



# Kiddos Academy

June 18<sup>th</sup> to June 22<sup>nd</sup>



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 7:30 - 8:30	<ul style="list-style-type: none"> <li>✓ Biscuit</li> <li>✓ Scrambled eggs</li> <li>✓ Orange juice</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Oatmeal</li> <li>✓ French Toast</li> <li>✓ Peaches</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Turkey Sausage, Egg White &amp; Cheese on WG English Muffin</li> <li>✓ Pears</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Grits &amp; Honey</li> <li>✓ Buttered WG Bread</li> <li>✓ Banana</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Scrambled Eggs</li> <li>✓ Mozzarella &amp; Roasted Garlic Chicken Sausage</li> <li>✓ WG Bread</li> <li>✓ Pineapple</li> <li>✓ Milk</li> </ul>
<b>Lunch</b> 11:00 - 11:30	<ul style="list-style-type: none"> <li>✓ Chicken &amp; 3 Cheese Mini Tacos</li> <li>✓ Refried Beans</li> <li>✓ WG Rice with Black Beans</li> <li>✓ Mango</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Beef &amp; Cheddar WG Wraps</li> <li>✓ French Fries</li> <li>✓ Strawberry</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Mixed Vegetables, chicken Broth &amp; Chicken</li> <li>✓ WG Brown Rice with Peas</li> <li>✓ WG Bread</li> <li>✓ Banana</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Breaded Wild Cod</li> <li>✓ Tartar sauce</li> <li>✓ Cream of Mushroom Soup</li> <li>✓ WG Brown Rice with Carrots</li> <li>✓ Tropical Fruit</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Beef and Bean Burritos</li> <li>✓ Boiled Carrots</li> <li>✓ WG Rice with Beans</li> <li>✓ Water Melon</li> <li>✓ Milk</li> </ul>
<b>Snack</b> 2:00 - 2:30	<ul style="list-style-type: none"> <li>✓ Chex Mix</li> <li>✓ Mandarin Oranges</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ String Cheese</li> <li>✓ Ritz Crackers</li> <li>✓ Mixed Fruit</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Yogurt</li> <li>✓ Goldfish</li> <li>✓ Peach</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Oats 'n Honey Crunchy Granola Bars</li> <li>✓ Fresh Oranges</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Greek Yogurt</li> <li>✓ Graham Cracker</li> <li>✓ Peach</li> <li>✓ Milk</li> </ul>
<b>Dinner</b> 4:00 - 5:30	<ul style="list-style-type: none"> <li>✓ Parmesan Encrusted Tilapia</li> <li>✓ WG Brown Rice</li> <li>✓ WG Bread</li> <li>✓ Tropical Fruit</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Butterball Turkey Burgers</li> <li>✓ WG Brown Rice with Vegetables</li> <li>✓ Pears</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Beef Fajita</li> <li>✓ Refried Beans</li> <li>✓ Honey Wheat Rolls</li> <li>✓ Pineapple</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Spaghetti Meat Balls</li> <li>✓ WG Bread</li> <li>✓ Fresh Salad</li> <li>✓ Strawberry</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Chicken Alfredo Penne pasta</li> <li>✓ WG Garlic Bread</li> <li>✓ Mixed fruit</li> <li>✓ Milk</li> </ul>

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