

Recovery Services

Elmhurst Home, Inc. provides Recovery Services for men and women over the age of 18. We offer the following services for our recovery programs:

- Group Sessions (SUD & Mental Health)
- Relapse Recidivism
- Case Management
- Recreational Activities
- Money Management
- Life/Computer Skills Training
- GED Literacy Program

"You've got to make good decisions; it is something that is learned and it does not come overnight."

John C. Oden
Executive Director

At Elmhurst Home, Inc., our consumer-driven efforts focus on aiding in maximizing potential for sustained recovery, moral, social, and economic growth and productivity within the community, their family and individual daily functioning.



Elmhurst Home, Inc.



Elmhurst Home, Inc. is funded by:

- Detroit Wayne Mental Health Authority
- Wayne County Department of Children and Family Services
- Wayne County Sheriff's Office
- Michigan Department of Corrections
- Donations from Faith-Based Organizations and the Community

Elmhurst Home, Inc.

Men's Treatment Facility

12007 Linwood Avenue · Detroit, MI 48206

Intake: (313) 867-1090, ext. 101

(888) 985-0814, ext. 0

Naomi's Nest

Women's Treatment Facility

245 Pitkin · Highland Park, MI 48203

Intake: (313) 865-1500, ext. 101

Administrative Office

Monday thru Friday: 8am - 5pm

12010 Linwood · Detroit, MI 48206

(313) 867-1090



Elmhurst Home, Inc.
"Recovery with Dignity"

**Residential & Outpatient
Substance Abuse Treatment Center**



Elmhurst Home, Inc.

Men's Facility

12007 Linwood

Detroit, MI 48206

(313) 867-1090

Naomi's Nest

Women's Facility

245 Pitkin

Highland Park, MI 48203

(313) 865-1500

www.ehinc.org

“Recovery with Dignity”

MISSION STATEMENT

“The mission of Elmhurst Home, Inc. is to provide person centered, stage matched, evidence based residential treatment for persons with a substance use disorder including persons with co-occurring disorders. Our primary goal is to assist each person served to achieve and maintain recovery and to improve every aspect of their quality of life.”

HISTORY

Elmhurst Home, Inc. was founded in the late 1970s by James and Naomi Oden. For many years prior to opening Elmhurst Home, James and Naomi would have different meetings in their home to help encourage those who they called “down on their luck.”

In 1970 they saw a growing drug epidemic in the City of Detroit and recognized that something had to be done. Their vision of community was one of people consistently giving back to help those in need.



James & Naomi Oden, Founders

This vision and passion birthed Elmhurst Home, a place where those suffering from addictions and criminal behavior could come to experience positive life transformation. Elmhurst Home started with personal donations and a building. It has expanded throughout the years to a regionally supported multi-campus facility.

“You have to always put yourself in someone else’s shoes and realize that success is when you are able to give each other a hand.”

Naomi Oden
Co-Founder

Programs

Elmhurst Home, Inc. provides both short-term (14-30 days) and long term (90 days) residential substance abuse treatment for men and women over the age of 18. Men and women receive treatment in separate facilities. Elmhurst Home is our Men’s Facility. Naomi’s Nest is our Women’s Facility.

We offer the following residential programming:

- **Mental Health Referrals**
Detroit Central City
- **Dual Diagnosis Capability in Addiction Treatment** - DDC/DDE Score (3.5-4.49)
- Weekly Individual Sessions
- Cognitive Behavioral Change through Role Play
- Employment/Housing Assistance
- Life/Computer Skills Training
- GED Literacy Program
- Education Didactics
- On-Site/Off-Site AA/NA/FA Meetings
- Relapse/Recidivism Techniques
- Anger Management Skills
- On-Site/Off-Site Community Service (e.g. Urban Farming)
- Group Therapy
- Spiritual/Social Skills Development
- Parenting Classes
- Family Reconciliation
- HIV/STD Testing/Education
- Work Therapy

EHI provides Outpatient (OP) and Intensive Outpatient (IOP) for Adults with MI, Substance Use Disorders (SUD) gender specific and/or co-occurring consumers. The duration of treatment is based on medical necessity. Consumers from this program must reside in Wayne County. We offer the following services within OP and IOP:

- Psychiatric Evaluation

- Weekly Individual Sessions
- Group Therapy
- Medication Review
- Case Management
- Patient Education
- Transportation

Women’s Specialty Program

Elmhurst Home’s women’s facility, (**Naomi’s Nest**) also provides both short term (14-30 days) to long term (90 days) residential substance abuse treatment for women who have **children under the age of 18**. This is in addition to our standard residential program offerings (previously listed). We offer the following services for our women’s specialty program:

- Gender specific substance abuse treatment and other therapeutic interventions for women who may address issues of relationships, sexual/physical abuse, parenting and childcare
- Helping women with the process of retaining custody of their children (in conjunction with CPS)
- Yoga

Naomi’s Nest also offers Outpatient Services for our women who are seeking continuum of care after completing our residential substance abuse program.

Those who wish to enter our programs DO NOT need:

- Insurance, Money, or Material Possessions.

On the other hand, potential patients/residents will need:

- A willing spirit, made-up mind, and burning desire to change
- A referral from the Institute of Population Health (1-800-467-2452) and/or
- A referral from parole or probation agent or Wayne County Sheriff’s Office.