	1st DECEMBER 2024 (Pre-race Start list) Please note that all race numbers will be collected on the day.									
Race No	First Name	Last Name	Gender	Age on day	Club	Notts County Champs entry?				
1	Chris	Acton	Female	50		No				
2	Jade	allan	Female	39		No				
3	Claire	Allsop	Female	38		No				
4	Neil	Allsop	Male	45		No				
5	Tim	Allwood	Male	52		No				
6	Kelly	Alsop	Female	46		No				
7	James	Anderson	Male	59		No				
8	Colin	Anderson	Male	61	Danum Harriers	No				
9	Emma	Andrew	Female	40		No				
10	Michelle	Atherton	Female	43	Worksop Harriers	No				
11	Rachel	ATKINS	Female	58		No				
12	ROBIN	ATTER	Male	44	Grantham Running Club	No				
13	Cathie	Babbington	Female	54		No				
14	Timothy	Bagguley	Male	39	Newark AC	Yes				
15	Jan	Bailey	Male	49	Mansfield Harriers	<mark>Yes</mark>				
16	Sarah-Jayne	Baines	Female	46	Worksop Harriers	No				
17	Richard	Baldwin	Male	44	Holme Pierrepont RC	Yes 🛛				
18	Ann	Bale	Female	54		No				
19	Hannah	Banton	Female	31	Clowne Road Runners Club	No				
20	Alan	Barclay-Devine	Male	73	Edwinstowe Running Club	Yes				
21	Carrie	Barker	Female	44	Beeston AC	No				
22	Simon	Barnes	Male	57	Beeston AC	Yes				
23	Karen	Barnfield	Female	52	Beeston AC	No				
24	Adrian	Barrell	Male	58	Ilkeston Running Club	No				
25	David	Barzycki	Male	72	Kingstone Runners Barnsley	No				
26	Mark	Battison	Male	62		No				
27	Elaine	Battison	Female	58		No				
28	Rebecca	Bawamia	Female	37		No				
29	Chloe	Baxter	Female	37	Redhill Road Runners	Yes				
30	Nicola	Beldham	Female	50		No				
31	David	Bell	Male	49		No				
32	Gordon	Bell	Male	60		No				
33	Lisa	Bembridge	Female	58		No				
34	Karen	Bentley	Female	61		No				
35	LUKE	BERESFORD	Male	42		No				
36	Andrew	Berry	Male	58		No				
37	David	Berry	Male	56		No				
38	Christine	Bexton	Female	66	Beeston AC	Yes				
39	Kerrie	Biggs	Female	44		No				
40	Lucy	Binch	Female	35	Worksop Harriers	No				
40	Rachel	Binks	Female	44		No				
42	Laura	Birchenough	Female	44	Totley AC	No				
42	Helen	Black	Female	63		No				
44	Andy	Blandford	Male	48		No				
44	Lisa	Blandford	Female	50		No				
45	Nicola	BLATHERWICK	Female	42	Southwell Running Club	Yes				
40	Darren	Blenkinsop	Male	53		No				
48	Karen	Borrill	Female	56	Notfast RC	No				
48	Richard	Borrill	Male	56	Notfast RC	No				
	Holly	Botterill	Female	27		No				
51	Darren	Botterill	Male	53		No				
51	GEORGE	BOWIE	Male	33		No				
53	Graham	Boyle	Male	33		Yes				
54	Christopher	Bramall	Male	48		No				

