

Spirituality Report

JANUARY, 27, 2024

As we continue to welcome in the new year, may it be a time of spiritual growth, of welcoming the Lord's graces and gifts, for forgiving freely and unconditionally and a time for growing in virtue and goodness.

Just as a tree doesn't survive the winter without healthy roots, neither do we. This winter, take the time to embrace our coldest season with a spiritual revival, by reading a new book, learning new prayers or even a new tradition with the links below. May they help to keep your roots firmly planted in healthy soil, so they withstand any storms that you may face, as you prepare for the coming of Lent.

(PLEASE CLICK ON THE UNDERLINED PURPLE TITLES FOR MORE INFORMATION.)

Blanket of SNOW: This blanket of snow is a spiritual experience. It is a sign of God's grace and a metaphor for how that grace is experienced.
— by Catholic Register

How to Prepare for Lent — Before It Arrives: Learn how to get the most out of Lent before Ash Wednesday catches you unaware.
— by Good Catholic

Looking for God's Love: When Ash Wednesday Falls on Valentine's Day: Valentine's Day is the first day of Lent. Consider the greatest act of love...
— by Catholic Review

Lent 2021: The Complete Guide to the Catholic Season of Lent: There is no better time to reconnect with or deepen one's faith than Lent. During this time, draw closer to God as we prepare for the joyous celebration of Christ's resurrection at Easter. Hallow breaks down everything you need to know about Lent, including an incredible resource for prayers, all for free.
— by Hallow

7 Must Reads This Winter: An amazing list, compiled by Catholic women from across the U.S. and features their top seven favorites.
— by Young Catholic Woman

In the Midst of Winter — by Cal Wick

Lord, In the midst of Winter, when the days are cold and wind can pierce, remind us of the warmth of your love.

In the midst of Winter, when days are short, dawn comes late, and dusk arrives early, remind us that in the darkness, your light still shines.

In the midst of Winter, when the flowers of spring still lie hidden in the earth, when leaves are off the trees, and the world can seem bleak, remind us that Easter is but a short time away.

And when in our lives we feel as if we are experiencing a season of winter, reach out to us with the power of your resurrection, so that we may feel the warmth of your love and see your light, that alone can take away the darkness of our soul.

Amen.