

This unit has three content goals as you can see below. The **first one** (define and demonstrate energy) you will perform **orally**. You will make an energy transfer flow chart for the **second category**. When you are interviewed on your flow chart you will be asked about the Law of Conservation of Energy—the **third goal**.

Assessment categories:

Content:

1. **Define** energy and demonstrate **what energy is** with a variety of objects.
2. **Create** and **explain** an energy transfer flow chart. [You must include at least **4 different**, specific types of energy in your flow chart that change directly from one to another.]
3. **State** the Law of Conservation of Energy and explain what happens to a device's energy as the device stops moving.