saabe.org) to download a membership application, or contact Melodie Goff at (210) 408-8135.

**SAABE TIMES**  
**April Issue**

**Final Thought:**

*"Due to economic cutbacks, the light at the end of the tunnel has been turned off."* - Author unknown

**2012 Board of Directors**

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Melodie Goff 408-8135  
 Association Manager  
 (mg.assoc.mgmt@gmail.com)

**Next Meeting:**

**Wednesday, April 18**

**"Air Duct Cleaning 101"**

**Sponsored by Blackmon Mooring**

**NO MEETING ON May 16**