



## **Recovery Retreat**

### **Traveling by BC Ferries:**

#### **Directions to Powell River, BC from Vancouver via BC Ferries:**

1. Reservations are suggested or arrive at Horseshoe Bay 1 hour before departure to assure your boarding on the ferry
2. You must be on the 7:20 am (Horseshoe Bay - Langdale) ferry for connecting to the (Earl's Cove - Saltery Bay) ferry
3. Please go directly to the (Earl's Cove - Saltery Bay) ferry from the (Horseshoe Bay - Langdale) ferry to assure your boarding on the ferry / there are no reservations available for the (Earl's Cove - Saltery Bay) ferry
4. BC Ferry Schedule: <http://www.bcferrries.com/schedules>
5. Set your GPS for: From Horseshoe Bay to The Shingle Mill Pub and Bistro 6233 Powell Place, Powell River BC (on Powell Lake)
6. Please phone me when you are coming through Powell River (604 561 4193) which should be around 11:30 am and we will organize the rest of your journey. You may want to stop in town and pick up anything you might of forgotten.
7. meet at shingle mill at 1245pm if you everybody is there sooner we will leave



## **Recovery Retreat**

### **Traveling by Air: Effective until July 7th, 2014**

1. Please access the Pacific Coastal website for information
2. <http://www.pacificcoastal.com/id/251/Schedules.html>
3. Please let us know in advance if you need to be picked up at the Powell River airport / what flight / how many people
4. We strongly suggest to reserve the daily/flight 207 departing from Vancouver South Terminal (YVR) at 12:45pm to Powell River (YPW) arriving at 1:20pm
5. On Saturday; flight 209 departing from Vancouver South Terminal (YVR) at 12:30pm to Powell River (YPW) arriving at 1:05pm
6. Please book your return trip in the afternoon ( flight 208/210 or 218) to minimize extra trips up and down the lake.



## **Recovery Retreat**

### **Traveling by Air: July 8th to September 7th,2014**

1. Please access the Pacific Coastal website for information
2. <http://www.pacificcoastal.com/id/251/Schedules.html>
3. Please let us know in advance if you need to be picked up at the Powell River airport / what flight / how many people
4. We strongly suggest to reserve the daily/flight 205 departing from Vancouver South Terminal (YVR) at 11:40pm to Powell River (YPW) arriving at 12:15pm
5. On Saturday; flight 207 departing from Vancouver South Terminal (YVR) at 12:10pm to Powell River (YPW) arriving at 12:45pm
6. Please book your return trip in the afternoon ( flight 210 or 212) to minimize extra trips up and down the lake.



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Please refer to the Rainbow Lodge website for any additional information:

[www.rainbowlodge.ca](http://www.rainbowlodge.ca)

If you or any member of your group has any special food requirements. Please let us know 7days in advance of your arrival.

Please print out, review, sign and bring with you the insurance waiver:

[Liability Waiver](#)

[Water Sport Waiver](#)