

SENIOR MOMENTS

Morrow County's Monthly Newsletter

SEPTEMBER

Seniors on Center

41 W. Center St.

Mt. Gilead, Ohio 43338

419-946-4191

Website: www.seniorsoncenter.org

Center Hours

Monday—Friday

8:00AM-4:30PM



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**WISHING
EVERYONE A SAFE
AND HAPPY
LABOR DAY! FROM
ALL OF US HERE
AT THE SENIORS
ON CENTER**

ACTIVITIES TO LOOK FORWARD TO!

EUCHRE

**THURSDAY, SEPTEMBER 5TH,
12TH, 19TH, & 26TH**

Starting at 11:00AM, join us for a progressive game of euchre. Lunch break will be from 12:00-12:30PM.



**LET'S TALK ABOUT SEWING
TUESDAY SEPTEMBER 11TH &
THURSDAY SEPTEMBER 19TH**

Join us at 1:00PM on the 11th and 3:00PM on the 19th for this new class. The sewing class goal is to create small projects that can be donated through out the community through out the year.



BINGO

**TUESDAY SEPTEMBER 17 &
FRIDAY SEPTEMBER 6th**

Join us from 1:00-3:00PM for Bingo. Kingston is now coming in on the first Friday of each month. The first Tuesday of each month will be a White Elephant Bingo.

TRAVEL CLUB

FRIDAY, SEPTEMBER 20TH

Do you want to share your ideas of a fun place you have been and would maybe like to visit again? If this is the case, please come in from 1:00PM and share your ideas with us so we might be able to make that happen.



**MUSIC AND MEAL
MONDAY, SEPTEMBER 9TH, 16TH,
23RD, 30TH**



Each week, we have a meal with music to follow. This starts at 5:00PM. Please call by Friday before 1:00PM, to reserve your spot. This month, snacks and drinks will be sponsored by Woodside. Thank you Woodside for their support!

**BRAIN GAME'S WITH CHRIS
TUESDAY, SEPTEMBER 3RD**

Come in between 1:00-2:00PM and test your knowledge with your host, Chris Willford. Please call the center and let us know if you are interested in participating in these brain teasers. Hope to see you here for the battle!



**SCRAPBOOKING WITH CHRIS
AND PAT**

WEDNESDAY SEPTEMBER 18TH

Join us from 9:00-10:00AM for a scrapbooking class. The first class we will be just going over ideas and trying to figure out a plan of action. If you enjoy scrapbooking, come in and join us.

LUNCH AND LEARN

FRIDAY, SEPTEMBER 27TH

Join us for Lunch and Learn with David Pointer from the Ohio Department of Insurance. Please RSVP by September 26th at 1:00PM.

VOLUNTEERING

Would you be interested in volunteering? Seniors on Center is looking for someone to work commodities, one Monday a month. If you are interested, please stop in and see Maggie and we will go over everything you will need to do.



Wii BOWLING

FRIDAY, SEPTEMBER 13TH

Enjoy your friends in a game of Wii Bowling from 12:30-2:00PM

ACTIVITIES & TRIPS TO LOOK FORWARD TO!

SENIOR CHOIR

**TUESDAY, SEPTEMBER 17TH &
FRIDAY, SEPTEMBER 13TH**

Are you a singer? If so, plan to join our Senior Choir from 3:00-4:00PM.



CRAFT CLUB

MONDAY, SEPTEMBER 9TH & 16TH

The craft club will be making a fall wreath. Classes will be from 10:00-11:30AM. The cost will be \$12.00 per person. Deadline to RSVP is September 2nd.

HALLOWEEN WREATH

MONDAY OCTOBER 7TH & 21ST

Join us from 10:00-11:30AM to make your Halloween wreath. The cost for the wreath is \$10.00 per person. Deadline to reserve your spot is September 16th.

FALL CENTERPIECE

WEDNESDAY OCTOBER 2ND

Join us at 3:30PM to make a beautiful fall centerpiece. The cost for the centerpiece is \$15.00 per person. Deadline to reserve your spot is September 30th.



DINNER AND BINGO

WEDNESDAY SEPTEMBER 4TH

From 4:30-6:30PM, we will be having dinner with a game of bingo to follow. Please call by 1:00PM on Tuesday and reserve your spot!

TRIPS TO LOOK FORWARD TO!

SCIOTO DOWNS

THURSDAY, AUGUST 8TH & 22ND

We will be leaving Kroger at 8:45AM, and arrive home around 4:00PM. The cost is \$15.00 for members and \$20.00 for non-members. Come along for a good time!



