



SHAMANISM: THE FUNDAMENTALS

Learn the basics of core shamanism. Practice the shamanic journey technique. Power animal retrieval included.

DATE: SATURDAY, FEBRUARY 3, 2018

TIME: 10:00 AM UNTIL 5:00 PM

LOCATION: 2100 ELLIS AVENUE, HUNTINGDON, PA

COST: \$35 DONATION TO HUNTINGDON HEALTH AND WELLNESS ASSOCIATION. SEND CHECK MADE OUT TO HHWA BY JANUARY 27 TO RESERVE YOUR SPACE.

BRING YOUR LUNCH. COFFEE/TEA, FRIG, AND MICROWAVE AVAILABLE. ALSO, BRING A JOURNAL, PEN, EYE COVERING, AND DRUM OR RATTLE IF YOU HAVE ONE.

FOR MORE INFO CONTACT DANA JEFFERSON AT WINTERSJOY74@GMAIL.COM OR 814-643-4260.
