

Metcalf's Salads

Served with your choice of homemade salad dressings: Blue Cheese, 1,000 Island, Italian, Balsamic Vinaigrette, Creamy Dill, or Oil and Vinegar	
Garden Salad: Fresh spring mix, tomatoes, cucumbers, carrots, green peppers, and sliced red onion	\$6.50
Chef Salad: Our Garden Salad with your choice of 1 cheese and 2 meats	\$8.50
Garden Salad with Tuna or Chicken Salad: Our Garden Salad topped with a generous helping of our homemade tuna or chicken salad	\$8.25
Antipasto Salad: A bed of spring mix topped with sliced pepperoni, salami, and provolone, kalamata olives, whole peppercini peppers, and sun-dried tomatoes. <ul style="list-style-type: none"> Try it with our homemade Balsamic Vinaigrette 	\$8.50
Prosciutto Caprese Salad: Layers of sliced tomato, soft mozzarella, and basil leaves topped with shredded prosciutto and served with our homemade Balsamic Vinaigrette on the side	\$8.50

Kids' Menu

Grilled Cheese PB&J PB&Fluff Turkey and Cheese Ham and Cheese	\$5.50 Includes a drink and chips
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Metcalf's Panini's

A grilled sandwich on Deli Bread	Half	Whole
Caprese: Mozzarella, tomato slices, and fresh basil drizzled with homemade balsamic vinaigrette	\$5	\$9
Paesano: Prosciutto, mozzarella, roasted red peppers, and spinach with homemade balsamic vinaigrette	\$5.75	\$10.50
Julius: Thin sliced turkey, homemade balsamic onions, Honeycup mustard, and soft brie cheese	\$6.25	\$11.50
Wise Guy: Mortadella, salami, provolone, sundried tomatoes, and homemade garlic mayo	\$6.25	\$11.50
Zap: Roast beef, red onion, homemade borsin cheese, and spinach	\$6.25	\$11.50
Hit Man: Capicola, prosciutto, and pepperoni topped with hot cherry pepper relish, and provolone	\$6.25	\$11.50
The Boss: Roast beef, bacon, blue cheese, homemade balsamic onions and sun-dried tomato mayo	\$6.50	\$12
Working Girl: Ham, cheddar, sliced granny smith apple, and Honeycup mustard	\$5.50	\$10
Pesto: (made with nuts) Homemade pesto with mozzarella, and provolone	\$5.25	\$9.50
Jordan: Turkey, bacon, american, tomato, and mayo	\$6.50	\$12



563-SUBS (7827)

**Always homemade!
Always fresh ingredients!**

www.metcalfsub.com

- *Classic Submarine Sandwiches*
- *Thick Deli Sandwiches*
- *Homemade Soups and Baked Goods*
- *Daily Specials*
- *Gluten Free & Vegetarian Options*

**Monday ~ Saturday
10:30a.m. ~ 3:00p.m.**

49 Main St.
Damariscotta, Maine
metcalfsubs@gmail.com

updated as of June 2022

Metcalf's Classic Submarine Sandwiches

Most Submarines Include: lettuce, tomato, onion, olive oil, red wine vinegar, salt, pepper and oregano		
Make any ½ sub into a Salad or a Wrap!	Half	Whole
1. Ham & Provolone	\$7	\$13
2. Salami & Provolone	\$7	\$13
3. Salami, Ham & Provolone	\$7.25	\$13.50
4. Salami, Capicola & Provolone	\$7.25	\$13.50
5. Ham, Capicola & Provolone	\$7.25	\$13.50
6. Ham, Prosciutto & Provolone	\$7.25	\$13.50
7. Ham & Swiss	\$7.50	\$13
8. Roast Beef & Cheese (your choice)	\$8.50	\$16
9. Turkey & Cheese (your choice)	\$8.50	\$16
10. Ham, Turkey & Swiss	\$7.50	\$14
11. Salami, Capicola, Prosciutto & Provolone	\$8	\$15
12. B.L.T. & Cheese (your choice)	\$7.50	\$14
13. Tuna Salad – Homemade Using All White Meat	\$8	\$15
14. All Cheese ~ Choose Any Two Cheeses	\$6.50	\$12
15. Our Homemade Meatballs with Homemade Tomato Sauce & Parmesan	\$7.50	\$14
16. Italian Sausage with Homemade Tomato Sauce, Sautéed Green Peppers & Onions & Parmesan Cheese	\$7.50	\$14
17. Turkey, Avocado, Bacon & Swiss	\$8.50	\$16
18. Hot Reuben - Corned Beef, Swiss, Morse's Kraut & 1,000 Island Dressing	\$8.25	\$15.50
19. Hot Pastrami with Swiss Cheese, Tomato, Onion & Spicy Mustard	\$8.25	\$15.50
20. Capicola, Prosciutto, Pepperoni, Ham & Provolone	\$8.50	\$16
21. Mortadella, Salami & Provolone	\$7.50	\$14
22. All Veggie with Hummus – Everything plus Carrot, Cucumber, Green Peppers	\$6.50	\$12
23. Roast Beef, Bacon, Cheddar, & Cole Slaw & 1,000 Island Dressing	\$8.50	\$16
24. Chicken Salad - Homemade Using All White Meat	\$8	\$15
25. Classic Maine Italian - Ham, American, Pickles, Olives, Green Peppers, Onion & Tomato	\$7	\$13

Extra's and Add Ons

+Extra Meat	\$2.00	Per half Sub
+Avocado	\$1.25	
+Extra Bacon	\$1.00	
+Extra Cheese	\$1.00	

Build Your Own Deli Sandwich

Your Choice of Bread, 1 Standard or Premium Meat, 1 Cheese, Veggies, and Condiments		
Bread: White Wheat	Marble Rye Gluten Free Bread Wraps	
Standard Meat: Ham, Salami, Capicola, Mortadella, Pepperoni, Tuna Salad, Chicken Salad, or Only Cheese	Half \$4.75	Whole \$8
Premium Meat: Turkey, Roast Beef, Bacon, Prosciutto, Corned Beef, or Pastrami (hot or cold)	\$5.25	\$9
Cheese: Provolone Swiss Cheddar	Homemade Borsin Mozzarella American Brie	
Vegetables: Lettuce Spinach Spring Mix Tomato Onion Red Onion Green Peppers	Roasted Red Peppers Black Olives Kalamata Olives Pickles Cucumbers Carrot Banana Peppers Pepperoncini Peppers	
+Extra Meat +Avocado +Extra Bacon +Extra Cheese	\$1.00 \$0.75 \$0.50 \$0.50	Per half
Condiments: Hot Cherry Pepper Relish Mayo Pesto Mayo Garlic Mayo Sun-Dried Tomato Mayo	Horseradish Mayo Dijon Mustard Yellow Mustard Honey Mustard Olive Oil Red Wine Vinegar	
Make it a Combo! Pick 2: -Side Garden Salad -Cup of Soup -1/2 Deli Sandwich	Soup of the day! Cup \$5* Bowl \$6* *tax included	