POSITIVE AGING EXPO

TUESDAY SEPTEMBER 24TH

Join us on a trip to the Positive Aging Expo in Mansfield. The theme this year is Hawaiian Tropical Vacation Party. Entertainment is by Randy Velez, along with bingo, door prizes, and free lunch. Bring in a canned food item to donate and you will be entered into a special prize drawing. We will be leaving Kroger's at 8:30AM and returning at 3:00PM. This trip is a suggested donation of \$5.00

PICNIC IN THE PARK

TUESDAY OCTOBER 8TH

Join us for one last picnic in the park event. Lunch starts at noon, with entertainment to follow. Please RSVP by no later than Friday October 4 at 1:00PM. Please remember if there are rain or bad weather, the picnic will be moved to Seniors on Center. Call to reserve your spot.

Hee Haw

Monday September 30th

Hooowdy! Come out and join us at 5:00PM for a picking and grinning night of Hee Haw theme meal and entertainment. We are going back to the good old days of light hearted humor and music worth listening to. Come ready to have some fun as our Celebrity Judges choose, Best Hee Haw Instrument contest, Best Minnie Pearl outfit and call contest, and Best Grandpa Jones Contest. This event is an \$8.00 suggested donation due upon reservation. Stop in to reserve your spot no later than Wednesday September 25th by 1:00PM



VOLUNTEER OF THE MONTH



The Staff of Seniors on Center and all the people she serves, would like to thank Sarah Storer for her many years of dedication to her community.

For the past 3 years, Sarah has volunteered at the center helping with the newsletter, crocheting baby blankets and hats, lap blankets and making the euchre score cards.

Sarah was born on November 28, 1951, at the White Cross Hospital in Columbus. Sarah attended school at Chesterville/Highland. Sarah married her husband Bill in 1970. She has two daughters.

Sarah worked 13 years baby sitting 23 kids, she also managed the refreshment stand at the Mt. Gilead Pool in 1990, managed a concession stand at the Columbus Zoo in 1992, managed Freddie's Ice Cream Shop 1992, was a teller for First Knox National Bank from 96-99, she was a research specialist for Bank One/

Chase Bank from 99-2014 and she also was the treasurer for the Chesterville Methodist Church from 04-09. In her spare time, Sarah enjoys flower gardening, play cards and board games, word search, cooking, TV, feeding and watching her hummingbirds.

Sarah has walked with braces and crutches for 65 years from having Polio. She is so happy that she can come to the center and enjoy all the people and trips we go on.

Sarah said it was very hard when her husband passed away 16 years ago but she has two wonderful daughters, lots of relatives and friends to help her. Plus she has her church family.

We would all like to thank Sarah for all of the things she does to serve others.

IMPORTANT INFORMATION

CODE RED CALL ALERT PROGRAM

Morrow County Seniors on Center along with the Morrow County 911 System is implementing an automated call service to anyone that would like a call when the Senior Center is closed or services cancelled due to weather or an emergency.

When the decision is made to cancel or close, you will automatically receive a recorded message at the number or numbers you provide below. The call will be between 8-9AM on the day of the cancellation or closing.

We need your consent to release your name and number for this system. Please fill out the information below if you would like to be on the call list..

If you have, any questions please feel free to contact Seniors on Center at 419-946-4191 or 419-946-6702. please DO NOT contact the Code Red Alert System.

Please tear off the bottom of this form and send back with driver or drop off at the Seniors on Center office or mail to 41 W. Center St. Mt. Gilead, OH 43338. Thank you!

CODE RED ALERT SYSTEM CONSENT FORM:

Name: _____

Address: _____

Number to be called: _____

You may list another name and number to contact: (Family or Emergency Contact ect.)



Name: _____ Number: _____

Signature for Consent to Release Names and Numbers:

