

COMMITMENT

TAEKWON-DO

- ♦ ATTITUDE
- ♦ BEHAVIOR
- ♦ CHARACTER
- ♦ CONFIDENCE
- ♦ RESPECT
- ♦ SELF DISCIPLINE
- ♦ BETTER GRADES !

Men ♦ Women ♦ Children

All Ages 4 and up - Age Specific Classes!



BLACK BELT CURRICULUM

OUR VERY BEST JUNIOR & ADULT PROGRAM

Weekly Leadership & Instructor Skills

12 Month Program - 2-3 Classes per week

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30 min session - \$55 8 sessions - \$400

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*See why our **Certified Instructors**
are considered the **VERY BEST!***

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*Official Member of the
TAEKWON-DO
HALL of FAME*



GrandMaster David Karstadt's
KARSTADT TAEKWON-DO
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David Karstadt
Grand Master Instructor - 9th Degree Black Belt

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Master John Karstadt - 7th Degree Black Belt

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General Choi, Hong Hi - TKD Founder

Grand Master Kwang S. Hwang ITF K-9-1

Grand Master David Karstadt UITF A-9-1

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MASTER DAVID KARSTADT

9th Degree Black Belt

Grand Master Instructor

Master Karstadt began Black Belt training in the martial arts in 1976. He first opened the doors of Arizona International Taekwon-Do in May, 1986. Since then, Grand Master Karstadt and his staff have been changing peoples lives with their unique style of teaching and personal attention to the development of their students physical and mental strengths. Master Karstadt has personally trained more than 18,000 students and promoted over 500 students to the respected level of Black Belt.

Grand Master Karstadt has coached the USA Team 1995 to present and has produced many World Champions. His knowledge and skill in the art are unsurpassed. Master Karstadt's years of training, teaching and wisdom are respected worldwide.

The training academy is state of the art, providing a safe, clean and friendly atmosphere. The curriculum taught is the very best available. Our instructors and staff are the very best and you will see why after your very first class.



Grand Master David Karstadt
Master John Karstadt

Official Members of the
TAEKWON-DO
HALL OF FAME

*An overnight change in my child! Thank you to
Master K and his amazing staff!*

Anna-Sofia's mom Phx, Az

*Zach came home after just a few weeks of
training and a "YES SIR" slipped out while
talking with his dad!*

Ms. Ngyuen Phx. Az

*Derek has been involved in all sports, but nothing
has made his confidence grow like Master
K's TAEKWON-DO Leadership program!*

Dr. Daniels Paradise Valley, AZ



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