	Ctoph	Dramell	Formel	40		No
55	Steph	Bramall	Female	43		No
56	Thomas	Bramall	Male	15		No
57	Kieron	Brice	Male	46		No
58	Claire	Broomhead	Female	46		No
59	Emma	Brown	Female	47		No
60	Tracey	Brown	Female	55	Long Eaton Running Club	Yes
61	John	Browne	Male	65		No
62	Rachael	Bryant	Female	55		No
63	Charlotte	Buck	Female	49	Redhill Road Runners	Yes
64	Jelena	Budrik	Female	42		No
65	Claire	Burbidge	Female	58		Yes 🛛 👘 🕹
66	Stuart	Burbidge	Male	52		Yes
67	Neil	Burden	Male	44	Holme Pierrepont RC	Yes
68	Lisa	Burn	Female	49	Grantham Running Club	No
69	Michelle	Butler	Female	54	Redhill Road Runners	Yes
70	Joanne	Campbell	Female	47	Worksop Harriers	No
71	Alistair	Campbell	Male	44	Redhill Road Runners	Yes
72	Helen	Cannon	Female	45		No
73	Sara	Carter	Female	51		No
74	Michelle	Castanho	Female	60		No
75	Caroline	Challender	Female	56	Beeston AC	No
76	Jo	Chalmers	Female	51	Holme Pierrepont RC	Yes
77	Matt	Chambers	Male	54		No
78	Jane	Chandler	Female	59	Retford AC	Yes
79	James	Charlesworth	Male	38		No
80	Steve	Charlesworth	Male	60	Retford AC	Yes
81	Margaret	Charlton	Female	76		No
81	David	Charnock	Male	59		No
83	Bryan	Cherry	Male	43	Worksop Harriers	Yes
84	Richard	Chester	Male	43		No
85	Mark	Chilvers	Male			
				66	Neuroph Christens Duraning Club	No
86	Philippa	Clarke	Female	37	Newark Striders Running Club	Yes No.
87	Ricky	Clay	Male	34		No
88	Jay	Clayton	Male	22		Yes
89	lan	Coates	Male	64	Rother Valley Swallows	No
90	Joanne	Coleman	Female	39	Redhill Road Runners	Yes
91	Holly	Colton	Female	37	Mansfield Harriers	No
92	Clair	Conley	Female	44		No
93	Dominic	Conway	Male	55		No
94	Michelle	Cook	Female	49		No
95	Adrian	Cook	Male	55		No
96	Rachel	Cooke	Female	59	Ackworth Road Runners	No
97	Steven	Cooke	Male	51		No
98	Emma	Cooper	Female	36		No
99	Antony	Cooper	Male	37		No
100	Kim	Cooper	Female	65		No
101	Peter	Copcutt	Male	67	Mansfield Harriers	<mark>Yes</mark>
102	Thomasina	Copcutt	Female	66	Mansfield Harriers	Yes 🛛
103	Joan	Corbett	Female	71		No
104	Neil	Costigan	Male	64	Danum Harriers	No
105	Laura	Cowlard	Female	40		No
106	Gary	Cragg	Male	54	Holme Pierrepont RC	<mark>Yes</mark>
107	Vivienne	Craven	Female	49	Redhill Road Runners	Yes 🛛
108	Matthew	Crawford	Male	39		No
109	David	Crossland	Male	56		No
110	Debi	Crouch	Female	59	Holme Pierrepont RC	No
111	LISA	CULLETON	Female	46	·	No
112	lan	Culshaw	Male	38	Beeston AC	Yes
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112		Del	Mala	27		No.
113	Matthew	Daly	Male	37	Worksop Harriers	Yes
114	Chris	Dancer	Male	47	Holme Pierrepont RC	Yes
115	Diane	Darbyshire	Female	64		No
116	Alan	Davidson	Male	67	Notfast RC	Yes
117	Paul	Davies	Male	52	Redhill Road Runners	Yes
118	Angela	Davies	Female	63		Yes
119	Stephen	Davies	Male	66	Mansfield Harriers	Yes
120	Mark	Davis	Male	44	Redhill Road Runners	Yes
121	Peter	Davis	Male	71	Newark Striders Running Club	Yes
