

ZIHA ROSE 139

History of the present illness: Ziha Rose is a 45 y.o. Ethiopian female who comes to you with the chief complaint of a large sore on her right foot; this has been troublesome for the past 5 months. She states that she was thrown into a fire by a demon, burning both of her feet but her right much worse than her left. Her toes on the right became black and



smelly, eventually falling off.

Past medical and social history: Ziha is the wife of a ginger and coffee farmer. She has had six children, four of whom are still living. She has had malaria multiple times. She has had no immunizations, has no allergies, and is on no medication.

Physical exam: Ziha is alert and in mild distress; her main problem is being annoyed by flies. Vital signs: T 98.2 oral; P 96; R 18; BP 94/58; The skin

is warm, dry, and normal in texture. Head is normal size and shape. Pupils are equal, round, and responsive to light. The whites of the eyes are white. Inside the lower lids is normal pink. The nose is normal shape and without sores. The outer ears, canals, and ear drums are normal in appearance. The teeth are few and decayed; the mouth is moist. The tonsils are normal size and color. There are no enlarged lymph nodes in the neck, front or back. The thyroid is not enlarged. The patient can move her neck in all directions without pain.

Heart sounds have no murmur. Lungs are clear. Bowel sounds are present and normal. Liver and spleen are not enlarged. The abdomen is soft and non-tender. There are very enlarged lymph nodes in the right groin and few in the left groin. The kidney area in back is not tender. Arms and legs show no swelling. The patient can move her limbs in all directions without complaint of pain except for the right foot which is shown. Respond.

Options:

Treat her yourself.

Send her to a local hospital, no surgeons.

Send her to a rural hospital, surgeons present, costs you \$200.

Send her to a plastic surgeon in the capital, costs you \$2000 minimum.

Send her to a local pastor; the wound will heal once the demon is gone.



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Past history and setting:

When did this burn happen? About 2 years ago, maybe a little more.
What medical care did she have then? None; she just kept it clean and ate a lot of lentils, as she was told by a health worker.
Did the right foot ever completely heal? No; there was always a small sore. It started to enlarge 5 months ago.
Does she know of anyone else who has had this kind of thing happen?
Yes, it happens from time to time.
What is her diet like? Now only corn and wheat bread. She can no longer afford lentils.
Has she been exposed to swamp water? Yes
Is there cutaneous leishmaniasis in the area? Yes

Present illness:

Has she had fever and chills with this? No
What has she treated it with? She just keeps it clean and tries to keep the flies off but that is hard.
Can she come to see you often? Yes, every other day if necessary.
Are the edges of the ulcer undermined? No, not at all.
Is there visible pus or goo coming out? No, not at all.
Has there been any injury to the area other than the burn? No
Has she had fevers with this? No