

Curriculum Vita

Regina Ravachi, Ph. D., LMHC., LMFT

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PROFESSIONAL LICENSES: Licensed Marriage and Family Therapy (L.M.F.T)
Licensed Mental Health Counselor (L.M.H.C)

LICENSE NUMBER: MT 2436, State of Florida (L.M.F.T)
MH 3331, State of Florida (L.M.H.C)

SUPERVISOR: AAMFT Approved Supervisor.
State Supervisor by State of Florida

LANGUAGES: Fluent in writing, reading and speaking in
Spanish.
Fluent in writing, reading and speaking in
English.

PRESENT ACADEMIC POSITION

2011- Present Adjunct faculty, Harold Abel School of Social and Behavioral Sciences. Capella University. Minneapolis.

Primary Duties: To teach graduate courses in an online community.

2009 – Present Adjunct faculty of Family Therapy, College of Arts, Humanities and Social Sciences, Nova Southeastern University, Fort Lauderdale, Florida.

Primary Duties: Supervise clinical practice of graduate students. Teach graduate courses in the master's program.

PRESENT CLINICAL POSITION

1994 – Present Clinical psychotherapist in private practice,

Primary Purpose: To help families reach their therapeutic goals; to support families, individuals, and children who are striving to improve their relationships with themselves, their families, friends, coworkers, neighbors, work, and school; to help immigrants acculturate to the socio-economic system in the United States; and to prepare immigration reports; to provide expert knowledge of the court system when cases require it.

Major Duties: To provide counseling services to children, couples, individuals, and families. Clinical practice involves parenting guidance, preparing immigration reports, and serving as an expert witness. Clinical practice also involves preparing initial intake interviews and treatment plans and maintaining ongoing communication with other professionals involved in the cases.

PRIOR CLINICAL POSITIONS:

2007 – 2008 Universal Aid for Children, Ft Lauderdale, Florida.

Primary Purpose: To provide consultation services to UAC and to prepare home studies for couples and individuals who are planning to adopt a child.

1996 – 1999 Licensed Clinical Psychotherapist, Western Miami
Psychological Service. Miami, Florida

Primary Purpose: To provide counseling services to children and their families and to provide parental counseling.

1996 – 1999 Consultant, C.H.R. Miami, Florida

Primary Purpose: To assist patients in a partial hospitalization program while they recover from minor mental lapses that prevent inpatient hospitalization; to help patients reach therapeutic goals previously established by a multidisciplinary team; and to maintain a multidisciplinary treatment approach with patients that have being diagnosed with mental disorders.

Major Duties: To provide group and individual psychotherapy for geriatric patients in a partial hospitalization program; to provide intake interviews; to develop treatment plans and maintain the treatment plans' weekly updates; and to provide case reviews and participate on the treatment team.

1990 – 1996 Site Clinician, Bertha Abess Children Center, Miami, Florida

Primary Purpose: To assist children diagnosed with severe emotional disturbances in their psychological, emotional, and educational treatment; to be part of a multidisciplinary-team-approach modality to make available the best care extant to families and children.

Major Duties: To provide group and individual counseling for severely emotional disturbed (SED) children; to provide family therapy, to conduct play therapy, and to offer parent educational groups; to develop clinical treatment plans; to coordinate clinical services, and to participate in bi-weekly case conferences, as well as group and individual supervision.

January 1985 – April 1985 Psychologist in Private Practice, Barranquilla,
Colombia

Primary Purpose: To provide therapy for children and parents; to perform psychological evaluations.

August 1984 – April 1985 Volunteer Therapist, Children's Hospital,

Barranquilla, Colombia

Primary Purpose: To provide clinical services to an outpatient unit; to provide developmental and psychological evaluations to infants and children.

CLINICAL INTERSHIPS

January 2004—December 2004 Doctoral Internship, Nova Southeastern University, SUPERB program, Fort Lauderdale, Florida

Primary Purpose: Research based internship. Participated in the developing, expanding and applying the SUPERB program to prevent bullying in school settings; to provide individual, family, and group therapy; to contribute to obtaining grants and research applications.

January 1989—December 1989. Master's Internship, Psychotherapist-in-Training, Center for Group Counseling, Boca Raton, Florida

Primary Purpose: To provide group and individual counseling to adolescents and adults and conduct play therapy with children; to participate in weekly individual and group supervision sessions.

January 1984—August 1984 Internship, Hospital Universitario, Universidad del Norte, Barranquilla, Colombia

Primary Purpose: To provide support and counseling to cancer clients and their families and to pediatric inpatients; to assist in crisis intervention in the emergency unit; to provide individual counseling in the outpatient unit; and to perform psychological evaluations.

PAST TEACHING EXPERIENCE

1999 – 2000 Licensed Mental Health Consultant

Major Duties: To teach the 4-hour course mandated by the court system: "Parents, Children and Divorce" to parents who are getting divorced.

COMMUNITY SERVICE

2000 – Present Founder of the non-profit organization:
Latin Women Empowering Latin Women

Mission: To facilitate and educate Latin immigrant females about the process of integration into the socio-economic American system and to promote cultural events enhancing cultural values.

EDUCATION

2000 – 2007 Ph.D., Family Therapy, Nova Southeastern
University, Fort Lauderdale, Florida

1987 – 1990 M.S., Counseling Psychology, Nova University,
Fort Lauderdale, Florida

1979 – 1984 B.A., Psychology, Universidad Del Norte,
Barranquilla, Colombia

RESEARCH

2005 – 2007 *An Exploration into the Stories of Third Wave Colombian Immigrants: Implications for an Evidence-Based and Culturally Competent Family Therapy Practice.* Doctoral Dissertation, Nova Southeastern University, Fort Lauderdale, Florida.

2003 – 2004 *Students United with Parents and Educators to Resolve Bullying (SUPERB).* Nova Southeastern University, Fort Lauderdale, Florida

1983 – 1984 *Elaboración, Aplicación y Evaluación de un Programa de Prevención Primaria del Abuso de Medicamentos Dirigido a los Adolescentes. Study of Abuse of Medications in Adolescent: a Primary Prevention Program.* Universidad Del Norte, Barranquilla, Colombia

FORMAL PRESENTATIONS:

Chenail, R., Ravachi, R., Palmer, L., Rambo, A., Alexander, S., & Jabouin-Monnay, F. (2007, May). *Becoming more culturally sensitive and competent when working with our immigrant clients*. Presented at the Annual Conference of the Florida Association for Marriage and Family Therapy, Orlando, Florida.

Ravachi, R. (2007, September). *Soup for the Narrative Soul: Three Steps in Narrative Inquiry*. Presented at the 8th International Interdisciplinary Conference: Advances in Qualitative Methods. Banff, Canada.

Ravachi, R., & Chenail, R. (2008, March). *Culturally-Competent Family Therapy Practice with Immigrant Families: An Evidence-Based Approach for the 21st Century*. Presented at the International Family Therapy Association Congress in Porto, Portugal.

Ravachi, R & Malca, D. (2015). Family Play Therapy.

PUBLICATIONS:

Nixon et al. (2010). Creating community: Offering a liberation pedagogical model to facilitate diversity conversations in MFT graduate classrooms. *Journal of marital and family therapy*. 36 (2) 197-211.

PROFESSIONAL AFFILIATIONS:

American Association for Marriage and Family Therapy: Clinical Member

And Approved Supervisor