122	Joanna	Dawson	Female	45		No
123	Lisa	Daxner	Female	53	Redhill Road Runners	Yes
124	Mark	Devonport	Male	53	Totley AC	No
125	Kate	Devonport	Female	51	Totley AC	No
126	Sarah	Dickenson	Female	53		No
127	Lisa	Dickinson	Female	55	Holme Pierrepont RC	Yes
128	luke	dixon	Male	48	Retford AC	Yes
129	Stephen	Dobbs	Male	66		No
130	Rachael	Dobson	Female	55		No
131	Alex	Dodd	Male	25		No
132	Lizzie	Duke	Female	43	Nettleham Trotters Running Group	No
133	Thomas	Duke	Male	43	Retford AC	Yes
134	Pamela	Dutton	Female	66	Southwell Running Club	Yes
135	Matan	Duveen	Male	36	Worksop Harriers	No
136	Crewenna	Dymond	Female	48		No
137	Steve	Ebbage	Male	70	Holme Pierrepont RC	No
138	Hugh	Ebeaver	Male	38		No
139	Sian	Edwards	Female	22		No
140	Anna	Elias	Female	44	Southwell Running Club	No
141	Matt	Ellis	Male	31		No
142	Alex	Emery	Female	37		No
143	Kate	Evans	Female	50		No
144	John	Evans	Male	49	Beeston AC	Yes
145	Gemma	Evans	Female	30	Redhill Road Runners	Yes
146	Andy	Fawkes	Male	43		No
147	Debra	Fearnshaw	Female	47	Beeston AC	Yes
148	Sarah	Fenton	Female	61		No
149	Jacqui	Ferris	Female	57	Retford AC	Yes
150	Martin	Fickling	Male	41	Mansfield Harriers	Yes
151	Debra	Fidler	Female	52		No
152	Mark	Fielding	Male	36	Retford AC	Yes
153	kurt	fitch	Male	55		No
154	Jackie	Fleeman	Female	61		No
155	Liz	Fleuty	Female	51		Yes 🛛
156	John	Flynn	Male	65		No
157	Andy	Flynn	Male	31		No
158	Hilary	Foster	Female	37	Redhill Road Runners	Yes
159	Simon	Foster	Male	53	Retford AC	Yes 🛛
160	Hannah	Foster	Female	17	Retford AC	No
161	Stephen	Fowkes	Male	67		Yes
162	Loraine	Fozzard	Female	69	Southwell Running Club	No
163	Alan	Franks	Male	68		Yes
164	Laura	Froggatt	Female	49	Long Eaton Running Club	No
165	Luke	Fulcher	Male	33		No
166	James	Furness	Male	29	Redhill Road Runners	Yes
167	Wayne	Furness	Male	57	Redhill Road Runners	Yes
168	Helen	Fyffe	Female	49	Lonely Goat RC	No
169	Mark	GARRATT	Male	42	Redhill Road Runners	Yes
170	Matt	Gayton	Male	35	Wreake Runners	No
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171	Paul	Geldeart	Male	78		No
			_		A alwayth Dood Dupport	
172	Sandy	George	Female	58	Ackworth Road Runners	No
173	Harriet	Gibbison	Female	37		No
174	Stephen	Gibson	Male	65		No
175	Sarah	Gibson	Female	48		No
176	Cathryn	Gill	Female	52		No
177	Angie	Gill	Female	55	Lonely Goat RC	No
178	David	Gill	Male	70	Notfast RC	Yes
179	Adrian	Godfrey	Male	23		No
180	Wayne	Gollick	Male	57		No
181	Matthew	Goodwin	Male	39		No
182	Robert	Gourlay	Male	53		Yes
183	Matt	Grainge	Male	50	Holme Pierrepont RC	Yes
184	Gina	Granger	Female	54	Holme Pierrepont RC	Yes
185	Lucy	Grant	Female	41	Beeston AC	Yes
186	Andy	Granville	Male	40	Mansfield Harriers	Yes
187	Alex	Greaves	Male	29		No
188	Christine		Female	54		No
		Green			Long Eaton Bunning Club	
189	Josh	Green	Male	40	Long Eaton Running Club	No
190	David	Greenwood	Male	49	Holme Pierrepont RC	No
191	John	Greenwood	Male	70	Retford AC	Yes
192	Clare	Greenwood	Female	68	Retford AC	Yes
193	Tracy	Gregory	Female	59	Buxton AC	No
194	Scott	Gregory	Male	42		Yes
195	Geoffrey	Gregory	Male	44	Vegan Runners UK	Yes
196	Alasdair	Grierson	Male	18	Retford AC	Yes
197	Karen	Griffiths	Female	57	Holme Pierrepont RC	Yes
198	Shane	Gunstone	Male	62		No
199	lan	Hales	Male	52	Redhill Road Runners	Yes
200	Michael	Hall	Male	57		No
201	Michael	Hancock	Male	63		No
202	Sian	Hancox	Female	64		No
202	David	Handford	Male	60	Holme Pierrepont RC	No
203	Hazel	Happs	Female	64		No
204	Stephen	Hardy	Male	47	Clowne Road Runners Club	No
205	- ·	, ,	-			
	Toni	Harper	Female	35	Redhill Road Runners	Yes
207	Ben	Harris	Male	47	Retford AC	Yes
208	Robert	HARRISON	Male	46	Clowne Road Runners Club	No
209	Arthur	Harrison	Male	60		No
210	Neil	Harvey	Male	55	Selby Striders	No
211	Karyn	Haw	Female	47		No
212	Suzanne	Hawkins	Female	60		No
213	Carolyn	Нау	Female	52	Mansfield Harriers	Yes
214	Catharine	Haydock	Female	63		No
215	Simon	Haydock	Male	67		No
216	Darren	Hayes	Male	50	Sutton in Ashfield Harriers & AC	Yes
217	Chris	Haynes	Male	38		Yes
218	Clive	Hayward	Male	74	Redhill Road Runners	Yes
219	Mark	Hazelden	Male	56		No
220	tamara	Hazlehurst	Female	50		Yes
220	Kate	Hearn	Female	41	1	No
221	Lucy	HG	Female	41		No
222						
	Pat	Higgins	Female	63	Detford AC	Yes
224	Sarah	Hill	Female	51	Retford AC	Yes No.
225	Paul	Hillman	Male	50	Sutton in Ashfield Harriers & AC	No
226	Trevor	Hiscox	Male	63	Vegan Runners UK	Yes
227	Victoria	Hobbs	Female	39		No
228	Kate	Hodsman	Female	24		No

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229	Simon	Hogg	Male	51		No
230	Alison	Hogg	Female	52	Beeston AC	Yes
231	Julie	Holloway	Female	53	Worksop Harriers	Yes
232	Emma	Holt	Female	42		No
233	Stephen	Holt	Male	51	Southwell Running Club	No
234	Richard	Holt	Male	55	Holme Pierrepont RC	Yes
235	Simon	Holt	Male	48	UKRunChat Running Club	Yes
236	Andy	Hook	Male	45	Retford AC	Yes
237	Michelle	Hopewell	Female	42		No
238	Mark	Hopewell	Male	62		No
239	Liz	Hopkins	Female	66		No
240	Ashley	Hopkinson	Male	35		No
241	Karen	Hopper	Female	46		No
242	Rosemary	Horn	Female	68	Redhill Road Runners	<mark>Yes</mark>
243	Michael	Horn	Male	77	Redhill Road Runners	<mark>Yes</mark>
244	Cally	Horsfall	Female	44		<mark>Yes</mark>
245	Julie	Hoskin	Female	66		No
246	Madelaine	Hoskin	Female	34		No
247	Zoe	Hough	Female	30		No
248	Jamie	Hough	Male	30		No
249	Dean	Houlton	Male	60	North Derbyshire RC	No
250	Amy	Hudson	Female	28		No
251	Martin	Hunt	Male	39	Formula One Circuit Crew	No
252	Emma	Hutch	Female	28	Bingham AC	No
253	Luke	Hutchinson	Male	30		No
254	Sarah	Hutchinson	Female	58		No
255	Jackie	Hutchinson	Female	52	Danum Harriers	No
256	Angela	lceton	Female	52		No
257	Ashley	Illingsworth	Male	38	Redhill Road Runners	<mark>Yes</mark>
258	lan	Ireland	Male	63		No
259	Julie	Jackson	Female	51	Beeston AC	No
