



# FIBER TO FINISH GUILD NEWSLETTER

June 2014



## From the weaver's bench:

### Putting yourself in someone else's project:



I've never woven a potholder before, well not on a *Handicraft Loom* using "loopers." Recently I was gifted with a number of these looms and a ton of loopers. Of course, my curiosity got the better of me! I decided to weave a potholder!

So I imagined myself as a young child using this loom. OMG!

The first two loopers I chose were seriously the wrong size. I stretched and stretched them and finally, gritting my teeth, managed to get one on the loom.

Oh this is going to be great fun I said to myself. So I continued on "dressing the loom." The next problem is that some of the other loopers were way too big! That problem was solved with a simple rubber band over the pegs.



Okay, I declared aloud, I'm ready to weave. So I wove several looms in the weft direction with only a few warp loopers popping off! There are tricks to holding the "pushing hook." Young children might have difficulty holding on to the wire hook. I improvised and wove my potholder. I like it. I chose bright citrus colors that might make keeping track of it easy.

I think if that were my only experience to weaving as a child--I would have given up! Thank goodness there are moms, sisters, aunts, grandmothers and friends who make the process less frustrating.



The footnote: I finished the first potholder. I went on to make two more in rapid succession. They got easier as I went along. I also decided that children probably would like weaving them! There is

a myriad of surprising things that go on—lots of decision making, problem solving and general creativity. It also helps if you choose your loopers by size and avoid putting big, chunky ones side by side.

So, still keeping my hot hands in fiber,  
Myra Chang Thompson

## June 21 Guild Meeting

### Program: Carding and Combing fleece with Linda Deblois at 1:00 p.m.

Join us on Saturday, June 21 at Terri Greenlee's home (1700 Todd Place in Bosque Farms) for a hands on session of carding and combing fleece with Village Wools' Linda Deblois.



Besides refreshments, please bring 3 ounces of scoured fleece, your choice. Feel free to bring cards, combs and wool carding machines to use. We will get the scoop on further blending of fibers and colors from Linda. Some fibers will be available to mix!

Any questions? Contact Myra @ 864-0876 or Terri at 681-7421. See map, last page.

### Summer Heat - - and Wool for "Sweaters"!

When you exercise, your muscles produce heat. During physical activity, your body temperature can rise up to 3 degrees. Sweating is the human body's cooling process (Don't forget to hydrate, your body can lose up to ½ gallon of water each hour during extreme exertion in high heat).



As blood heated by your muscles circulates through your skin, the heat is removed from the body as sweat evaporates, so cooler blood can return to your muscles. This process keeps your core body temperature in check.

Research shows that because of wool's effective moisture management, you maintain a lower and more stable core body temperature when wearing wool next to skin instead of synthetics. It can also affect heart rate.

Now some companies are producing wool workout wear – even merino wool lined sports bras!

## **July 19th Meeting a Picnic at Annmarie Pearson's Home 11:30 a.m.**

(454 Diana Diana Dr. NE in Los Lunas. From Route 6 in Los Lunas, head north on Los Lentes Road. Turn right on Rivas Road. Look for Blythe Gardens Mobile Home Park, turn right, then turn left. #454 is on the left.)



Bring a lunch dish to share and a project (in progress, completed or just an idea) and plan to relax in the Bosque. Paper goods, beverages and utensils will be furnished. Feel free to bring your children, grandchildren or a friend. No pets, please.

**August 16<sup>th</sup> Meeting It's time for a dye day.** Location to be announced.

### **Questions?**

Ask your officers or any member. If we don't know—we'll find out.

#### ***2013 Executive Board***

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Send all correspondence to :

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**FIBER TO FINISH IS ON THE WEB** Check out the guild's home on the web at [www.fibertofinish.org](http://www.fibertofinish.org) .

You'll be able to see the newsletters on line – the minutes from each month's meeting are in the newsletter as well. There's also lots of photos posted from meetings and members' work.



### **Classified Advertisements:**

#### ***Wendy Jacob's Estate Sale continues:***

Cormo-Rambouillet two ply luscious DK weight yarn in dyed colors and naturals (white and brown).

Entire Weaving Studio:

- For Sale: 40", 4-Harness Schacht Might
- Wolf Loom with stroller. 6 treadles, bench w/
- saddle bags, 8 & 12-dent reeds, leash sticks,
- stick & boat shuttles. Package also includes
- cardboard packing for the warp beam, a ball
- winder, a bobbin winder, a Swedish wooden
- swift, Schacht hardwood horizontal warping
- board & a skein holder on legs.
- All of this equipment for only \$2000 or OBO.

Contact Myra Chang-Thompson at [mchangt@yahoo.com](mailto:mchangt@yahoo.com) or 864-0876.

**Tapestry instruction** available on Wednesdays, contact Myra at 864-0876



Sara with her" finally" finished afghan



Jolene with patriotic knitting project



Cat's tapestry project, back from show display



Diana – Fashionable as always



Chip in sari from her travels



Terri and her vest

Map to Terri's house for June 21 meeting:

