

FREE WOMEN'S SELF-DEFENSE SEMINAR

For Paid members of the Valle Vista HOA

Date: Tuesday, April 18, 2017

Time: 6:00 - 7:30 pm

Location: The Social of Greenwood 550 Polk St, Greenwood 317-882-4810

The world is changing and women need to learn how to protect themselves in public, in their homes, in their yards, while driving, pumping gas, shopping, etc.

Paid female members of the Valle Vista Home Owners Association are cordially invited to attend this free self-protection seminar sponsored by the V V HOA. A Greenwood policewoman will provide information about strategies for protection, Damsel in Defense will be demonstrating self-defense products and have items for sale, and martial arts instructors will be showing body defense moves and information on classes available.

If you would like to attend, **please contact one of the names below to reserve a seat for this event.** We will need a headcount to allow for proper space for attendees. Please bring your membership discount card to show at the door for attendance. You may also pay your dues at the door if you are not yet a member.

Cheri Gardner 317-888-5866

Sherri Hartman 317-997-9911 (call or text)

Donna Dougherty 317-698-9772 (call or text)