260	Chrissie	Jackson	Female	42		No
261	Dean	Jackson	Male	35		No
262	Andy	Jackson	Male	51	Beeston AC	<mark>Yes</mark>
263	Phil	James	Male	56	Redhill Road Runners	<mark>Yes</mark>
264	Harriet	Johnson	Female	41		No
265	Fiona	Johnson	Female	58		No
266	Jayne	Jones	Female	62	Long Eaton Running Club	No
267	Heather	Jones	Female	43		No
268	Lizzie	Jones	Female	35	Wreake Runners	No
269	Nicola	Jones	Female	50	Holme Pierrepont RC	Yes 🛛 👘 🕹
270	Sallie	Joseph	Female	53	Gainsborough & Morton Striders	No
271	Gill	Kaylor	Female	59		No
272	Neil	Kennedy	Male	48		Yes
273	Sian	Kennell	Female	36		No
274	Daniel	Kennell	Male	39		No
275	Dianne	Kennett	Female	71	Notts Women Runners	No
276	Sarah	Kennett	Female	36		No
277	Marc	Kinch	Male	55	Long Eaton Running Club	No
278	Julie	King	Female	53	Clowne Road Runners Club	No
279	Aimee	Kirk	Female	24		No
280	Matthew	Kirk	Male	38		No
281	Julie	Kondor	Female	62		No
	Com	Kondor	Male	62		No
282	Gary					
282 283	Cherry	Król	Female	43	Beeston AC	Yes
		Król Kruft	Female Male	43 51	Beeston AC	Yes No
283	Cherry				Beeston AC Long Eaton Running Club	

287	Steve	Lawson	Male	59	Redhill Road Runners	Voc
		Lawson				Yes
288 289	Alex Nick	Lea	Male	46 51	Beeston AC	Yes
		Lee	Male			No
290	Nicola	Lee	Female	51		No
291	Clare	Leeland	Female	42		No
292	lan	Lerway	Male	62		No
293	Craig	Linacre	Male	57	Holme Pierrepont RC	Yes
294	Jezz	Lister	Male	40		No
295	Becky	Longworth	Female	44	Retford AC	No
296	Sonia	Lord	Female	58	Vegan Runners UK	Yes
297	Dionne	Loughrey	Female	39		No
298	Ashley	Loughrey	Female	30		No
299	Claire	Loughrey	Female	32		No
300	Craig	lowde	Male	48		Yes
301	Louise	Lowe	Female	49	Clowne Road Runners Club	No
302	Wayne	Lowe	Male	49	Sutton in Ashfield Harriers & AC	Yes
303	Rowan	Luck	Female	50		No
304	Carolyn	Luckham	Female	66	Worksop Harriers	No
305	Kate	Ludlam	Female	45	Newark AC	Yes
306	craig	Mace	Male	40	Lincoln & District Runners	No
307	Lucy	Machell Webb	Female	32		No
308	Jamie	Macintyre	Male	47	Mansfield Harriers	Yes
309	Janet	Maddocks	Female	64		No
310	Samantha	Marriott	Female	42	Worksop Harriers	Yes
311	Paul	Marriott	Male	44	Worksop Harriers	Yes
312	Karen	Marriott	Female	53		Yes
313	Helen	Marshall	Female	59	Kingstone Runners Barnsley	No
314	Rebecca	Marshall	Female	36	Clowne Road Runners Club	No
315	Elliot	Martin	Male	29	Long Eaton Running Club	No
316	Craig	Martin	Male	29		No
317	Emma	Mason	Female	35	Mansfield harriers	<mark>Yes</mark>
318	Keeley	Massey	Female	42		No
319	Julie	Masterman	Female	61	Goole Viking Striders	No
320	Jonathan	Maston	Male	56	Rushcliffe AC	No
321	Sarah	Maston	Female	23	Rushcliffe AC	Yes
322	joe	matson	Male	31		No
323	Andrew	Matthews	Male	70	Lonely Goat RC	<mark>Yes</mark>
324	Jane	Matthews	Female	66	Southwell Running Club	<mark>Yes</mark>
325	Debra	Mayhew	Female	55	Redhill Road Runners	<mark>Yes</mark>
326	Siobhan	McAleese	Female	39		No
327	Holly	McCain	Female	40	Vegan Runners UK	No
328	Julie	Mcgeorge	Female	67	Holme Pierrepont RC	Yes
329	Jessica	McGuinness	Female	40		No
330	Rick	Mckellar	Male	39		No
331	Padraig	McKenna	Male	58	Vegan Runners UK	No
332	Louise	McQuade	Female	58	Long Eaton Running Club	No
333	Steve	McQuade	Male	58	Long Eaton Running Club	No
334	Hannah	Meagor	Female	19		Yes
335	Catherine	Mhembere	Female	57	Worksop Harriers	Yes
336	David	Michie	Male	78		No
337	Hannah	Miller	Female	29	Worksop Harriers	Yes
338	Heather	Mills	Female	37	Rushmere Community Runners	No
339	Mary	Mills	Female	62	Holme Pierrepont RC	Yes
340	Danny	Milner	Male	35	· ·	No
341	Cherry	Moger	Female	44	Matlock Athletic Club	No
342	Laura-Rose	Moore	Female	27		No
343	Helen	Moore	Female	47	Formula One Circuit Crew	Yes
344	Ann	Moorhouse	Female	37	Holme Pierrepont RC	Yes
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345	Julian	Morgan	Male	60		No
346	Boguslawa	Motylska	Female	41		Yes
347	Nick	Mould	Male	40	Worksop Harriers	Yes
348	Helen	Moulder	Female	59		No
349	richard	moulding	Male	41		No
350	Chloe	Mulhall	Female	19	Beeston AC	No
351	Anna	Mulligan	Female	50		No
351	Mike	Munro	Male	55		No
353	James	Munroe	Male	46		No
355	Will	Murch	Male	56		No
355	Simon	Nash	Male	50	Redhill Road Runners	Yes
356	lan	Neal	Male	67		No
357	Jessica	Necchi	Female	38	Redhill Road Runners	Yes
358	Reece	Newman	Male	52	Long Eaton Running Club	No
359	Simon	Newton	Male	46	Barnsley Harriers	No
360	Georgi	Newton	Female	40	Barnsley Harriers	No
361	Sam	Newton	Male	36		No
362	David	Nicholson	Male	41		No
362	Philip	Nind	Male	35	Holme Pierrepont RC	No
364	Lewis	Nixon	Male	28	Chapel Allerton Runners	Yes
365	Michele	Noble	Female	49		Yes
366	Dan	Nugent	Male	49	Mansfield Harriers	Yes
365	JONATHAN	OGDEN	Male	48		No
368	Amy	ogden	Female	47	Worksop Harriers	Yes
369	Sonia	Ohare	Female	35		No
370	Alfie	Orme	Male	24		No
370	Jonathan	Orme	Male	53		No
371	John	O'Shea	Male	57	Holme Pierrepont RC	Yes
372	DAVID	OSTLER	Male	58		No
373	Clive	Owen	Male	67	Newark Striders Running Club	Yes
375	adam	+	Male	36		No
		page			Retford AC	Yes
376	George	Page Pardon	Male	33 54		
377 378	Marie-Christine	Park	Female		Beeston AC	Yes
378	Sue	Parker	Female	59 64	Couthwall Dunning Club	No
379	Ben	Parker	Male	53	Southwell Running Club Sutton in Ashfield Harriers & AC	Yes
	Tracy		Female		Sutton in Ashireid Harriers & AC	No
381	Elizabeth	Parkes	Female	48		No
382	Sylvia	Parkinson	Female	42	Lincoln Wellington Athletic Club	Yes
383	Karen	Parry	Female	53	Worksop Harriers	No
384	Helen	Pavey	Female	53	Lincoln Wellington Athletic Club	No
385	Michelle	Peet	Female	61		No
386	David	Peet	Male	58		No
387	Sarah	Percival	Female	46	Steel City Striders RC	No
388	Paul	Phillips	Male	62		No
389	Jordan	Phillips	Male	33		No
390	John	Pickering	Male	70	Long Eaton Running Club	No
391	Helen	Pilmore	Female	37		No
