

PILATES REFORMER GROUP SCHEDULE

Schedule Effective: **October 19th, 2020**



LEVEL □ 301.229.0080 □ 7687 MACARTHUR BLVD., CABIN JOHN, MD

M	T	W	TH	F	S	SU
MORNING SESSIONS						
	<p>MIXED LEVEL REFORMER FIT 7:00-7:45AM <i>Jocie</i></p> <p>MIXED LEVEL REFORMER FIT 7:45-8:30AM <i>Andrea</i></p> <p>MIXED LEVEL REFORMER FIT 10:00-10:45AM <i>Andrea</i></p> <p>MIXED LEVEL REFORMER FIT 11:15-12:00PM <i>Andrea</i></p>	<p>MIXED LEVEL REFORMER FIT 7:00-7:45AM <i>Jocie</i></p> <p>MIXED LEVEL REFORMER FIT 7:45-8:30AM <i>Andrea</i></p> <p>MIXED LEVEL REFORMER FIT 9:00-9:45AM <i>Andrea</i></p>				
			<p>MIXED LEVEL REFORMER FIT 11:00-11:45AM <i>Andrea</i></p>	<p>MIXED LEVEL REFORMER FIT 10:00-10:45AM <i>Andrea</i></p>		

▲ All Pilates Reformer and Chair classes are an **EXTRA FEE**. LEVEL Members receive 10% discount on class costs. Advanced Registration required.