

# 2022-2023 SCHEDULE

(704) 482-2244

212-1 S. DeKalb Street

Shelby, NC 28150



MONDAY	STUDIO 1	STUDIO 2	STUDIO 3
3:30-7:30	PRIVATE LESSONS UPON REQUEST & AVAILABILITY		
4:00-4:45	MINI GYMNASTICS	SASSY STARS	
4:45-5:30	KINDER DANCE (AGES 5&UP)	SASSY BALLET & TECHNIQUE	
5:30-6:15	PRODUCTION STARS		
6:15-7:00	FLEX & CONDITIONING	SHINING BALLET & TECHNIQUE	
7:00-7:45	OPEN GYMNASTICS	FLEX & CONDITIONING	SPARKLING BALLET &
7:45-8:30	SPARKLING CONTEMPORARY STARS		TECHNIQUE
TUESDAY	STUDIO 1	STUDIO 2	
3:30-4:30	PRIVATE LESSONS UPON REQUEST & AVAILABILITY		
4:00-4:30	SASSY OPEN STARS		
4:30-5:15	OPEN GYMNASTICS	SASSY TAP STARS	
5:15-6:00	FLEX & CONDITIONING		
6:00-6:45	ELITE GYMNASTICS STARS	SHINING JAZZ STARS	
6:45-7:30	ELITE SHINING JAZZ STARS		
7:30-8:15	SPARKLING JAZZ STARS	SPARKLING LYRICAL STARS	
8:15-8:30	SPARKLING STARS EXTRAS		
WEDNESDAY	STUDIO 1	STUDIO 2	
4:00-7:00	PRIVATE LESSONS UPON REQUEST & AVAILABILITY		
4:30-5:15	TODDLER TUMBLING		
5:15-6:00	MINI TAP & BALLET		
6:00-6:45	FLEX & CONDITIONING	MINI GYMNASTICS	
THURSDAY	STUDIO 1	STUDIO 2	
4:30-5:30	PRIVATE LESSONS UPON REQUEST & AVAILABILITY		
4:30-5:15	MINI CREATIVE DANCE (AGES 3&UP)	SHOOTING BALLET & TECHNIQUE	
5:15-6:00	MINI GYMNASTICS	SHOOTING STARS	
6:00-6:45	JUNIOR GYMNASTICS	FLEX & CONDITIONING	
6:45-7:30	OPEN GYMNASTICS	JUNIOR OPEN DANCE	
SATURDAY	STUDIO 1		
10:00-12:00	PRIVATE LESSONS UPON REQUEST & AVAILABILITY		
12:15-1:00	OPEN POINTE		
1:00-4:00	PTM BALLET & PRODUCTION *ONCE PER MONTH BEGINNING SEPTEMBER 24TH		
4:00-5:00	PTM PARENTS MEETING *ONCE PER MONTH BEGINNING SEPTEMBER 24TH		