392	Michael	Plant	Male	44	Danum Harriers	No
393	Penny	Plummer	Female	42	Long Eaton Running Club	No
394	Ben	Plummer	Male	33	Long Eaton Running Club	No
395	Sarah	Potter	Female	47		No
396	Alison	Potter	Female	39		No
397	Andrew	Powers	Male	47		No
398	Gavin	Powers	Male	47	Chesterfield Tri Club	Yes
399	Jude	Powers	Male	21		Yes
400	Ray	Poynter	Male	68	Redhill Road Runners	Yes
401	Sandra	Prest	Female	58		No
402	Ceri	Prest	Female	43		No

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403	sonia	price	Female	63		No
404	Gareth	Price	Male	43		No
405	Andrew	Price	Male	45		No
406	Mandy	Proudlove	Female	59		No
407	Kevin	Quigley	Male	58		No
408	Nick	Radford	Male	49		Yes
409	Nicola	Radford	Female	41	Hucknall Harriers	No
410	Jason	Randall	Male	51	Holme Pierrepont RC	Yes
411	Charlotte	Randell	Female	48	Worksop Harriers	No
412	Diane	Raybould	Female	56		No
413	Michael	Read	Male	74	Beeston AC	Yes
414	Stacie	Reay	Female	30		No
415	Emily	Rice	Female	28		Yes
416	Rebecca	Richardson	Female	47		No
417	Glenn	Riches	Male	55	Long Eaton Running Club	Yes
418	Laura	Richmond	Female	44	Long Eaton Running Club	No
419	Rebecca	Robbins	Female	48		No
420	Mark	Robertson	Male	54	Fordy Runs Running Club	Yes
421	Ellie	Robinson	Female	47		No
422	Stuart	Robinson	Male	46		No
423	Sam	Robinson	Female	38	Worksop Harriers	No
424	Clifford	Robinson	Male	63	Notfast RC	No
425	Richard	Robinson	Male	43	Sutton in Ashfield Harriers & AC	Yes
426	Julia	Rodgers	Female	47		Yes
427	Elena	Roebuck	Female	43	Holme Pierrepont RC	Yes
428	Kristian	Roebuck	Male	42		Yes
428	Patrick		Male	69	Holme Pierrepont Kimberworth Striders	No
429		Rooney		58	Kimberworth Striders	
430	Joanne Mark	Rooney	Female	58 69		No
		Rose	Male		Holme Pierrepont RC	No
432	Alan	Rushall	Male	66	A second states and second	No
433	Dave	Savage	Male	48	Mansfield Harriers	Yes No.
434	KEVIN	SAVILLE	Male	60	Worksop Harriers	No
435	Luke	Saxton	Male	43		Yes
436	lan	Sayers	Male	52	Beeston AC	Yes
437	Megan	Sayers	Female	16	Notts AC	No
438	Les	Schmid	Male	73		No
439	Shelley	Scott	Female	48		No
440	Tim	Sewell	Male	52		No
441	Tom	Shaw	Male	31		No
442	Jessica	Shaw	Female	30		No
443	Thomas	Shaw	Male	35	Worksop Harriers	Yes
444	Chris	Shaw	Male	63		No
445	Graham	Sheen	Male	73	Clowne Road Runners Club	No
446	John	Shephard	Male	67	Worksop Harriers	<mark>Yes</mark>
447	Emma	Shepherd	Female	47		No
448	Oliver	Sheppard	Male	33		No
449	Kacper	Sikora	Male	24		No
450	RACHEL	Silcock	Female	54	Worksop Harriers	Yes
451	Sarah	Simpson	Female	52	Redhill Road Runners	Yes
452	Gary	Simpson	Male	59	Maltby Running Club	No
453	Megan	Sloan	Female	35		No
454	Claire	Small	Female	57		No
455	Mark	Smith	Male	52		No
456	Terri	Smith	Female	50		No
457	Stewart	Smith	Male	43	TFN Tri Club	Yes
458	Malvin	Smith	Male	59	Holme Pierrepont RC	Yes
459	Pauk	Softley	Male	60	Crystal Peaks Runners	No
460	Melissa	Solomon	Female	54		No
		1	. caic	51	I	

