

October/November 2020
At a glance
Full descriptions of activities in bulletin.



ANNOUNCEMENTS

November 1, 2020



306-761-0556 eastsideunited@sasktel.net
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www.eastsideunited.ca

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 Online Worship 11:15 Communion All Saint's	2	3 Prayer Service 12pm Courageous Faith 7pm	4 Prayer Service 8:30am Zoom office Hrs 2-4:30 Living Skies Regional Council 6:30pm	5 Congregatio nal Care 10 am Craft/Stu dy 1:30 pm Prayer Service 4pm In Person Worship TG 6:30pm Faith Formation 7pm	6	7
8 Online Remembran ce Worship Open Hearts 11:15	9	10 Prayer Service 12pm Courageous Faith 7pm	11 Remembran ce Day	12 Craft/Stu dy 1:30 pm Prayer Service 4pm	13	14
15 Online Worship 11:15	16	17 Prayer Service 12pm LSC Council	18 Prayer Service 8:30am Zoom office Hrs 2-4:30	19 Craft/Stu dy 1:30 pm Prayer Service 4pm	20	21
22 Online Worship 11:15 Post-Church Tea	23	24 Prayer Service 12pm LSC Council	25 Prayer Service 8:30am Zoom office Hrs 2-4:30	26 Craft/Stu dy 1:30 pm Prayer Service 4pm	27 Film and Faith	28

Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Pianist: Josh Hendricksen
 Prayers of the People: Delia Baidoo
 Tech Support: Brian Mitchell-Walker
 Attendance: Linda Richards

Last week's attendance: 59 Offering: \$2470 Weekly budget: \$1463
 (not incl. PAR) Oct 1 - 15

Worship will be happening online via Zoom [HERE](#). You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom.

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email Harvey at eastsideunited@sasktel.net.

Harvey's Hours: Tuesday, Wednesday, Thursdays.

Russell's Hours: Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: russell.eastside@gmail.com. **(note change in e-mail address)** Russell will be holding **Zoom Drop-in Office Hours** Wednesdays from 2 – 4:30. You can join Russell online over Zoom [HERE](#).

Scripture Readings: John 21: 15-19

Songs –

God Who Gives to Life its Goodness VU #260
O Sing to our God VU #241
I Thank You, Thank you Jesus
Let Us Talents and Tongues Employ VU #468
For All the Saints VU #705
I am Walking the Path of Peace MV#221

In-Person Worship: Consistent with the recommendations of the Living Skies Regional Council and the United Church of Canada, we will reopen our physical space and resume traditional services when we can be confident that we can do so in a manner that is meaningful for our community and is safe for every member of our congregation. We will continue to keep you informed as our plans unfold. The Leadership Team has established a "Return to Worship Task Group" to discuss the protocols and possibilities for gathering in-person. If you are interested, or have feedback, please let [Sarah Tkachuk](#) know. Their first meeting was October 15th.

We still need your support as our ministry continues! Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at:

Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1

Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

Courageous Faith – Video interviews with faith leaders followed by conversation. Another 6-week series started on October 6, at 7 pm. Each session will be held online at 7 pm. All sessions are stand-alone, so you do not need to attend previous ones to understand another. Join us online by going [HERE](#). The speakers and their sessions are:

How to Build Courageous Schools of Love

November 3: Diana Butler Bass

November 10: Eric Elnes

Fall Meditation Schedule: The meditation group will continue to meet via Zoom for now on Monday nights. If you have any questions, please contact [Shauna Powers](#).

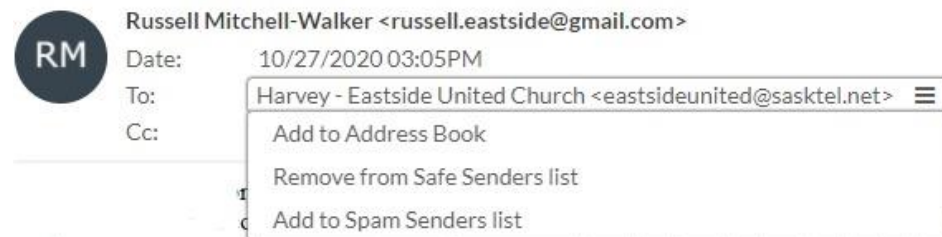
Borrowing Hymn Books

If anyone would like to borrow hymn books to use at home for online worship, come in on Thursdays between 10 am and 11 am to ask Harvey and he will get you a hymn book to borrow!

Craft/Study: We will be meeting via Zoom on Thursday. You can find the Zoom link [HERE](#). The link will be sent out in Tuesday's email as well going forward. We are on chapter 7 of *Grateful* by Diana Butler Bass.

CALLING ALL RECIPES: Do you have a favourite recipe, something you make every autumn? A family favourite that you'd be willing to share? If you have a recipe that you'd like to share a tasty treat with fellow Eastsiders, send it to Harvey and he will share it on the next weekly email.

Adding Eastside as a Trusted Sender: For some reason, the email address for the Eastside office has been flagged for some people as spam! If you are missing emails from Eastside, please check your spam folder. You can also add Eastside to your address book by clicking on the three lines behind an email address and selecting that option. If enough people do this, then we will not be flagged as spam.



Volunteers for the ICF: The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help out, contact or Doug Scheurwater.

Munch Lunch Revised – Our support for Glen Elm school lunches ended with the Pandemic, and school closures. Now that school is back the need for lunches continues. However, the present reality is there is no travel of students outside of the school, and no volunteers or food prepared by volunteers can go into the school. We are able to donate to their lunches, however. What they could use are prepackaged food such as loaves of bread, packaged meat, juice boxes, applesauce, cheese strings, granola bars, etc. and gift cards. Donations can be received into the blue bin or Thursdays from 10-11am. We also could use some volunteer drivers for delivery of the donations. If you can help with delivery let Russell know.

We will be continuing the A Work of Art and Its Story during worship! If you have a piece of work that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.

Hello Neighbour Card Reminder: there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in. **This is more important again as we are asked to reduce our contacts and go out less!**

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net to let Harvey know what changes you would like to make, and he will submit the changes for processing.



Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at www.eastsideunited.ca under the **What's New** heading!

Were you unable to attend worship in the past? Don't worry about it! You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service.



Cloth Masks: It is important to wear masks when we are out in public, especially indoors. **It is now policy to wear a mask when in the church building.** If you would like a mask, please email the office indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!



Please enjoy these at-home resources that can be enjoyed as a family!

- [A Holy Halloween Messy Church resource](#)

Faith at Home Resources from Pacific Mountain Regional Council of the United Church

- Story Activities:
 - [Manna in the Wilderness](#)
 - [Miriam led the Dancing](#)
- [Spiritual Practices for All Ages](#)
- Create:
 - [Marble Maze](#)
 - [Secret Message Paintings](#)
 - [Make Bannock](#)
 - [Paper Prayer Beads](#)

Suspended/Moved Programming as of October 28:

- **TOPS** is suspended until further notice
- **Eastside Community Dinner** is suspended until further notice
- **Eastside Choir** has canceled rehearsals until further notice

Messy Church is suspended until further notice. **We are creating a box of activities for children. Let the office know if you would like one for your family.**