EVENTS AND IMPORTANT DATES

Monday	Tuesday	Wednesday
2 CLOSED IN OBSERVATION OF LABOR DAY NATIONAL BLUEBERRY POPSICLE DAY	3 9:00AM MARENGO/FULTON SENIORS MEETING AT LEGACY 1:00-2:00PM BRAINGAMES WITH CHRIS	4 8:45-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM 4:30-6:30PM BINGO WITH DINNER EAT AN EXTRA DESSERT DAY
9 8:45-10:00AM SILVER SNEAKERS 10:00AM-11:30AM CRAFT CLUB FALL WREATH CLASS 1 OF 2 5:00PM MEAL, MUSIC BY THE MONDAY NIGHT RAMBLERS, REFRESHMENTS TO FOLLOW SPONSORED BY WOODSIDE	10 NOON CHESTERVILLE SENIORS MEETING AT THE SELOVER LIBRARY 1:00PM SEWING NATIONAL IGUANA AWARENESS DAY	11 8:45-10:00AM SILVER SNEAKERS 11:00AM FINANCE MEETING 12:30 PM BOARD MEETING 18TH ANNIVERSARY OF 9/11
16 8:45-10:00AM SILVER SNEAKERS 10:00AM-11:30AM CRAFT CLUB FALL WREATH CLASS 2 OF 2 NOON MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION HALL 5:00PM MEAL, OPEN MIC MUSIC, DEADLINE FOR HALLOWEEN WREATH	17 12:30PM SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA 1:00-3:00PM BINGO WITH BEV FROM THE OHIOANS 3:00-4:00PM CHOIR	18 8:45-10:00AM SILVER SNEAKERS 9:00-10:00AM SCRAPBOOKING 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM NATIONAL CHEESEBURGER DAY
23 8:45-10:00AM SILVER SNEAKERS NOON-4:00PM COMMODITIES 5:00PM MEAL, MUSIC BY THE COUNTRY TRAVELERS, REFRESHMENTS TO FOLLOW SPONSORED BY WOODSIDE	24 9:00AM-NOON COMMODITIES POSITIVE AGING EXPO TRIP LEAVING KROGERS 8:30AM	25 8:45-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM NATIONAL COMIC BOOK DAY
30 8:45-10:00AM SILVER SNEAKERS 5:00PM MEAL, HEE HAW FUN AND ENTERTAINMENT TO FOLLOW CHEWING GUM DAY		

EVENTS AND IMPORTANT DATES

Thursday	Friday	<h3 style="margin: 0;">Happy Anniversary</h3> <p>Donald & Helen Bowersmith 9/6</p> <p>Donald & Betty Helman 9/20</p> <p>Jan & John Johnson 9/6</p> <p>Shirley & Floyd Morris 9/3</p> <p>Bethel & Floyd Payne 9/18</p> <p>Emma & John Scroggins 9/4</p> <p>Peggy & John Springer 9/19</p> 
<p>5</p> <p>11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> <p>NFL SEASON STARTS</p>	<p>6</p> <p>8:45-10:00AM SILVER SNEAKERS 1:00-3:00PM KINGSTON BINGO GAMES</p> <p>READ A BOOK DAY</p>	
<p>12</p> <p>9:00AM SCIOTO DOWNS 11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> <p>NATIONAL CHOCOLATE MILK SHAKE DAY</p>	<p>13</p> <p>12:30-2:00PM Wii BOWLING 3:00-4:00PM CHOIR GAMES</p> <p>NATIONAL PEANUT DAY</p>	
<p>19</p> <p>11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM 1:00-3:00PM MARC FOLLIN MEDICARE 3:00-4:00PM SEWING</p> <p>NATIONAL BUTTERSCOTCH PUDDING DAY</p>	<p>20</p> <p>8:45-10:00AM SILVER SNEAKERS 1:00PM TRAVEL CLUB GAMES</p> <p>NATIONAL RUM PUNCH DAY</p>	
<p>26</p> <p>9:00 AM SCIOTO DOWNS 9:30-10:30AM BELTONE 11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> <p>INTERNATIONAL TOOL TIME DAY</p>	<p>27</p> <p>8:45-10:00AM SILVER SNEAKERS NOON CARDINGTON SENIORS MEET @ SENIORS ON CENTER NOON LUNCH AND LEARN WITH DAVID POINTER/ OHIO DEPARTMENT OF INSURANCE GAMES</p>	
		<h3 style="margin: 0;">NEW MEMBER</h3> <p>Deborah Stubbs</p> <p>Marian Bosart</p> <p>Betty Downs</p> <p>Bruce Augenstein</p> <p>Marcia Buening</p> <p>Alfred Curry II</p> 

GIVING BACK TO THE COMMUNITY!

Hospice of Morrow County

Our give back to the community this quarter (July, August, and September) is going to be to Hospice of Morrow County.

They are in need of the following unopened and unused items.

Lotion	Q-tips	Kleenex	Coloring Books
Candy	Note pads	Trinkets	Yarn
Large Print Crossword Puzzle Books	Cleaning supplies		

The yarn will be used by our senior ladies to make blankets to give to Hospice for their clients.

If you have any of these items that you would like to donate, please bring them by the center and drop them off at the front desk.

Thank you in advance.



MEDICARE

Marc Follin will be in for Medicare September 19th, 1-3PM to suit your needs at the Seniors on Center

LEGAL AID

Karen McVay is available (by appointment only) to assist you in any legal questions you may have. Please give her a call and set up your appointment today!
740-383-2161



BELTONE

Whitney Neal will be in for your hearing aid needs starting September 26th from 9:30-10:30. Please call the center at 419-946-4191 or Beltone at 740-389-5566 to set up your appointment.

HOME DELIVERED MEALS

A hot, well-balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available upon request.