461	C	Caulinea	[Female ]	50	1	No.
461	Suzanne	Squires	Female	56		Yes
462	Lee	Stanley	Male	53		Yes No.
463	Steven	Statham	Male	56		No
464	Donna	Steels	Female	51		No
465	Darren	Steels	Male	52		No
466	Peter	Stevenson	Male	77		No
467	Christine	Stevenson	Female	76		No
468	Quinn	Stevenson	Male	21		No
469	lan	Stewart	Male	65		No
470	Joanne	Stocks	Female	47	Redhill Road Runners	Yes
471	Sarah	Stokes	Female	43		No
472	Michael	Stokes	Male	39	Long Eaton Running Club	No
473	Ann	Storr	Female	69		No
474	Ella	Strawbridge	Female	49		No
475	Jordan	Street	Male	44	Clowne Road Runners Club	Yes
476	Emma	Stroud	Female	48	Redhill Road Runners	
477	Ruth	Swain	Female	49	Holme Pierrepont RC	Yes
478	Roy	Tait	Male	51		No
479	Ryan	Tait	Male	22		No
480	Harry	Tait	Male	24		No
481	Heather	Tait	Female	25	Unsanctioned Athletics	Yes
482	sharon	talbot	Female	56		
483	Erika	Tasker	Female	51	Retford AC	Yes
484	Helen	Taylor	Female	46		No
485	Louise	Taylor	Female	55	Rotherham Running Club	No
486	Wyn	Thomas	Male	52		No
487	Peter	Thomas	Male	66		Yes
488	Martin	Thornley	Male	47	Redhill Road Runners	Yes
489	Philippa	Thornton	Female	56	Retford AC	Yes
490	Dave	Tilley	Male	45		No
491	Paul	Timms	Male	46		No
492	Samantha	Timson	Female	45	Worksop Harriers	Yes
493	Benjamin	Toule	Male	45	Fordy Runs Running Club	No
494	Andy	Towers	Male	60		Yes
495	Megan	Troop	Female	29		No
496	Yuk Wah	Tsang	Male	49	Long Eaton Running Club	Yes
497	Naomi	Turner	Female	28		No
498	Adam	Turner	Male	35	Worksop Harriers	Yes
499	Roy	Turner	Male	76	Worksop Harriers	No
500	Yvonne	Twelvetree	Female	74	Totley AC	No
501	rachael	tyas	Female	54		No
502	Lola	Tyson	Female	22	Holme Pierrepont RC	Yes
503	Michelle	Vallance	Female	63	Notts Women Runners	Yes
504	Lucy	Vamplew	Female	44	Ackworth Road Runners	No
505	Simon	Wallett	Male	56		No
506	Nigel	Wallis	Male	60		No
507	Jennifer	Wallis	Female	62		No
508	Rachel	Walters	Female	55		No
509	Liz	Walton	Female	62		No
510	Peter	Ward	Male	52	Lonely Goat RC	No
511	Liane	Warren	Female	54	Ackworth Road Runners	No
512	Catherine	Warren	Female	59	Ackworth Road Runners	No
513	Rebecca	Waterfield	Female	35		No
E14	-	Watkin	Male	58	Newark Striders Running Club	Yes
514	Darren				-	
514 515	Darren Liam	Watson	Male	37		Yes
			Male Male	37 62		No
515	Liam	Watson	1			

519	Jackie	Welburn	Female	45	Beeston AC	Yes
520	Helen	White	Female	56		No
521	Bob	White	Male	68	Ivanhoe Runners	No
522	Stephen	Wickham	Male	68	Erewash Valley RC	Yes
523	Paul	Wilbraham	Male	64		No
524	Simon	Wilcox	Male	44		No
525	Richard	Wilkinson	Male	64	Long Eaton Running Club	Yes
526	Ash	Williams	Male	49		No
527	Stephen	Williams	Male	51	Long Eaton Running Club	No
528	Mark	Williams	Male	34		No
529	Kate	Williams	Female	49		Yes
530	Sian	Williamson	Female	27	Long Eaton Running Club	No
531	Gillian	Wilson	Female	52		No
532	James	Wilson	Male	57	100 Marathon Club	Yes
533	Anne	Wiseman	Female	37		No
534	Joshua	Wolak	Male	36		No
535	Dominic	Wood	Male	28		No
536	Karen	Wood	Female	44	Beeston AC	Yes
537	Cassandra	Worton	Female	45	Worksop Harriers	No
538	Peter	Wright	Male	61		Yes
539	Angela	Wright	Female	56		No
540	Julian	Wright-Williams	Male	69		No
541	Tobias	Wylie-Deacon	Male	20	Retford AC	No
542	mohammed	yaseen	Male	61		Yes
543	Rachel	Yates	Female	54		No
544	Simon	Young	Male	58	Lincoln & District Runners	No