

Prayer for Self-Forgiveness

Blessed and Divine Spirit of Love, I ask for and accept your forgiveness for anything that I have done in violation of the law of love.

I ask for and accept Self-forgiveness for anything I have done in violation of the law of love.

I forgive myself for all of the ways I have chosen fear instead of love.

I forgive myself for all of the ways I have chosen anger instead of love.

I forgive myself for all of the ways I have chosen guilt over love.

I forgive myself for holding on to thoughts and feelings that have blinded me to the presence of love.

I forgive myself for doubting, denying, dodging and undermining the power of love in my life.

I forgive myself for denying myself the joy of a loving relationship.

I forgive myself for anything I have done and not done to support the belief that I was unworthy of a loving relationship.

I forgive myself for anything I have done to remain in relationships that were unloving.

I forgive myself for denying myself the joys of prosperity and abundance.

I forgive myself for anything I have done and not done to support the belief that I am unworthy of prosperity and abundance.

I forgive myself for all the ways I have denied, doubted, wasted and abused prosperity and abundance when it has presented itself in my life.

I forgive myself unconditionally for anything I have done, in any way I have done it, to deny the prosperous and abundant presence of God's love in my life.