LUNCH AT SENIORS ON CENTER

A hot lunch is served daily from 11:30AM to 12:30PM. Reservations are required at least 24 hours in advance.



TRANSPORTATION

Handicapped accessible transportation for doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice

CARDINGTON SENIORS

FRIDAY, SEPTEMBER 27TH, AT 12 NOON
RESERVATION REQUIRED—\$3.00 SUGGESTED
DONATION

SENIORS ON CENTER,
41 W. CENTER ST., MT. GILEAD
MARIE CHRISTIANO 419-751-7579

CHESTERVILLE SENIORS

TUESDAY, SEPTEMBER 10TH, AT 12 NOON
SELOVER LIBRARY, 31 STATE ROUTE
95, CHESTERVILLE
SUZI LYLE 419-768-3431



SPARTA GOOD TIMES SENIORS

TUESDAY, SEPTEMBER 17TH, AT 12:30PM
YOUR OWN COST
HIGHLAND PIZZA
6530 STATE ROUTE 229, SPARTA
DICK SEARS 419-768-2050

MARENGO/FULTON SENIORS

BREAKFAST AT LEGACY
TUESDAY SEPTEMBER 3RD, AT 9AM,
AMERICAN LEGION HALL
1549 COUNTY RD 26, MARENGO, OH
MONDAY SEPTEMBER 16TH, AT 12 NOON
JOYCE TAYLOR 419-253-0727

MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CLOSED IN OBSERVATION OF LABOR DAY</p>	<p>3</p> <p>Sweet and Sour Chicken Egg Noodles Green Beans Sliced Apples Fruit Mix Mini Sandies Milk</p>	<p>4</p> <p>Meatloaf Mashed Potatoes Asparagus Peaches Roll Milk</p>	<p>5</p> <p>BBQ Riblet Bun Vegetable Soup Carrot Raisin Salad Mandarin Oranges Milk</p>	<p>6</p> <p>Chicken Breast Cole Slaw Baked Beans Strawberries Cornbread Milk</p>
<p>9</p> <p>Chicken Nuggets Sliced Beets Maui Vegetable Blend Pears Bread Milk</p>	<p>10</p> <p>Roast Beef Mashed Potatoes Corn Apricots Garlic Bread Milk</p>	<p>11</p> <p>Ham Red Skin Potatoes Key West Veggie Blend Mandarin Oranges Muffin Milk</p>	<p>12</p> <p>Veal Patty Bun Butternut Squash Bisque Potato Salad Peaches Milk</p>	<p>13</p> <p>Mac & Cheese w/ Meatballs Brussel Sprouts Normandy Veggie Blend Grapes Milk</p>
<p>16</p> <p>Beef Stew Mashed Potatoes Three Berry Blend Fruit Bread Milk</p>	<p>17</p> <p>Chicken Breast Redskin Potatoes Broccoli Pineapple Roll Milk</p>	<p>18</p> <p>Hungarian Goulash Wax Beans Cooked Carrots Malibu Fruit Mix Breadstick Milk</p>	<p>19</p> <p>Pulled Pork Bun Potatoes Soup Tossed Salad Cinnamon Apples Milk</p>	<p>20</p> <p>Burger Bun Sweet Potatoes Cole Slaw Fruit Cocktail Milk</p>
<p>23</p> <p>Pulled Chicken Bun Succotash Sweet Potato Fries Mandarin Oranges Milk</p>	<p>24</p> <p>Turkey Sausage Links Diced Potatoes French Toast Sticks Peaches Strawberries Milk</p>	<p>25</p> <p>Beef Stroganoff W/Pasta California Blend Vegetables Corn Pineapple Chocolate Chip Cookie Milk</p>	<p>26</p> <p>Chicken Meatballs W. Marinara Sauce Hot Dog Bun Mediterranean White Bean Soup Potato Salad Milk</p>	<p>27</p> <p>Sliced Turkey Brussel Sprouts Cooked Carrots Pears Muffin Milk</p>
<p>30</p> <p>Chicken Leg Sweet Potatoes Yellow Squash Strawberries Roll Milk</p>				

HAPPY BIRTHDAY

Ruth Baughman

Judy Keil

Cody Bedwell

Clara McClenathan

Janet Bedwell

Phil Raney

Doris Coldwell

Kathryn Seagle

Barbara Cowles

Richard Sears

Pat Deel

Marilyn Short

Robert Giesige

Adeline Sipes

Rudy Gilbert

Cam Taylor

Mary Jane Hanners

Bruce Augenstein

Happy Birthday!

This Newsletter is published by:

Morrow County Services for
Older Citizens, Inc.
dba Seniors on Center
41 West Center Street
Mt. Gilead, OH 43338

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MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

419.946.4191 * 419.946.1037 facsimile

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.